

# Nanomaterial Applications in Multiple Sclerosis Inflamed Brain

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**Abstract** In the last years scientific progress in nanomaterials, where size and shape make the difference, has increased their utilization in medicine with the development of a promising new translational science: nanomedicine. Due to their surface and core biophysical properties, nanomaterials hold the promise for medical applications in central nervous system (CNS) diseases: inflammatory, degenerative and tumors. The present review is focused on nanomaterials at the neuro-immune interface, evaluating two aspects: the possible CNS inflammatory response induced by nanomaterials and the developments of nanomaterials to improve treatment and diagnosis of neuroinflammatory diseases, with a focus on multiple sclerosis (MS). Indeed, nanomedicine allows projecting new ways of drug delivery and novel techniques for CNS imaging. Despite the wide field of application in neurological diseases of nanomaterials, our topic here is to review the more recent development of nanomaterials that cross blood brain barrier (BBB) and reach specific target during CNS inflammatory diseases, a crucial strategy for CNS early diagnosis and drug delivery, indeed the main challenges of nanomedicine.

**Keywords** Nanotechnology · Nanomaterials · Imaging · Therapy · Brain inflammation · Multiple sclerosis

## Introduction

### Inflammation in the CNS

The presence of blood brain barrier (BBB), an interface separating CNS from peripheral circulation, makes immune reaction in brain a very specific mechanism. BBB is determined, together with astrocytes and pericytes, by endothelial cells that form cell-cell tight junctions that physically restrict blood brain solute flow (physical barrier), limit passive diffusion of small lipophilic molecules, select active passage of hydrophilic compounds, transport proteins and exert a antitoxic activity through the action of metabolic enzymes (biochemical barrier) (Abbott et al. 2010). Several endogenous transporter of the BBB permit passage of nutrients and minerals, at the same time BBB limits passage of foreign molecules as drugs and diagnostic contrast medium. Despite this complicate anatomic organization and restricted immune cell access, CNS inflammation is not uncommon and is given by innate immune response mainly driven by astrocytes and microglia, resident CNS cells, upon pathogen exposure of innate immune receptors (Toll like receptors, TLRs and nucleotide binding domain leucine-rich repeat containing receptors, NLRs). Microglia and astrocytes activation determines inflammatory cytokine cascade, diminishing BBB barrier function with consequent increase of peripheral cells recruitment (Wraith and Nicholson 2012). This mechanism is not restricted to autoimmune or infectious diseases: where CNS is damaged TLRs and NLRs sense non-infectious tissue injury, nucleic acids and misfolded proteins, as it happens in trauma, stroke

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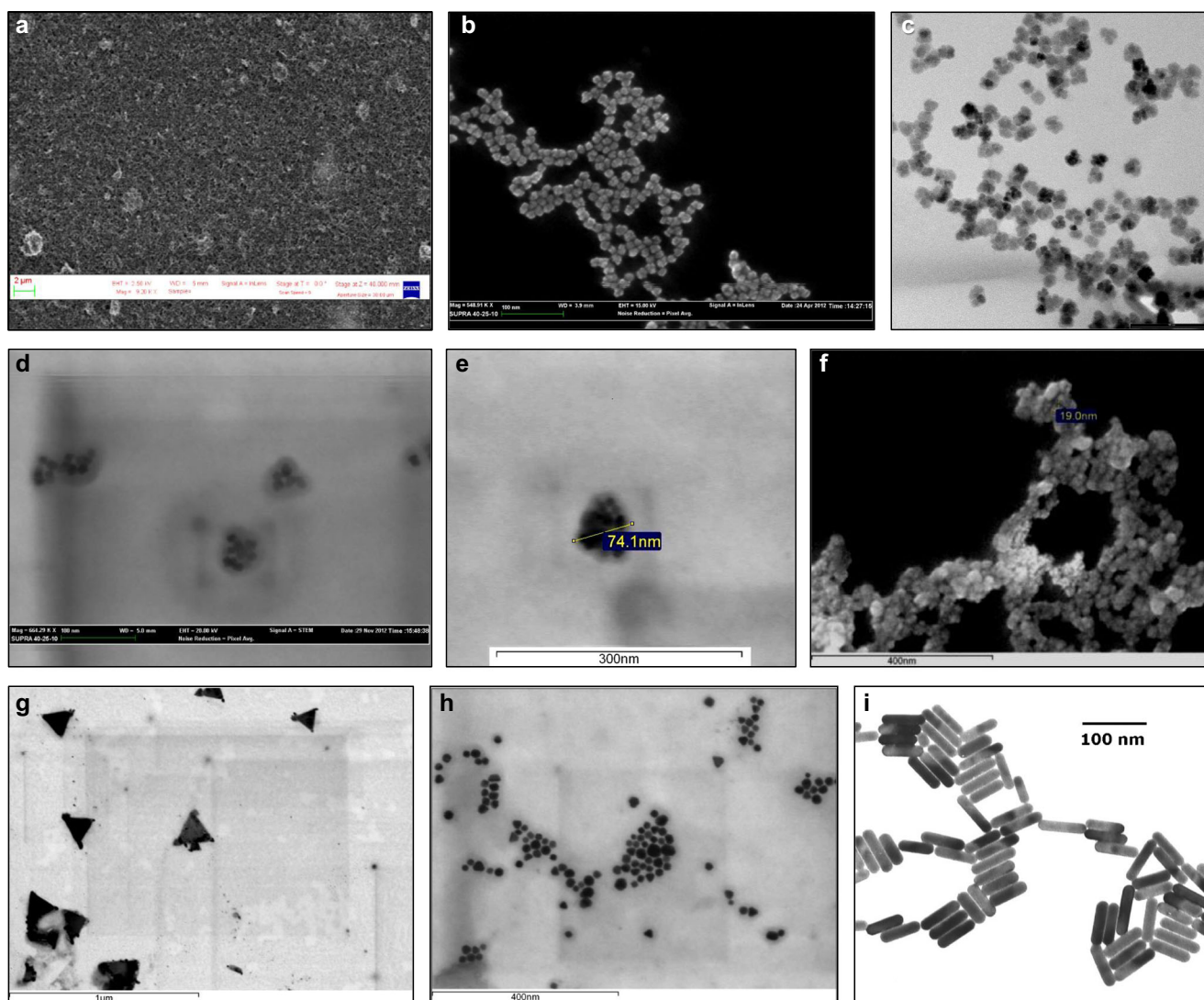
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or in chronic degenerative diseases and give rise to an inflammatory reaction (Zhang et al. 2010; Hanisch and Kettenmann 2007; Heneka et al. 2014). Activation and response of microglia, a CNS unique myeloid cell population, leads to the production of proinflammatory cytokines of the IL1 $\beta$  family, the release of reactive oxygen species (ROS) and nitric oxide (NO) through the activation of several factors including inducible nitric oxide synthase (iNOS) (Ransohoff and Cadorna 2010). Astrocytes, indeed the most studied neuroglia cells, have several homeostatic functions as buffer CNS potassium, remove toxic glutamate, maintain water balance and modulate synaptic activity. Astrocytes also produce neurotrophins and antiinflammatory cytokines such as IL-10 (Perea et al. 2014). Upon innate immune receptors stimulation (TLRs and NLRs), astrocytes participate in immune reactions producing IL1 $\beta$ , IL6 and lymphocyte/monocytes recall chemokines as CCL2, CXCL2, CXCL10 and CXCL12. In CNS microglia and astrocytes innate immune response plays the alarm for the adaptive response, provided by infiltrating peripheral immune cells. Peripheral immune cells cross the BBB, even when intact, and undergo to different fates, controlled by the BBB itself and the peculiar milieu of the CNS perivascular space (Carson et al. 2006). In physiological conditions neutrophils, eosinophils, monocytes and T lymphocytes infiltrate CNS modestly, on the contrary these cells may be found in brain parenchyma after injuries of CNS, as infections and chronic diseases. At the luminal side of BBB leukocytes are used to patrol the barrier and immune surveillance of these cells is directed by adhesion molecules, chemokine and cytokine released by microglia and astrocytes. Cell infiltrates interact with CNS innate immune cells altering a delicate equilibrium: at one side CNS infiltration is critical for defense against infections, on the other inflammation is deleterious for CNS and causes profound tissue damage. Cross talk between CNS innate immune system and infiltrates, T lymphocytes and other peripheral cells, is exemplified in MS and experimental autoimmune encephalomyelitis (EAE, the animal model of MS), focus of the nanomaterials application in the present review.

The molecular mechanisms between neuronal and immune cells are still largely unknown; nonetheless combination of these interactions and nanotechnology has been exploited to improve CNS imaging and drug delivery. In the last years, nanotechnology based drug delivery systems promise to become a good tool to overcome difficulties in crossing the BBB exploiting physiologic mechanisms that normally determine crossing of the barrier or transitory opening of BBB. An alternative, cutting edge strategy to cross this compartmentalized world is to nano-engineer cells of the immune system that normally patrol CNS and enter brain parenchyma.

## Nanomaterials and CNS Inflammation: Therapy and Diagnosis Became “Theranostics”

Many biological mechanisms function at the nanoscale. Nanotechnology is a basic science that has permitted the development and characterization of nanostructured materials studied for size and surface properties further developed in CNS nanomedicine as carriers and imaging molecules, with an abundance of different materials with dimensions ranging between 4–10 nm and 100–500 nm (Fig. 1); nanomaterials may be taken up by cells or act depending on the scale as scaffolds for biomolecules present on cell membrane. Consequent to these, bio-nano interactions take place and determine variation in cell adhesion, function and mobility (Miller et al. 2010). Strictly, nanomaterials are defined as functional system composed mostly by particles with a dimension under 100 nm and characterized by properties that are not present at the macroscopic scale. Alternatively to this definition, in nanomedicine the dimension of “nano” is enlarged to 500 nm and even 1000 nm focusing on the ability, due to their dimensions and the still high surface-to-volume ratio, of nanoparticles to alter drug properties (Hofmann-Amttenbrink et al. 2014). Several particles have been reported to cross BBB (reviewed in Shah et al. 2013) and the application field of this technology in brain goes from drug delivery to imaging; to report all the inflammatory/infectious or degenerative CNS diseases where nanomedicine increases the efficacy of treatment is beyond the scope of the present review and is revised elsewhere (Gilmore et al. 2008 3 83–94; Gomes et al. 2014; Wong et al. 2012; Kanwar et al. 2012). Here, we will focus on the special relationship between nanomaterials, nanomedicine and CNS inflammatory responses: neuro-nanomaterials are constantly tested for the risk to provoke inflammation, a too dangerous reaction in CNS tissue, and at the same time are build in order to fight CNS inflammatory diseases. There is a general agreement on the necessity to further investigate nanomaterial biosafety and bioeffects; nonetheless nanomedicine attracts scientific interest particularly concerning the possible application on CNS diseases: today, we have many materials that have been demonstrated to be safe when used at the nanoscale (Jin et al. 2014). Between many characteristics as drug leaking, target specificity and favorable pharmacokinetics a drug nanocarrier must show no toxicity, and above all in CNS to be not toxic goes together with to do not induce inflammatory responses. In this perspective, many studies are performed to determine the surface modification that may increase safety, for example it is known that surface modification with hydrophilic polymer as poly (ethylene glycol) (PEG) increases CNS deliver of nanocarriers improving their stability and lowering inflammatory reactions (Otsuka et al. 2003). Gene and drug delivery is one of the more frequent applications for neuro-nanomaterials, and carbon nanotubes (CNTs) have been exploited to increase poor



**Fig. 1** Examples of nanomaterials. **a** Scanning electron microscopy (SEM) micrograph of a carpet of purified MWCNTs as those used to interface cell growth (Scaini D, Ballerini L, Prato M personal observation). **b** Magnetite nanoparticles  $\text{Fe}_3\text{O}_4$  picture from Scanning Electron Microscope Field Emission Gun (SEM FEG, Zeiss Supra 40). **c** Magnetite nanoparticles  $\text{Fe}_3\text{O}_4$  picture from Transmission Electron Microscope (TEM). **d–e** Hybrid polymeric/magnetic nanocapsules, core

magnetite cluster of nano  $\text{Fe}_3\text{O}_4$ , shell PLGA-PEG Co-polymer picture from SEM FEG (Zeiss Supra 40 STEM mode). **f** Cobalt ferrite nanoparticles  $\text{CoFe}_2\text{O}_4$  picture from SEM FEG (Zeiss Supra 40). **g** Gold triangular shaped nanoparticles picture from SEM FEG (Zeiss Supra 40 STEM mode). **h** Gold rounded shaped nanoparticles picture from SEM FEG (Zeiss Supra 40 STEM mode). **i** Gold nanorod picture from TEM

drug distribution in CNS. In order to avoid the inflammatory response that follows microglia and astrocytes activation due to contact with CNTs, after cortical stereotactic administration, it has been successfully developed a method to functionalize CNT (fCNTs, 200–300 nm) that strongly reduces microglia activation ameliorating the performance of nano carriers (Bardi et al. 2013). Brain inflammatory reaction induced by implants of nanofibrous scaffolds releasing a trophic factor (BDNF mimetic, encapsulated in poly  $\epsilon$  caprolactone nano structures) have been investigated in order to evaluate the improvements of neuroblasts migration and neurogenesis together with a reduction in microglia activation and reactive gliosis, both present when implants utilized

where scaffolds alone. In this work the authors show that tacking into account possible CNS inflammatory reaction in response to nanomaterial and down modulating it, is crucial for the therapeutic effects of the implants (Fon et al. 2014). Following the same line of research, we recently investigated the ability of human CD14<sup>+</sup> derived dendritic cells (DCs, professional antigen presenting cells that take part of CNS infiltrates during inflammation) to sense multi well carbon nanotubes (MWCNT), promising nanostructures in the field or neuroimplants (Cellot et al. 2009). Our data showed that the contact at the nanoscale with MWCNT induced a polarization toward a tolerogenic, less inflammatory DCs (Aldinucci et al. 2013), an encouraging result for future development of

nanotube-neuron devices. Lipid nanoparticles (LNs, 30–50 nm) are biodegradable colloid carriers good for brain targeting (Bondi et al. 2010); it has been shown that PEG modification of LNs reduces particles aggregates dependent microglia activation and consequent induced neuroinflammatory response followed by vascular injury. Once again, determining the nanomaterial risk in inducing neuroinflammation permits to individuate promising material for brain drug deliver (Huang et al. 2013). In a recent paper Godinho et al. evaluate the neuroinflammatory effects of non-viral nano vectors (commercial ones compared to modified cationic amphiphilic  $\beta$ -cyclodextrins, CDs) for silencing RNA (siRNA) delivery in the brain. The developed nanocarriers, CDs, compared to commercial ones showed the best balance between efficient silencing and low level of in vitro induced toxic effects on microglia and astrocytes, marker of in vivo nano carrier's ability to trigger neuroinflammation (Godinho et al. 2014). A completely different declination of the effects of nanomaterials at the neuro/immune interface is the reported ability of dendrimers (fluorescent labeled neutral generation-4-polyamidoamine dendrimers, 4 nm) to target in vivo activated astrocytes and microglia following a sub-arachnoid administration in a rabbit model of cerebral palsy. Future confirmation of this ability, in the absence of targeting ligands, will make this material a feasible way to deliver therapeutics in disorders where astroglia activation and therefore neuroinflammation plays a crucial role, as it happens in MS (Dai et al. 2010). Similarly, in a mouse model of spinal cord injury it has been showed that polymer based nanoparticles (poly- $\epsilon$ -caprolactone and poly-ethylene-glycol) loaded with minocycline or poly(–methyl methacrylate) nanoparticles alone selectively target and modulate the associate inflammatory microglia/macrophages reaction present in sub acute progression of secondary injury, maximizing therapeutic efficiency (Papa et al. 2013, 2014). In inflamed CNS, immune cells home to the sites of inflammation and therefore can be exploited as biologically active vehicles. Indeed, this is a frontier aspect of nanomedicine translation in inflamed brain: loading immune cells with nanoformulated drugs to target specific CNS tissue. Klyachko and colleagues loaded a nanozime (catalase nanoformulated with nanoparticles of a copolymer block of PEG; catalase exerts strong antioxidant activity) in alternatively activated mouse bone marrow and human CD14+ derived macrophages. Nanomodified cells were then tested intravenously (i.v.) in an inflamed brain mouse model. Results show that macrophages, loaded with nanozime, were not detected in the brain of healthy animals, whereas were found in inflamed brain. Furthermore, in brain lesion catalase activity was increased, all together these data indicate that macrophages cross BBB and deliver the drug to inflamed tissue (Klyachko et al. 2013).

Neuroimaging with the constant develop and advance of Magnetic Resonance Imaging (MRI) techniques are the primary means for diagnosis in brain inflammatory diseases. MRI can follow in vivo the pathological processes evolving in the brain and is considered an invaluable tool for the diagnosis and follow up of many neurological disorders as well as to study disease pathophysiology. Compared to other imaging techniques, MRI has the clear advantage to be safe and to achieve an exceptional spatial resolution allowing for the visualization of fine anatomical details in the brain. These features make MRI particularly suitable for the application of nanotechnologies in biomedicine and, specifically, to identify pathogenesis, accelerate diagnosis and guide specific therapies for neurological disorders (Smirnov 2009). However, one major limitation of the conventional MRI techniques used in clinical practice, is to lack histopathological specificity. The introduction of novel, nano-sized, molecular contrast agents with MRI offer the adequate sensitivity and specificity to track in real time the pathological processes evolving in the brain. For instance, these contrast agents can be incorporated in specific cells to carry out cellular imaging or bound to specific antibodies to image specific antigens (Vellinga et al. 2008). The most widely used contrast agents in brain nanomedicine are the superparamagnetic and ultrasmall superparamagnetic nanoparticles of iron oxide (respectively SPIO and USPIO) (Weinstein et al. 2010). The magnetic signal observed in conventional-clinical MRI, mainly arises from the tissue water protons (Barkhof et al. 2011) and MRI contrast agents can alter the magnetic properties of water protons changing the MRI signal intensity (Maggi et al. 2014). Indeed, the superparamagnetic iron oxide core of SPIO and USPIO behaves like a small local magnet and decreases the longitudinal and transverse relaxation times of water molecules, respectively T1 and T2. This, produces a specific effect in the region where the contrast agent accumulate and a specific increased hyperintense (bright) signal on T1-weighted images and a reduced hypointense (dark) signal on T2 and T2\* weighted images (Absinta et al. 2013). In CNS pathology, ferromagnetic nano particles MRI techniques have been applied to image several disorders such as tumors (Neuwelt et al. 2007), stroke (Schefer et al. 2008), Alzheimer disease (Skaat et al. 2013), traumatic brain injury (Sykova and Jendelova 2007), epilepsy (Akhtari et al. 2012) and autoimmune neuroinflammation (McAteer et al. 2007). Ultrasmall superparamagnetic nanoparticles of iron oxide (USPIO) are FDA approved ferromagnetic nanoparticles (10 to 50 nm) that have been frequently used in most contemporary studies on CNS diseases treatment, diagnosis and pathogenesis. These nano particles can be administered i.v. and, compared to Gadolinium (Gd) chelates, they extravasate much slower from the vasculature because of their larger molecular size (up to 50 nm compared to the 1 nm of Gd chelates) (Park et al. 2009). For this reason USPIO based MRI can be used to better assess cerebral perfusion whether Gd

chelates are more suitable contrast agents to estimate BBB permeability (Tofts et al. 1999). Moreover, intravenously injected USPIO nanoparticles are actively taken up by circulating monocytes/macrophages and can be used to target specific inflammatory cells extravasation during brain inflammation (Floris et al. 2004). Other types of cells playing important roles in brain disease pathogenesis and/or therapy, such as lymphocytes (Garden et al. 2006), dendritic cells (de Chickera et al. 2012) and pluripotent stem cells (Ruiz-Cabello et al. 2008), can be labeled in culture with USPIOs providing a unique tool to serially track and quantify the fate of these transplanted cells with MRI (Wu et al. 2008). In CNS tumors, ferromagnetic nanoparticles together with MRI have been used as intravascular contrast agent or cellular imaging contrast agent (Corot et al. 2004). As intravascular contrast agents, USPIO can assess more accurately cerebral perfusion (cerebral blood volume and blood flow) compared to Gd based contrast agents (GBCA) because of their larger molecular size and thus their propensity to remain intravascular at earlier time points (Varallyay et al. 2009). Indeed, cerebral perfusion estimated with MRI and USPIO can give an estimate of the tumor vascularity and neoangiogenesis that are markers of tumoral malignancy and growth (Cha et al. 2002). Moreover, at later time points after intravenous injection of contrast agent, USPIO accumulation within the CNS can be used as a marker for inflammatory cells, being these nano particles actively taken up from circulating monocytes and macrophages that extravasate in the affected tissue. MRI measurements of perfusion parameters with USPIO can also be used to evaluate the efficacy of antiangiogenic therapies (Robinson et al. 2007). In CNS stroke, coupling perfusion and diffusion MRI information has been largely shown to be the gold standard techniques to differentiate infarction versus penumbra. In ischemic CNS lesions, USPIO and MRI were able to visualize areas of inflammatory cells infiltration (USPIO loaded macrophages) (Saleh et al. 2004), a finding that may affect therapeutic strategies in these patients. Macrophage infiltration in atherosclerotic carotid plaques can also be highlighted using USPIO based MRI, and could be potentially used as a screening tool to reduce the incidence of stroke in asymptomatic plaques (Tang et al. 2006).

## Multiple Sclerosis

MS is a chronic, inflammatory demyelinating disease of the CNS characterized by clinical heterogeneity with a primary progressive form (PP) in 20 % of patients and a relapsing remitting (RR) evolving into secondary progressive (SP) form in the 65 % of cases (Lassmann et al. 2012). MS etiology is unknown, but epidemiological studies indicate that MS, a multifactorial, complex trait disease, arises by genetically

determined susceptibility and environmental factors. MS complicate pathology involves many different actors: effector immune cells, cytokines, chemokines, growth factors and other molecules as adhesion molecules contribute to the disease onset and progression together with free radicals, proteases and amines. Plaques that are distributed in subcortical and periventricular white matter, optic nerve, brain stem and spinal cord characterize RR MS pathology. Typical focal lesions contain perivascular infiltrates where mainly CD8+ and CD4+ T lymphocytes, monocytes, dendritic cells (DCs) and rare B lymphocytes and plasma cells are found together with macrophages containing myelin debris (Nylander and Hafler 2012). For these features, MS is a prototype of inflammatory autoimmune disorder, where CNS resident immune cells and infiltrating inflammatory ones encounter and react with neurons, axons and neuroglia cells. This scenario change in progressive stage of the disease, where extensive axonal damage is associated with demyelination and gradual lesion expansion takes place with abnormal inflammation of normal appearing white matter. Irreversible axonal loss is a neuropathological hallmark of progressive disease and the presence of a neurodegenerative component in this phase is in keeping with clinical evidences that immunomodulatory or immunosuppressant drugs, typically acting during RR MS, are ineffective. In the last years, immune mechanisms associated with MS have been described and as consequences many therapies have been developed for the early, relapsing form of the disease. On the contrary, therapies developed to protect and repair injured axons and neurons or able to induce remyelination and cure progressive form of the disease still lack (Hauser et al. 2013).

Many of the MS therapies have been developed in the animal model for MS: experimental autoimmune encephalomyelitis (EAE), a model where proinflammatory immune response against myelin is the principal mechanism driving pathogenesis. Indeed, EAE is the best known and characterized model for MS. The disease is induced by active immunization of recipient animals with myelin antigens together with an adjuvant or by passive transfer of CNS antigen specific T cell line. Actively induced EAE consists of an induction phase and an effector phase. The induction phase of the disease involves the priming of myelin epitope-specific CD4 + T cells following immunization with myelin proteins or peptides in complete Freund's adjuvant (CFA). The effector phase consists of multiple stages: migration of activated myelin-specific T cells to the CNS, which involves extravasation of the T cells across the tight endothelial junctions comprising the BBB; production of chemokines and cytokines by the myelin-specific T cells, which induce peripheral mononuclear phagocytes influx into CNS parenchyma; activation of peripheral monocytes/macrophages and CNS-resident microglia cells by T cell-derived cytokines; and demyelination of CNS axonal tracts by the phagocytic activity of activated mononuclear

cells and by the inflammatory and cytotoxic effects of cytokines (e.g. IL-17, IFN- $\gamma$ , TNF- $\beta$ , TNF- $\alpha$ , and NO) released from activated CD4<sup>+</sup> T cells and monocytes. This causes an autoimmune reaction against myelin in the CNS of the immunized animals. EAE can be induced in a large variety of species (mice, rats, guinea pigs, monkeys) among which mice are the most commonly used. Different types of EAE depend on antigens, and the reduction in complexity of the antigenic material from crude brain tissue and protein extracts through various central myelin proteins such as myelin basic glycoprotein (MBP), myelin oligodendrocytes glycoprotein (MOG), proteo lipid protein (PLP), and small encephalitogenic peptide. The clinical features of disease vary among different species and among different models (based on the type of myelin antigen used to induce the disease) ranging from an acute monophasic disease to a relapsing-remitting one closer to human MS. What associates MS and EAE is the histopathology of the acute lesion, where inflammatory infiltrates, mostly T-cells and macrophages, are cuffed around post capillary venules (Baxter 2007). In both diseases, demyelination is inevitably linked to the presence of activated macrophages that remove myelin by phagocytosis (Prineas and Parratt 2012). Due to the strong immunization protocol that causes tolerance rupture in EAE, it is possible that the first phase of the immune response—that is, why and how the immune system starts to react against the CNS—differs between the two diseases. Nonetheless, there is a close histopathological similarity between MS and EAE suggesting that the consequent effector phase of the immune response may be very similar (t' Hart and Massaccesi 2009). For this reason, EAE is considered an invaluable model to study the pathophysiology of MS. To date, three important clinical therapeutics commonly used to treat MS patients have been developed in the EAE model: glatiramer acetate, mitoxantrone and natalizumab (Yednock et al. 1992). However, a large number of other potential therapies effective in mice EAE failed to have clinical efficacy in human MS (Sriram and Steiner 2005; Steinmann and Zamvil 2006). This is likely to be due to the large evolutionary distance between rodents and humans. Therefore the development of EAE models in species with a closer evolutionary relationship to human would help to bridge the gap between mice EAE and human MS. Non human primates are genetically, immunologically, and microbiologically closer to humans, and for this reason EAE has been developed in old and new world monkeys. EAE in macaques (old world monkeys) is characterized by hyperacute destructive CNS disease causing the death of the animal within a few days after onset (t Hart et al. 2000). Over the course of the years, EAE in the marmoset has been shown to be clinically, immunologically and pathologically closer to human MS than EAE in other species and may be an attractive model for preclinical studies of new therapeutics. Furthermore, the relatively small size of these primates and the higher brain white-gray matter ratio compared to rodents (considering that WM lesions are an

important feature of MS pathology) makes them very suitable for MRI studies on disease pathogenesis.

### Nanomaterials and Multiple Sclerosis: Therapy

Nanomaterials, in designing MS therapy, have a wide field of actions: they help to obtain efficient systems for CNS drug/gene delivery, tolerance-inducing nanocarriers, tolerance inducing vaccine and platforms for screening regenerative therapeutics. Most of the studies presented here are preclinical studies mainly conducted on EAE models (Table 1), this is due to the still limited translation of nanotechnology into clinic: long term toxicity and homogeneous nano preparations are the main difficulties that need to be overcome to permit expansion of this new therapeutic approach.

Liposome preparations have been widely used in EAE treatment following two main therapeutic strategies: drug delivery and tolerance induction (Strejan and St Louis 1990; Cavaletti et al. 2009; Schmidt et al. 2003). More recently, nano-sterically stabilized liposome (nSSL, first nanoliposome FDA approved for anticancer therapy) loaded with glucocorticoids (methylprednisolone hemisuccinate sodium salt) were demonstrated of therapeutic efficacy in the PLP-induced mouse EAE and this treatment was superior in terms of efficacy compared to free drug. In animals treated with nSSL, recovery from acute disease was faster even compared with clinically used MS drugs: Betaferon and Copaxone (Avnir et al. 2011). In another work, Tempamine loaded nSSL were i.v. injected in the SJL PLP and C57/Bl6 MOG induced EAE to counteract impaired cell redox balance and autoimmune reaction, components of MS and EAE pathogenesis. Thanks to nSSL ability to efficiently cross BBB, nano liposome reached inflamed brain and ameliorate acute and chronic EAE in terms of clinical score and number of infiltrates (Kizelsztejn et al. 2009). Cerium<sup>iv</sup> oxide nanoparticles, stabilized with citrate/EDTA showed, after i.v. administration, to act as antioxidant in CNS reducing reactive oxygen species level in a C57/Bl6 MOG EAE mice. This treatment alleviates clinical symptoms and motor deficit, mitigating CNS damage derived from free radical accumulation (Heckman et al. 2013). Nanotechnology offers a new method to re-establish tolerance by expanding antigen specific T regulatory cells and consequent treatment of autoimmune diseases including MS. A recent study shows the potent immune regulatory effects of DNA nanoparticles prepared by mixing polymer a poly-ethylenimine polymer and cargo DNA, and administered i.v. at various time in EAE MOG mice. This treatment reduces disease severity and delays disease onset by regulating IDO dependent T cell response (Lemos et al. 2014).

Nanomaterials are frequently utilized in vaccine-like therapeutic tools. In SJL/J PLP relapsing EAE mice, intravenous infusion of polystyrene or biodegradable

**Table 1** Nanomaterials and MS: therapy and imaging

Nanomaterial	Functionalization	Ligands	Application		References			
			Drug/ gene delivery	Tolerance induction	Antioxidant	Cell targeting	Apoptosis induction	MRI Screening regenerative therapeutics
Liposomes	Positive charged; nano-sterically stabilized liposome (nSSL)	Glucocorticoids; tempamine	×	×	×	×	×	Strejan et al. 1990; Schmidt et al. 2003; Cavaletti et al. 2009; Avnir et al. 2011; Kizelsztajn et al. 2009
Polyethylenimine		cargo DNA	×			×		Lemos et al. 2014
Poly(lactic-co-glycolic) (PLGA) nanoparticles	Poly(ethylene glycol) (PEG); poly(ethylene-co-maleic acid) (PEMA); negatively charged immune modifying particles (IMP)	Myelin antigens; peptide Ac-PLP-BPI.NH2-2 (binding MHCII and ICAM1); MOG <sub>35-55</sub> + recombinant IL10		×		×	×	Getts et al. 2012; Getts et al. 2011; Büyüktimkin et al. 2012; Cappellano et al. 2014; Hunter et al. 2014; Getts et al. 2014
Polystyrene	Negatively charged IMP					×	×	Getts et al. 2014
Microdiamonds	Negatively charged IMP					×	×	Getts et al. 2014
Gold nanoparticles	PEG	MOG <sub>35-55</sub> +2-(1'H-indole-3'-carboxyl)-thiazole-4-carboxylic acid methyl ester (ITE)	×					Yeste et al. 2012
DNA-peptide nanoparticles		MOG <sub>35-55</sub> +BTLA	×			×		Yuan et al. 2014
Cerium oxide nanoparticles	Citrate/EDTA				×	×		Heckman et al. 2013
Silica nanofibers	Micropillar array engineered in a conical shape (BIMA)							Mei et al. 2014
Superparamagnetic and ultrasmall superparamagnetic nanoparticles of iron oxide (SPIO, USPIO)		Anti-CD3 mAb; anti-B220 mAb; combined use of Gadolinium based contrast agents				×	×	Anderson et al. 2004; Baeten et al. 2008; Baeten et al. 2010; Oude Engberink et al. 2008; Vellinga et al. 2008; Luchetti et al. 2011; Floris et al. 2004; McAteer et al. 2007; Garden et al. 2006; Kap et al. 2011

poly(lactic-co-glycolic) (PLGA) microparticles (500 nm) bearing encephalitogenic peptides induce antigen specific T cell anergy and the consequent induction of tolerance prevents EAE. These effects are mediated by particles uptake in spleen marginal zone trafficking macrophages expressing a specific scavenger molecule. In this setting, the particles act as efficient substitutes for apoptotic cells coupled with antigenic peptides, previously described by the same authors as a good treatment in preclinical models of MS (Getts et al. 2011, 2012). Targeted tolerance induction by i.v. infusion of poly(lactic-co-glycolic acid) PLG nanoparticles (500 nm) modified with the surfactant poly(ethylene-co-maleic acid) PEMA and coupled with myelin antigens, has been showed highly efficient in antigen specific T cell tolerance induction and in treatment of relapse EAE mouse model of MS. When myelin antigen coupled PLG nanoparticles were administered at onset or at peak of acute EAE they ameliorate ongoing disease. PLG/PEMA modified nanoparticles are a safe platform system inducing antigen specific tolerance by combining anergy and Treg expansion, probably this is due to the favorable combination of shape, surface and size (Hunter et al. 2014). PLP SJL/J EAE mice have been treated subcutaneously (s.c.) with a vaccine-like therapy with a complex of alginate chitosan PLGA nanoparticles forming a colloidal gel added by the peptide Ac-PLP-BPI.NH<sub>2</sub>-2, designed to bind MHCII and adhesion molecule (ICAM1) simultaneously. The treatment was effective in long term suppression of Th17 cell, probably blocking the formation of the immune synapse, responsible of encephalitogenic T cell activation; furthermore the treatment, thanks to this nano-formulation, was efficient with one time injection (Büyüktimkin et al. 2012). Recently s.c. in vivo inverse vaccination procedure that inhibits autoimmune response in C57/Bl6 EAE mice by antigen specific tolerogenic immunization with MOG<sub>35–55</sub> loaded PLGA nanoparticles together with recombinant IL10 (rIL10), has been demonstrated effective in EAE following two different vaccination protocols: prophylactic and therapeutic. The solid biodegradable particles utilized here guarantee the sustained release of antigen and adjuvant with a significant protective effect on EAE (Cappellano et al. 2014). Boosting Foxp3<sup>+</sup> expression and consequent Treg expansion may induce tolerance and EAE protection. RNS60 modified saline, a nano-bubbles composition with diameter between 26 and 33 nm, restores Tregs response in MBP-primed T lymphocytes with shift of CD4<sup>+</sup> Th1 into Th2 during autoimmune reaction. This is due to RNS60 regulation of NO production, that results inhibited by the treatment and consisting with in vitro findings, RNS60 treatment (i.p. 300 µl/mouse /d) determines amelioration of adoptive transfer SJL RR EAE by Tregs induction, providing a novel mechanism of immune-modulation (Mondal et al. 2012).

In our introduction we underlined the necessity to develop materials that avoid immune mediated clearance; nonetheless, as it has been showed, this nanoparticles surface feature may be translated into therapy. Eliminating inflammatory macrophages represents an alternative strategy to reduce tissue injury in MS, EAE and other autoimmune diseases. In this perspective, Getts et al. showed that infusion of negatively charged immune-modifying particles (IMPs,) derived from polystyrene, microdiamonds or biodegradable PLGA (PLGA-IMP) induces apoptosis of spleen trafficking macrophages reducing their accumulation at inflammation foci with consequent amelioration of disease symptoms in EAE mice and other immune mediated disease animal models, where inflammatory monocytes have a crucial role in mediating tissue damage mechanisms (Getts et al. 2014). Shifting nanomaterials action from monocytes to DCs, parenteral administration of PEG stabilized gold nanoparticles carrying MOG<sub>35–55</sub> peptide and ITE (an 2-(1'H-indole-3'-carbonyl)-thiazole-4-carboxylic acid methyl ester that induces through different ligands DCs to promote regulatory FOXP3<sup>+</sup> T cells) suppresses the development of EAE re-establishing tolerance to encephalitogenic myelin antigen (Yeste et al. 2012). In another work the double nature of DCs, immunogenic or tolerogenic, has been exploited and nano-engineered DCs have been transferred into MOG EAE mice in order to induce specific CD4<sup>+</sup> T lymphocytes tolerance and treat EAE. DCs were modified by mean of transduction of nanoparticles containing BTLA (membrane glycoprotein of the CD28 super family, a T cells, B cells receptor attenuator) and a MOG peptide, in vivo the modified cells significantly enhanced Foxp3<sup>+</sup> CD4<sup>+</sup> T regulatory cells and suppress CD4<sup>+</sup> T cell response to MOG, in EAE spinal cord number of infiltrates was reduced and disease mostly suppressed (Yuan et al. 2014). Remyelination is a crucial issue in MS therapy and is rather difficult to evaluate possible drugs improvement of oligodendrocytes ability to regenerate and reestablish normal myelin sheets after autoimmune damage. The myelination process involves direct interaction between oligodendrocytes and neurons and this interaction is hard to be followed in vivo or modeled in vitro. Nanomaterials and nanotechnology have recently permitted the development of screening platforms in order to evaluate the potential of regenerative drugs in MS. Recently, freestanding silica nanofibers organized as micropillar array engineered in a conical shape (BIMA) were utilized as pseudo axonal substrate, sufficient for screening oligodendrocytes myelination in a cell autonomous manner. These platforms permitted to correctly evaluate possible therapeutics able to induce remyelination, with a deep insight into mechanisms and pathways necessary for oligodendrocytes development and myelination (Mei et al. 2014).

## Nanomaterials and Multiple Sclerosis: Imaging

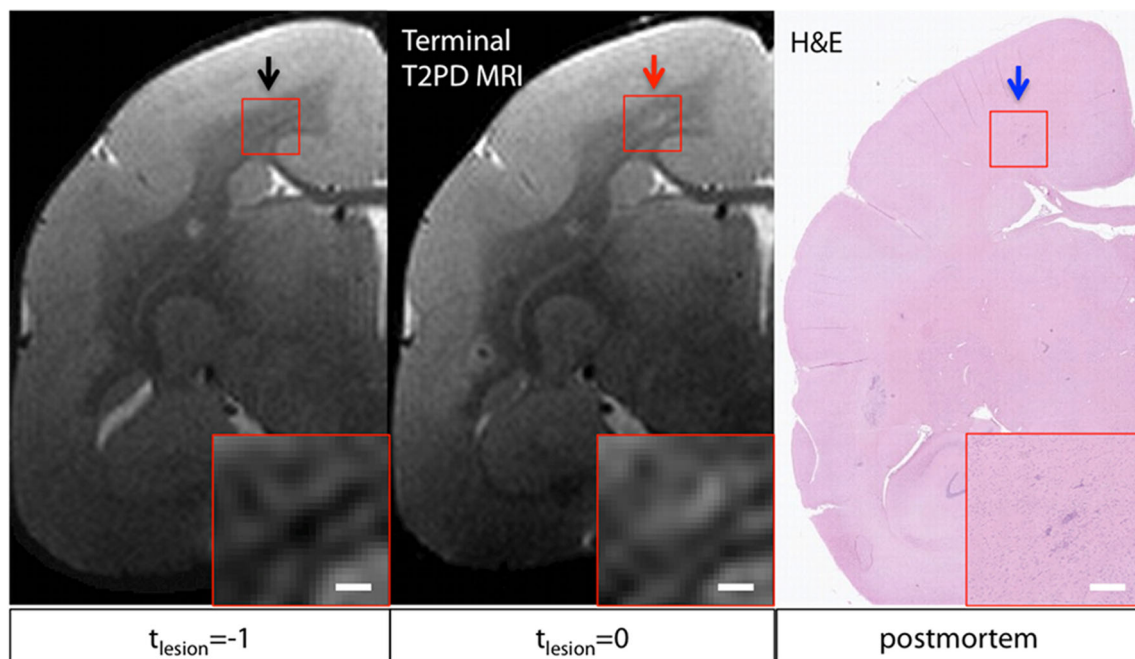
Lesions in MS are demyelinated, can occur both in white and gray matter, and tend to develop around parenchyma veins (Adams and Kubik 1952). A classic feature of early MS lesions is the presence of a cellular inflammatory cuff, mostly lymphocytes and dendritic cells, around the central vein (Prineas and Parratt 2012). These early MS lesions, commonly known as acute lesions, are associated with profound leakage of the BBB allowing inflammatory cells and factors to enter the lesion parenchyma (Katz et al. 1993). In the parenchyma surrounding the central inflamed blood vessel, myelin is usually damaged and picked up from large activated macrophages that are, for the most part, blood derived monocyte-macrophages expressing marker of early-stage activation. Over the course of days-weeks the inflammatory process tends to spread out from the initial area immediately surrounding the central vein in the near by parenchyma (Gaitan et al. 2011).

In basic MS-MRI research, the great advantage of studying these pathological processes in animal models is to allow the comparison between in vivo MRI images and ex vivo histopathology (Fig. 2), a perspective rarely obtainable in human MS MRI studies.

EAE is the best known and characterized model for MS and the clinical features of disease vary among different species and among different models; what really associates MS

and EAE is the histopathology of the acute lesion, where inflammatory infiltrates, mostly T-cells and macrophages, are cuffed around post capillary venules (Baxter 2007). As remembered before, EAE is considered an invaluable model to study the pathophysiology of MS. One obvious advantage to study the animal model over the human disease is the possibility to easily access to premorbid images as well as to compare in vivo MRI images with ex-vivo histopathology. USPIO based MRI applied to the EAE model, offers the unique opportunity to study specific processes that occurs early during disease pathogenesis as well as to follow the fate of specific inflammatory cell subtypes, mostly T cells and/or macrophages, during the process of WM inflammatory lesion formation (Anderson et al. 2004; Baeten et al. 2008, 2010).

Both the activation of cerebral blood vessel, consisting in the expression of adhesion molecules on endothelial cells surface, and the increased of cerebral blood vessel permeability are changes that occur early during the development of an inflammatory demyelinated lesion (Reboldi et al. 2009). MRI traceable ferromagnetic nano particles combined with antibodies specific for endothelial adhesion molecules or membrane T lymphocytes molecules (CD3) have thus been used to in vivo detect activated cerebral blood vessels during brain inflammation or migratory pathway of infiltrating T cells (Luchetti et al. 2011), a finding that may accelerate diagnosis at time when pathology is otherwise undetectable. The combined



**Fig. 2** Arithmetic average between PD and T2 weighted magnetic resonance imaging (T2PD MRI) and histopathological features of an acute lesion (less than 1 week old) from a Common Marmoset immunized with human white matter homogenate as previously

described (Gaitan et al. Mult Scler 2013). **a** The lesion was clearly visible on the terminal MRI ( $t_{\text{lesion}}=0$ ) but not present on the MRI performed 1 week earlier ( $t_{\text{lesion}}=-1$ ). The same lesion was found on the matched hematoxylin and eosin (H&E) section (blue arrow)

use of Gd based contrast agents and USPIO with MRI can help to identify the sequence of events that set the stage for tissue damage during brain inflammation in both EAE (Floris et al. 2004) and MS (McAteer et al. 2007). Indeed, an increased in BBB permeability as detected from Gd leakage preceded USPIO labeled macrophage infiltration during the development of inflammatory lesion in EAE, a finding consistent with recent data in newly forming WM inflammatory lesion in EAE (Maggi et al. 2014). Specifically, USPIO would be incorporated by monocyte/macrophages circulating in the peripheral blood stream. USPIO particles would be then vehicled in the inflamed CNS lesions during the process of macrophage extravasations, although other mechanisms contributing to USPIO MRI enhancement in the brain (such as BBB leakage) cannot be excluded (Oude Engberink et al. 2008). The pathological analysis of inflammatory EAE lesions showed how USPIO were present within early activated, newly infiltrating macrophages but not in perivascular macrophages. Notably, both in MS and EAE, USPIO pattern of enhancement significantly differs from the pattern of gadolinium enhancement in time (Vellinga et al. 2008).

Tracking myelin reactive, encephalitogenic T cells with USPIO based MRI techniques offers the opportunity to follow the fate of these cells during the development of EAE (Herz et al. 2011), possibly giving new pathophysiological insights about the process of WM lesion formation. Myelin reactive T cells can be labeled in vitro with ferromagnetic nano particles and then transferred into the animal. The injection of these cells at different stages of disease progression, i.e. in naïve or in already actively immunized animals, was found to correlate with the distribution of the inflammatory T cells within the inflamed brain and spinal cord (Garden et al. 2006). This kind of approach, possibly applied to EAE models in species with a closer evolutionary relationship to human (Kap et al. 2011), could help to unravel the precise role of specific inflammatory cell subtypes during the process of inflammatory lesion formation, possibly opening the door to the development of new therapeutics aimed to prevent the developments and progression of neurological disability.

Furthermore, such cellular imaging techniques may allow for a more accurate MRI characterization of disease activity in later stage of multiple sclerosis when a decreased number of gadolinium enhancing lesions is seen (McFarland 1998), despite increasing neurologic deficit. Indeed, in older lesions and particularly those found during the progressive stage of MS, inflammation is subtle if present (Soon et al. 2007; Ge et al. 2005) and is not usually detected from conventional Gd based MRI techniques. The possibility to evaluate the presence of low-grade inflammation and inflammatory cells infiltration in

these lesions with USPIO MRI, could affect therapeutic strategies and therapy development.

## Conclusion

Recent developments of nanotechnology and nanomaterials have gave a huge contribute in CNS diagnosis and therapy. In MS, where local and infiltrated immune cells encounter neuronal cells and myelin producing oligodendroglia arising a complex pathological mechanism hidden by the BBB and by a compartmentalized inflamed environment, nanomaterials able to target lesion and to deliver drugs in a more efficient way, represent a solid therapeutic approach for the near future. Nanotechnology centered therapeutic approaches are of various nature. Here we have described the improvement that particles that cross BBB and reach inflamed brain may bring as drug deliver and we indicate all the different applications of nanoparticles in tolerance induction, for example tolerance is efficiently induced by particles carrying encephalitogenic peptides and rIL10. Finally we pointed out the discovery of particles that, for specific physicochemical properties act as antioxidant agents and open a new era in the treatment of CNS injured tissue. Between the multiple strategies reported, the cutting edge idea is that nanomaterials may engineer cells, as the case of gold particles on DCs that shift cells toward tolerogenic functions or nanoparticles that induce apoptosis on peripheral macrophages; this aspect is a stimulus and a warning to the future utilization of nanomaterials: cells sense material at the nanoscale and react. During the last years many progresses have been made in imaging an inflamed brain and in this field USPIO are the nanoparticles that better meet the needs of MRI MS diagnosis: they are new diagnostic agents, they enhance lesions and early processes that Gd is not able to identify. Furthermore, USPIO by being internalized in infiltrating cells may permit to follow the fate of specific cells subtypes or track encephalitogenic T cells and all these features will give new MS pathophysiological insights.

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**Conflict of interest** The authors declare that they have no conflict of interest

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