



# I-CARE, a European Prospective Cohort Study Assessing Safety and Effectiveness of Biologics in Inflammatory Bowel Disease

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## BACKGROUND AND AIMS:

There is a need to evaluate the benefit-risk ratio of current therapies in inflammatory bowel disease (IBD) patients to provide the best quality of care. The primary objective of I-CARE (IBD Cancer and serious infections in Europe) was to assess prospectively safety concerns in IBD, with specific focus on the risk of cancer/lymphoma and serious infections in patients treated with anti-tumor necrosis factor and other biologic monotherapy as well as in combination with immunomodulators.

## METHODS:

I-CARE was designed as a European prospective longitudinal observational multicenter cohort study to include patients with a diagnosis of Crohn's disease, ulcerative colitis, or IBD unclassified established at least 3 months prior to enrollment.

## RESULTS:

A total of 10,206 patients were enrolled between March 2016 and April 2019, including 6169 (60.4%) patients with Crohn's disease, 3853 (37.8%) with ulcerative colitis, and 184 (1.8%) with a diagnosis of IBD unclassified. Thirty-two percent of patients were receiving azathioprine/thiopurines, 4.6% 6-mercaptopurine, and 3.2% methotrexate at study entry. At inclusion, 47.3% of patients were treated with an anti-tumor necrosis factor agent, 8.8% with vedolizumab, and 3.4% with ustekinumab. Roughly one-quarter of patients (26.8%) underwent prior

Abbreviations used in this paper: CD, Crohn's disease; eCRF, electronic case report form; IBD, inflammatory bowel disease; IBDu, inflammatory bowel disease unclassified; PRO, patient-reported outcome; TNF, tumor necrosis factor; UC, ulcerative colitis.



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**IBD-related surgery. Sixty-six percent of patients had been previously treated with systemic steroids. Three percent of patients had a medical history of cancer prior to inclusion and 1.1% had a history of colonic, esophageal, or uterine cervix high-grade dysplasia.**

**CONCLUSIONS:**

I-CARE is an ongoing investigator-initiated observational European prospective cohort study that will provide unique information on the long-term benefits and risks of biological therapies in IBD patients. (EudraCT, Number: 2014-004728-23; ClinicalTrials.gov, Number: NCT02377258).

**Keywords:** Inflammatory Bowel Disease; Biologics; Safety; Efficacy; I-CARE; Cancer; Lymphoma.

Inflammatory bowel diseases (IBDs), encompassing Crohn's disease (CD) and ulcerative colitis (UC), are lifelong, disabling, and incurable chronic inflammatory disorders involving the gastrointestinal tract.<sup>1,2</sup> Over the last decades, biologic therapies have revolutionized the treatment of IBD.<sup>3,4</sup> Precise and individual long-term safety profiles (malignancy, infections) of biologicals as monotherapy or in combination with immunomodulators are poorly studied.

While the efficacy of immunomodulators in treating IBD was first reported in the 1960s,<sup>5</sup> the CESAME (Cancers Et Surrisque Associé aux Maladies inflammatoires intestinales en France) study evaluating the risk of lymphoproliferative disorders in patients receiving thiopurines for IBD was published 50 years later.<sup>6</sup> The CESAME study was the first nationwide prospective observational cohort which was designed to assess the possible excess risk of cancer in patients with IBD receiving thiopurines.<sup>6</sup> The CESAME cohort study demonstrated that a large cross-sectional observational cohort is able to address accurately and rapidly the long-term major safety issues associated with the prolonged use of thiopurines, with an immediate impact on guidelines.<sup>6–8</sup> Given the incidence of individual malignancies such as lymphomas or colorectal cancer in the general population with the same age distribution as seen in IBD patients (1 case for 1000 patient-years or less), a minimal number follow-up time of 30,000 patient-years is necessary to statistically demonstrate a significant excess risk of cancer associated with exposure to any drug.<sup>9–11</sup> Clinical trials, meta-analyses, and safety-dedicated registries, such as TREAT (Serious infections and mortality in association with therapies for Crohn's disease: TREAT registry)<sup>12</sup> and ENCORE (Five-year Safety Data From ENCORE, a European Observational Safety Registry for Adults With Crohn's Disease Treated With Infliximab [Remicade®] or Conventional Therapy)<sup>13</sup> are underpowered to evaluate the impact of IBD therapies on the individual risk of cancer. Of note, IBD phenotype and disease activity may also impact cancer risk. This is well established for colorectal cancer<sup>9</sup> and might be similar for lymphomas. Some nationwide administrative health databases are adequately powered for demonstrating the statistical link between drug exposure and individual cancers,<sup>10</sup> but a proper adjustment for IBD phenotype and disease activity is not possible due to the lack of corresponding data in these studies. Only large statistically powered prospective observational cohort studies with a standardized

longitudinal follow-up including a robust characterization of disease phenotype and a prospective follow-up of IBD activity can evidence based assess the risk-benefit ratio of current therapeutic strategies in the biologic era.

Achieving and maintaining endoscopic remission, prevention of bowel damage, and reduction of IBD-related surgeries and hospitalizations have emerged as treatment goals in IBD patients.<sup>14,15</sup> The impact of anti-tumor necrosis factor (TNF) on the natural history of IBD (endoscopic remission, bowel damage, surgeries, and hospitalizations) beyond 1 year is unknown. The impact of anti-TNF therapy on long-term outcomes cannot be accurately studied using available clinical trial and registry databases. In order to properly assess the risk-benefit ratio of current therapeutic strategies, it was necessary to include all life-threatening events both IBD related and non-IBD related by collecting all hospitalization reports in these patients.

Real-world data coming from a very large cohort of IBD patients with a long-term follow-up are needed to address these issues.<sup>16</sup> The same duration of follow-up across included patients (as well as a low number of dropout are required to ensure the accuracy of the data). The I-CARE (IBD Cancer and serious infections in Europe) project was initiated in 2010 by capitalizing on the experience of the CESAME cohort study. Limitations of the CESAME study included the lack of information on the dose and duration of treatments exposure as well as no prospective assessment of disease activity and severity. The objective of I-CARE was to assess prospectively the presence and the extent of safety concerns anti-TNF or other biologic agents alone or in combination with thiopurines among IBD patients. In addition, I-CARE represents a unique opportunity to investigate the potential for disease modification as well as health economics assessment. These real-world data will be used to guide clinicians as well as healthcare Authorities and payers to provide the best care for IBD patients by optimizing available therapies. These findings may assist in maximizing benefits and minimizing risks among IBD patients who are candidates for biological therapy.

## Materials and Methods

### Study Design

I-CARE is a European prospective longitudinal observational multicenter cohort study. A total of 15

countries participated: Belgium, Denmark, France, Germany, Greece, Hungary, Ireland, Israel, Italy, the Netherlands, Poland, Portugal, Spain, Sweden, and the United Kingdom. All investigators are European gastroenterologists participating in the study on a voluntary basis. This project is centralized, sponsored, and coordinated by GETAID (Groupe d'Etude des Affections Inflammatoires du Tube Digestif) and supported by ECCO (European Crohn's and Colitis Organisation) and EFFCA (European Federation of Crohn's and Ulcerative Colitis Associations).

Patients  $\geq 18$  years of age with an established diagnosis of CD, UC, or IBD unclassified (UBDu) since  $\geq 3$  months were included. The diagnosis of IBD was based on internationally accepted endoscopic, radiological, or histological criteria. After obtaining an informed consent, information about personal details (mobile and home phone number, email address) was recorded and the patient informed about how to record data, using their private mobile, computer, or other electronic device during the study period. Exclusion criteria were patients unable or refusing to sign the informed consent form, or with no regular access to Internet, or receiving treatment at entry in the study with an immunomodulator other than thiopurines and methotrexate (eg, cyclosporine, tacrolimus, mycophenolate mofetil), and those currently or previously enrolled in a randomized clinical trial (if the investigational product received was blinded, and if the treatment is unknown at time of enrollment in I-CARE).

Each investigator could enroll up to 130 patients (not mandatory) who were divided into 6 predefined groups at inclusion based on ongoing IBD-related treatment at inclusion: group 1 comprised patients without IBD-related treatment or treated with any mesalamine or steroids formulations; group 2 comprised patients receiving thiopurines/methotrexate alone; group 3 comprised patients treated with anti-TNF monotherapy (without any concomitant immunosuppressant); group 4 comprised patients treated with anti-TNF therapy in combination with thiopurines or methotrexate; group 5 comprised patients treated with vedolizumab with or without any concomitant medications; and group 6 comprised patients treated with ustekinumab with or without any concomitant medications.

The primary objective of I-CARE is to assess prospectively the presence and the extent of safety concerns (cancers [especially lymphoma] and serious infections risks) for anti-TNF or other biologic alone or in combination with thiopurines among IBD patients. The safety profile of all steroid formulations is also analyzed. The 4 main secondary objectives of the I-CARE project are (1) to investigate prospectively the impact of anti-TNF or other biologic-based strategies on the natural history of IBD and their potential for disease modification by collecting validated surrogate markers such as endoscopic remission and disease complications such as bowel damage (strictures, fistulas, abscess), surgeries, and hospitalizations; (2) to assess the evolution of patient-

## What You Need to Know

### Background

There is a need to evaluate the benefit-risk ratio of current therapies in inflammatory bowel disease (IBD) patients to provide the best quality of care.

### Findings

I-CARE (IBD Cancer and serious infections in Europe) is an ongoing investigator-initiated observational European prospective cohort study that will provide unique information on the long-term benefits and risks of biological therapies in IBD patients.

### Implications for patient care

Future findings from I-CARE and substudies will likely be implemented in IBD guidelines and used to guide the decision-making process in daily practice.

reported outcomes (PROs) on a yearly basis and the impact of anti-TNF agents or other biologic on PROs in IBD; (3) to evaluate the benefit-risk ratio of strategies based on an earlier and wider use of anti-TNF or other biologic therapy for IBD; and (4) to assess the direct healthcare costs and cost efficacy of current therapeutic strategies in IBD.

### Data Collection

Each investigator selected and consented the patient and entered the baseline demographic and disease characteristic data of the patient in the electronic case report form (eCRF). The gastroenterologist who completed the e-summary form was also requested every year to validate and, if necessary, correct the information prospectively entered by the patients on a monthly basis. The gastroenterologist was also requested to evaluate yearly available endoscopic and imaging disease activity reports using a predefined and simplified scoring system.

A dedicated Web-based tool was built by SANOIA (Marseille, France), a service provider with experience in patient e-Diary and e-PRO to capture the information coming from the patients. SANOIA also ensured adequate reminder electronic messages to be sent to the patients for timely completion of the e-Diary and e-PRO. Patients completed the e-Diary on a monthly basis including e-PRO, hospitalizations, surgeries, and cancer diagnosis. Lifestyle factors such as smoking status and alcohol consumption were recorded at enrollment. Patients who reported hospitalization were requested to provide the related hospitalization report. Patients who reported a cancer or a high-grade dysplasia were instructed to provide the related diagnostic pathology report. An alert system was set up to inform study coordinators and project managers of incomplete data or report of hospitalization, surgery, infection, or cancer diagnostic to allow timely tracking of the pertinent documents to

**13262** patients gave their written consent to participate in the I-CARE study

- One patient was secondarily detected as not fulfilling eligibility criteria
- 2150 patients did not confirm their participation
- 445 patients did not complete any e-questionnaire
- 434 patients completed only one e-questionnaire (thus generating no follow-up time)
- 26 patients withdrew secondarily their consent to use their data

**10206** patients finally included

upload on the Web Portal. All hospitalization reports collected were coded by a dedicated expert coding group using the International Classification of Diseases–Tenth Revision classification. Details on the coding methodology will be provided in a separate article.

As the implementation of the I-CARE project across Europe at the national level was anticipated to be challenging due to differences in language, regulatory, and practical aspects; healthcare systems; and patients' journey, we gathered a core group of national coordinators (1–3 gastroenterologists per country). Their roles were to identify potential investigators, disseminate information about logistics and scientific aspects of I-CARE, translate all patients' documents and questionnaires in local language, motivate investigators, get institutional review board approval, and interact with study coordinators on a regular basis.

### Cohort Size Calculation

Calculation of cohort size was made based on the primary objective of I-CARE. We estimated, based on the CESAME study lymphoma incidence rates,<sup>6</sup> that a minimum of 47,000 patient-years was needed for the study to have a statistical power of 80% to detect a lymphoma hazard ratio of at least 3.5 in the groups of patients receiving thiopurines, either alone or in combination with anti-TNF, vedolizumab, or ustekinumab, relative to patients not receiving thiopurines (ie, receiving anti-TNF alone or no immunosuppressor).

## Results

### Patient Characteristics

From March 2016 to April 2019, 13,262 patients gave informed consent to participate in this study. Among these patients, 1 was secondarily detected as not fulfilling eligibility criteria; 2150 did not confirm their participation by not activating the e-PRO digital system; 445 activated the e-PRO digital system but did not complete any e-PRO questionnaire; 434 completed only 1-PRO questionnaire, thus generating no follow-up time;

and 26 withdrew secondarily their consent to the use of their data. Ultimately, 10,206 patients were included in the I-CARE study by 508 investigators from 15 countries (Figure 1). Clinical characteristics of the patients are summarized in Tables 1 and 2 and Supplementary Tables 1 and 2. Among the 10,206 patients, 6169 (60.4%) had CD, 3853 (37.8%) had UC, and 184 (1.8%) had IBDu. There was a female preponderance in the cohort (52.8%). The majority of patients had never smoked (54.8%). Mean body mass index at inclusion was  $24.8 \pm 4.8 \text{ kg/m}^2$ . Approximately 75% of patients had a job, 6.8% were retired, and 9.2% were students.

A total of 1141 (11.9%) patients had a family history of IBD (11.0% for UC and IBDu patients and 12.5% for CD patients;  $P = .03$ ). Age at diagnosis of IBD was  $\leq 16$  years in 1182 (11.6%) patients, between 17 and 40 years in 7314 (71.7%) patients, and  $> 40$  years in 1710 (16.8%) patients. Mean age at inclusion was  $39.8 \pm 13.1$  years. Mean disease duration at inclusion was  $10.6 \pm 8.9$  years ( $9.8 \pm 8.5$  years for UC and IBDu patients and  $11.2 \pm 9.1$  years for CD patients;  $P < .0001$ ). Location of disease at diagnosis according to Montreal classification was mainly ileocolonic in CD (42.9%) and extensive colitis in UC (45.5%). CD behavior at enrollment was inflammatory in 52% of the cases. Perianal disease was present in 27.9% of CD patients. A total of 174 (1.8%) patients had concomitant primary sclerosing cholangitis (2.3% of both the UC and IBDu patients and 1.5% of the CD patients).

At inclusion, about a quarter of patients (26.8%) underwent previous IBD-related surgery (41.7% of the CD patients, and 4.0% of the UC and IBDu patients;  $P < .0001$ ). The most frequent surgical procedures were ileocecal resection in 24.4% ( $n = 1504$  of 6169) of CD patients and perianal surgery in 13.9% ( $n = 806$  of 6169) of CD patients.

### Prior and Current Medications

IBD-related medications at study entry are summarized in Tables 3 and 4. Previous treatments before inclusion are summarized in Supplementary Tables 3, 4, and 5.

**Mesalamine.** A total of 3413 (36.4%) patients received previous treatment with oral mesalamine and

**Figure 1.** Patient flowchart.

**Table 1.** Baseline Characteristics

	Total (N = 10,206)			Ulcerative Colitis or IBD Unclassified (n = 4037 [39.6%])			Crohn's Disease (n = 6169 [60.4%])			P <sup>a</sup>
	n	%/Mean	SD	n	%/Mean	SD	n	%/Mean	SD	
Distribution of patients included by country										<.0001
Belgium	499	4.9		185	4.6		314	5.1		
Denmark	320	3.1		148	3.7		172	2.8		
France	2955	29.0		1007	24.9		1948	31.6		
Germany	481	4.7		208	5.2		273	4.4		
Greece	850	8.3		307	7.6		543	8.8		
Hungary	244	2.4		98	2.4		146	2.4		
Ireland	273	2.7		117	2.9		156	2.5		
Israel	298	2.9		75	1.9		223	3.6		
Italy	861	8.4		404	10.0		457	7.4		
The Netherlands	116	1.1		45	1.1		71	1.2		
Poland	80	0.8		22	0.5		58	0.9		
Portugal	267	2.6		99	2.5		168	2.7		
Spain	791	7.8		312	7.7		479	7.8		
Sweden	94	0.9		63	1.6		31	0.5		
United Kingdom	2077	20.4		947	23.5		1130	18.3		
Disease duration at inclusion, y	10206	10.6	8.9	4037	9.8	8.5	6169	11.2	9.1	<.0001
Sex										<.0001
Female	5385	52.8		2032	50.3		3353	54.4		
Male	4821	47.2		2005	49.7		2816	45.6		
Age at inclusion, y	10206	39.8	13.1	4037	41.5	13.7	6169	38.7	12.5	<.0001
IBD subtype										<.0001
Crohn's disease	6169	60.4		0	0.0		6169	100.0		
IBD unclassified	184	1.8		184	4.6		0	0.0		
Ulcerative colitis	3853	37.8		3853	95.4		0	0.0		
Working status										<.0001
Having a job	7644	74.9		3048	75.5		4596	74.5		
Unemployed	923	9.0		303	7.5		620	10.1		
Retired	698	6.8		337	8.3		361	5.9		
Student	941	9.2		349	8.6		592	9.6		
Body mass index, kg/m <sup>2</sup>	9384	24.8	4.8	3728	25.0	4.7	5656	24.7	4.9	.0001
Smoking status										<.0001
Current	1471	15.5		336	8.9		1135	19.8		
Former	2827	29.8		1199	31.8		1628	28.4		
Never	5204	54.8		2235	59.3		2969	51.8		
Missing	704			267			437			

	Total (N = 10,206)			Ulcerative Colitis or IBD Unclassified (n = 4037 [39.6%])			Crohn's Disease (n = 6169 [60.4%])			$P^a$
	n	%/Mean	SD	n	%/Mean	SD	n	%/Mean	SD	
Alcohol consumption	7715	81.0		2917	77.1		4798	83.6		<.0001
No	1805	19.0		864	22.9		941	16.4		
Yes				256			430			
Missing	686									

IBD, inflammatory bowel disease.  
<sup>a</sup>Chi-square test for qualitative variables, Wilcoxon test for quantitative variables.

2229 (23.6%) with topical mesalamine. The majority of patients who were previously treated with topical mesalamine had UC or IBDu ( $P < .0001$ ). At study entry, 3568 (35%) patients were receiving oral mesalamine and 1010 (9.9%) topical mesalamine. They were more likely to experience UC ( $P < .0001$ ).

**Corticosteroids.** A large majority of patients (65.9%) were previously treated with systemic steroids. Budesonide was previously used in 1990 (21%) patients (7.2% in UC patients and 30.1% in CD patients;  $P < .0001$ ) and budesonide MMX in 106 (1.1%) patients. At enrollment, 569 (5.6%) patients were receiving systemic corticosteroids (oral or intravenous). Budesonide was prescribed in 148 (1.5%) patients and budesonide MMX in 28 (0.3%) patients.

**Immunosuppressants/Immunomodulators.** A total of 30.7% (n = 3136 of 10,206) of patients reported previous treatment with azathioprine, 6.3% (n = 638 of 10,206) with methotrexate, and 4.7% (n = 478 of 10,206) with 6-mercaptopurine. Among 30.7% of patients who received azathioprine prior to study entry, almost half of them (48.4%) were exposed for <1 year.

At enrollment, 3294 (32.3%) patients were receiving thiopurines, 4.6% (n = 468 of 10,206) 6-mercaptopurine, and 3.2% (n = 325 of 10,206) methotrexate. Patients receiving azathioprine or methotrexate were more likely to have CD compared with patients not receiving methotrexate ( $P < .0001$ ).

**Biologics.** A total of 1690 (17.8%) patients had received infliximab before entering the study. Of the enrolled patients, 1334 (14.0%) had prior use of adalimumab, 141 (1.5%) golimumab, and 60 (0.6%) certolizumab pegol. Concerning other biologics than anti-TNF, 147 (1.5%) had prior use of vedolizumab and 38 (0.4%) ustekinumab.

At study entry, 2725 (26.7%) patients were receiving infliximab, 1937 (19%) adalimumab, 149 (1.5%) golimumab, 9 (0.1%) certolizumab pegol, 894 (8.8%) vedolizumab, and 343 (3.4%) ustekinumab.

### History of Cancer or Dysplasia

Among all included patients, 298 (2.9%) patients had a prior history of any type of cancer, including 135 UC or IBDu and 163 CD patients, (Supplementary Table 6). Moreover, 108 (1.1%) patients had a medical history of high-grade dysplasia: 20 patients had colonic high-grade dysplasia, 3 esophageal high-grade dysplasia, and 71 uterine cervix high-grade dysplasia. There was no difference between UC and CD patients. A total of 1085 (11.3%) patients had a family history (first-degree relative) of any of the following cancer: lymphoma, colorectal cancer, melanoma, or breast cancer (Supplementary Table 1).

### History of Vaccination and Infection

Vaccination rate was 6.2% for human papillomavirus vaccine, 56.5% for hepatitis B vaccine, 35.1% for

Table 1. Continued

**Table 2.** Disease Characteristics

	Total (N = 10,206)		Ulcerative Colitis or IBD Unclassified (n = 4037 [39.6%])		Crohn's Disease (n = 6169 [60.4%])		P <sup>a</sup>
	n	%	n	%	n	%	
Age at diagnosis							
(A1) 16 y and below	1182	11.6	325	8.1	857	13.9	
(A2) between 17 and 40 y included	7314	71.7	2848	70.5	4466	72.4	
(A3) 41 y and above	1710	16.8	864	21.4	846	13.7	
CD location (L1, L2, L3)							
(L1) ileal, including caecum	2172	37.9			2172	37.9	
(L2) colonic	1100	19.2			1100	19.2	
(L3) ileocolonic	2463	42.9			2463	42.9	
Missing	434				434		
CD behavior (B1, B2, B3)							
(B1) nonstricture, nonpenetrating	2976	52.0			2976	52.0	
(B2) stricturing	1613	28.2			1613	28.2	
(B3) penetrating	1134	19.8			1134	19.8	
Missing	446				446		
Any perianal disease							
No	4145	72.1			4145	72.1	
Yes	1606	27.9			1606	27.9	
Missing	418				418		
UC involvement (E1, E2, E3)							
(E1) Proctitis	551	14.6	551	14.6			
(E2) Left sided colitis	1501	39.9	1501	39.8			
(E3) Extensive UC	1714	45.5	1715	45.5			
Missing	271		271				
Cumulative estimated microscopic and/or macroscopic extend of the surface of colonic mucosa							
0%	2321	27.3	436	13.0	1885	36.8	
0%-50%	3210	37.8	1396	41.5	1814	35.4	
50%-100%	2961	34.9	1533	45.6	1428	27.9	
Missing	1714		672		1042		
Associate confirmed primary sclerosing cholangitis							
No	9262	98.2	3657	97.7	5605	98.5	
Yes	174	1.8	88	2.3	86	1.5	
Missing	770		292		478		

CD, Crohn's disease; IBD, inflammatory bowel disease; UC, ulcerative colitis.

<sup>a</sup>Chi-square test.

pneumococcus vaccine, and 53.9% for Bacille Calmette-Guerin vaccine ([Supplementary Table 7](#)). A confirmed history of symptomatic mononucleosis infection was reported in 376 (5%) patients, including 140 UC or IBDu and 236 CD patients before inclusion.

## Discussion

I-CARE is the first prospective cohort study that is specifically designed to assess the risk-benefit ratio of current therapeutic strategies in the biologic era in patients with IBD. I-CARE is a European collaborative effort involving 15 countries. A total of 10,206 IBD patients were enrolled between March 2016 and April 2019.

To reach the I-CARE objectives, we developed innovative tools like a dedicated Web-based tool to capture the information (e-Diary and e-PRO) coming from the patients, and a second platform to house the investigators database and eCRF completed by the investigators ([Supplementary Figure 1](#)). An interface was built between these 2 systems to allow enrollment of patients after the investigators completed their contact information on the eCRF and investigators to have a summary of data entered by their patients for validation.

One of the strengths of the I-CARE project was the quality of data collection ([Table 5](#)). The patient had a central role in the investigation. However, patient data were annually reviewed and validated by their gastroenterologist. For cancer, dysplasia, any IBD-related and

**Table 3.** Ongoing Immunomodulator, Corticosteroid, and Mesalamine Treatments at Entry

	Total (N = 10,206)		Ulcerative Colitis or IBD Unclassified (n = 4037 [39.6%])		Crohn's Disease (n = 6169 [60.4%])		P <sup>a</sup>
	n	%	n	%	n	%	
Any oral form of mesalamine (oral)							<.0001
No	6638	65.0	1473	36.5	5165	83.7	
Yes	3568	35.0	2564	63.5	1004	16.3	
Any topical forms of mesalamine (suppository, foam, enema)							<.0001
No	9196	90.1	3103	76.9	6093	98.8	
Yes	1010	9.9	934	23.1	76	1.2	
Any form of systemic corticosteroids							<.0001
No	9637	94.4	3721	92.2	5916	95.9	
Yes	569	5.6	316	7.8	253	4.1	
Corticosteroids: administration of treatment							.1963
Intravenous	11	1.9	4	1.3	7	2.8	
Oral	558	98.1	312	98.7	246	97.2	
Budesonide (oral)							<.0001
No	10,058	98.5	4018	99.5	6040	97.9	
Yes	148	1.5	19	0.5	129	2.1	
Budesonide MMX (oral)							<.0001
No	10,178	99.7	4015	99.5	6163	99.9	
Yes	28	0.3	22	0.5	6	0.1	
Beclometasone (oral)							<.0001
No	10,186	99.8	4019	99.6	6167	100.0	
Yes	20	0.2	18	0.4	1	0.0	
Azathioprine							<.0001
No	6912	67.7	2890	71.6	4022	65.2	
Yes	3294	32.3	1147	28.4	2147	34.8	
6-Mercaptopurine							.2819
No	9738	95.4	3863	95.7	5875	95.2	
Yes	468	4.6	174	4.3	294	4.8	
Methotrexate							<.0001
No	9881	96.8	3969	98.3	5912	95.8	
Yes	325	3.2	68	1.7	257	4.2	

IBD = inflammatory bowel disease.

non-IBD-related hospitalizations, and surgeries, the corresponding hospitalization and histological reports were collected. Collected comorbidities are alcohol, smoking, and body mass index. From the hospitalization reports, we will be able to collect other comorbidities and perform a nested case-control study.

The majority of patients had a CD diagnosis in I-CARE (60.4%), this rate was similar to the CESAME study (60.3%).<sup>7</sup> Age at diagnosis of IBD was similar to the previous study, with a large majority of patients diagnosed between 17 and 40 years of age.<sup>17</sup> Concerning the Montreal classification and the presence of perianal lesions, our data were consistent with the literature.<sup>18</sup> As expected, in I-CARE, patients were more likely to be

treated with biologics than in other databases.<sup>19,20</sup> Even though I-CARE is not a population-based study because of a large sample size, baseline characteristics are those commonly observed in European studies underscoring its validity and representativeness.<sup>19,20</sup>

The primary focus of I-CARE was to address the lymphoma risk, including other malignancies, as well as serious infections in IBD patients exposed to biologics. Based on the CESAME study experience, to minimize potential bias and confounding effects for evaluation of the effect of each treatment exposure on the occurrence of severe infection, cancer, and hospitalization, the propensity score (using all details of IBD phenotype and history) for each treatment will be or was calculated

**Table 4.** Ongoing Biological Treatments at Entry

	Total (N = 10,206)		Ulcerative Colitis or IBD Unclassified (n = 4037 [39.6%])		Crohn's Disease (n = 6169 [60.4%])		P <sup>a</sup>
	n	%	n	%	n	%	
Biological treatments							<.0001
Adalimumab	1937	19.0	262	6.5	1675	27.2	
Certolizumab Pegol	9	0.1	1	0.0	8	0.1	
Golimumab	149	1.5	137	3.4	12	0.2	
Infliximab	2725	26.7	853	21.1	1872	30.3	
None	4149	40.6	2280	56.5	1869	30.3	
Ustekinumab	343	3.4	12	0.3	331	5.4	
Vedolizumab	894	8.8	492	12.2	402	6.5	
Infliximab: estimated duration of treatment before entry in I-CARE							<.0001
<1 y	780	28.6	303	35.5	477	25.5	
1 y	363	13.3	129	15.1	234	12.5	
2 y	353	13.0	117	13.7	236	12.6	
3 y	260	9.5	72	8.4	188	10.0	
4 y	217	8.0	66	7.7	151	8.1	
5 y	162	5.9	43	5.0	119	6.4	
6 y	143	5.2	36	4.2	107	5.7	
7 y	113	4.1	25	2.9	88	4.7	
8 y	80	2.9	22	2.6	58	3.1	
9 y	70	2.6	16	1.9	54	2.9	
10 y and more	182	6.7	24	2.8	158	8.4	
Missing	2		0		2		
Adalimumab: estimated duration of treatment before entry in I-CARE							<.0001
<1 y	564	29.1	109	41.6	455	27.2	
1 y	297	15.3	47	17.9	250	14.9	
2 y	319	16.5	40	15.3	279	16.7	
3 y	211	10.9	19	7.3	192	11.5	
4 y	183	9.4	21	8.0	162	9.7	
5 y	97	5.0	9	3.4	88	5.3	
6 y	81	4.2	6	2.3	75	4.5	
7 y	75	3.9	3	1.1	72	4.3	
8 y	41	2.1	4	1.5	37	2.2	
9 y	28	1.4	1	0.4	27	1.6	
10 y and more	37	1.9	3	1.1	34	2.0	
Missing	4		0		4		
Certolizumab pegol: estimated duration of treatment before entry in I-CARE							.6667
<1 y	2	22.2	1	100.0	1	12.5	
1 y	3	33.3	0	0.0	3	37.5	
2 y	1	11.1	0	0.0	1	12.5	
3 y	1	11.1	0	0.0	1	12.5	
4 y	1	11.1	0	0.0	1	12.5	
7 y	1	11.1	0	0.0	1	12.5	
Golimumab: estimated duration of treatment before entry in I-CARE							.1842
<1 y	76	51.0	71	51.8	5	41.7	
1 y	36	24.2	34	24.8	2	16.7	
2 y	25	16.8	23	16.8	2	16.7	
3 y	10	6.7	7	5.1	3	25.0	
4 y	2	1.3	2	1.5	0	0.0	
Vedolizumab: estimated duration of treatment before entry in I-CARE							.3220
<1 y	576	64.5	325	66.1	251	62.6	
1 y	187	20.9	93	18.9	94	23.4	
2 y	97	10.9	57	11.6	40	10.0	
3 y	24	2.7	11	2.2	13	3.2	
4 y	7	0.8	5	1.0	2	0.5	

**Table 4.** Continued

	Total (N = 10,206)		Ulcerative Colitis or IBD Unclassified (n = 4037 [39.6%])		Crohn's Disease (n = 6169 [60.4%])		P <sup>a</sup>
	n	%	n	%	n	%	
5 y	1	0.1	1	0.2	0	0.0	
8 y	1	0.1	0	0.0	1	0.2	
Missing	1		0		1		
Ustekinumab: estimated duration of treatment before entry in I-CARE							.0950
<1 y	237	69.1	10	83.3	227	68.6	
1 y	55	16.0	0	0.0	55	16.6	
2 y	36	10.5	0	0.0	36	10.9	
3 y	8	2.3	2	16.7	6	1.8	
4 y	2	0.6	0	0.0	2	0.6	
5 y	2	0.6	0	0.0	2	0.6	
6 y	1	0.3	0	0.0	1	0.3	
7 y	1	0.3	0	0.0	1	0.3	
8 y	1	0.3	0	0.0	1	0.3	

I-CARE, IBD Cancer and serious infections in Europe; IBD, inflammatory bowel disease.

<sup>a</sup>Chi-square test or Fisher's exact test.

using logistic regression models. To overcome the main limitations of the CESAME project, we prospectively assessed clinical disease activity in IBD patients through prospective monthly assessments (Harvey-Bradshaw index for CD and Simple Clinical Colitis Activity Index for UC), and disease activity and severity through a scoring system of imaging and endoscopic reports. To this end, we were able to adjust for IBD activity the relationship between drug exposures and outcomes. We also recorded and quantified the exposure to IBD drugs of interest from IBD diagnosis, prior to the enrollment into the cohort, in order to be able to address the potential link between the cumulative dose of drug exposure and the late occurrence of malignancies. For the first time, we have collected all IBD treatments received since IBD

diagnosis (every course, every drug class, every date of start and duration of treatment). Only the precise dose was not collected before I-CARE entry. Finally, we recorded family histories of lymphoma, colorectal cancer, melanoma, and breast cancer that have been shown to have a key role in the individual cancer risks. The statistical power and granularity of I-CARE will provide unique information on the relationships between IBD drugs and efficacy and safety outcomes in the biologics era.

Regarding the obstacles encountered during the I-CARE project, it was necessary to convince countries with existing national cohort to participate in the I-CARE project, obtain regulatory approval across countries, develop authorship rules, organize regular meetings at international conferences to inform and motivate

**Table 5.** Strengths of I-CARE

1. Large statistically powered prospective observational cohort study
2. Real-world data
3. Standardized longitudinal follow-up
4. Long-term follow-up
5. Quality of data collection
6. Primary objective: to assess prospectively the presence and the extent of safety concerns (cancers (especially lymphoma) and serious infections risks) for anti-TNF or other biologic alone or in combination with thiopurines
7. Secondary objectives:
  - To investigate prospectively the impact of anti-TNF or other biologic based strategies on the natural history of IBD and their potential for disease modification
  - To assess the evolution of PROs on a yearly basis and the impact of anti-TNF agents or other biologic on PROs in IBD
  - To evaluate the benefit-risk ratio of strategies based on an earlier and wider use of anti-TNF or other biologic therapy for IBD
  - To assess the direct healthcare costs and cost efficacy of current therapeutic strategies in IBD

I-CARE, IBD Cancer and serious infections in Europe; IBD, inflammatory bowel disease; PRO, patient-reported outcome; TNF, tumor necrosis factor.

collaborators, and define a precise task distribution given the number of people involved in this project.

Future findings from I-CARE and substudies will likely be implemented in IBD guidelines and used to guide the decision-making process in daily practice.

## Supplementary Material

Note: To access the supplementary material accompanying this article, visit the online version of *Clinical Gastroenterology and Hepatology* at [www.cghjournal.org](http://www.cghjournal.org), and at <http://doi.org/10.1016/j.cgh.2022.09.018>.

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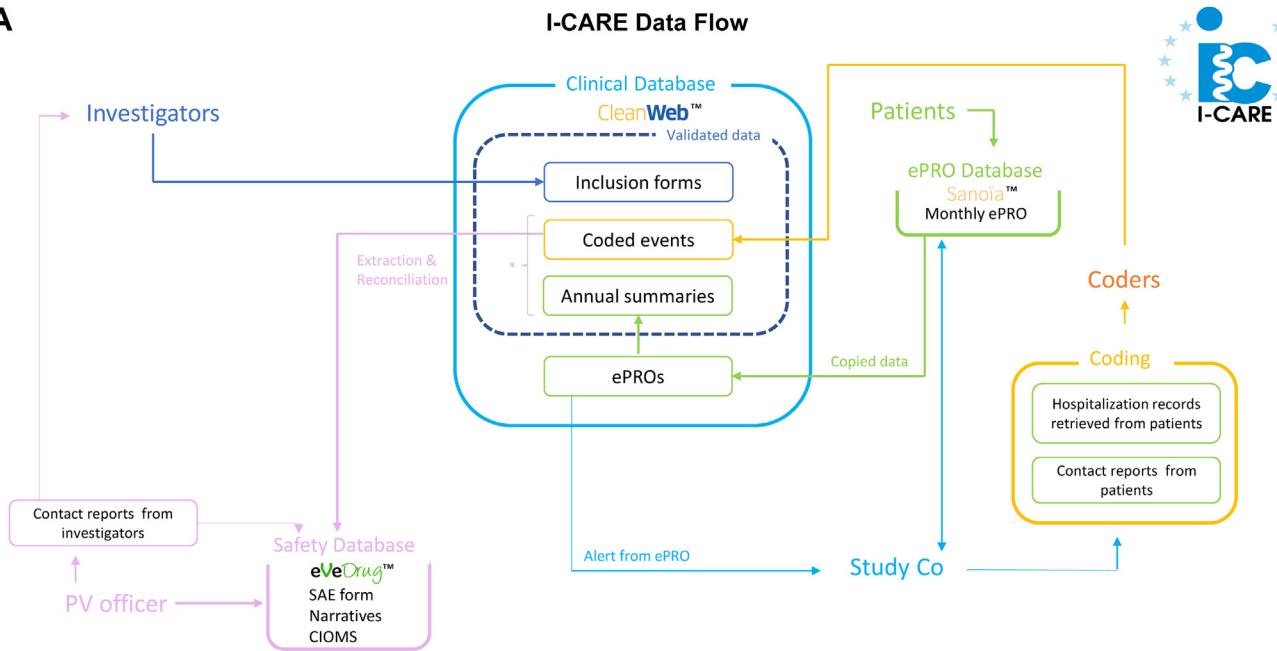
### Conflicts of Interest

These authors disclose the following: Laurent Peyrin-Biroulet has received personal fees from Galapagos, AbbVie, Janssen, Genentech, Ferring, Tillotts, Pharmacosmos, Celtrion, Takeda, Boehringer Ingelheim, Pfizer, Index Pharmaceuticals, Sandoz, Celgene, Biogen, Samsung Bioepis, Alma, Stern, Nestle, Intrem, Enterome, Allergan, MSD, Roche, Arena, Gilead, Hikma, Amgen, BMS, Vifor, Norgine, Mylan, Lilly, Fresenius Kabi, Oppilan Pharma, Sublimity Therapeutics, Applied Molecular Transport, OSE Immunotherapeutics, Enthera, Theravance, and Pandion Therapeutics; has received grants from AbbVie, MSD, Takeda, and Fresenius Kabi; and owns stock options in CTMA. Rahier Jean-François has received speaker fees from AbbVie, MSD, Takeda, Pfizer, Ferring, Falk, Biogen, Amgen, and Celtrion; served as a consultant for AbbVie, Takeda, Hospira, Mundipharma, MSD, Pfizer, GlaxoSK, Janssen, and Celtrion; and received research grants from Takeda and AbbVie. Julien Kirchgesner has received consulting fees from Roche, Pfizer, and Gilead; and received research support from AbbVie. Vered Abitbol has received speaker fees from Takeda, Amgen, Mylan Viatris, Sandoz, Janssen, Fresenius, Gilead, Tillotts, Galapagos, and Pfizer; and served as a consultant for Celtrion, Takeda, Amgen, Mylan Viatris, Sandoz, Janssen, Fresenius, Gilead, Tillotts Pharma, Galapagos, and Pfizer. Sebastian Shaji has received research grants from Biogen, Takeda, AbbVie, Tillotts Pharma, Ferring, and Biohit; and served on the advisory board for Takeda, AbbVie, Merck, Ferring, Pharmacocosmos, Warner Chilcott, Janssen, Falk Pharma, Biohit, TriGenix, Celgene, and Tillotts Pharma; and received speaker fees from AbbVie, Biogen, AbbVie, Janssen, Merck, Warner Chilcott, and Falk Pharma. Alessandro Armuzzi has received consulting fees from AbbVie, Allergan, Amgen, Arena, Biogen, Bristol-Myers Squibb, Celgene, Celtrion, Eli Lilly, Ferring, Galapagos, Gilead, Janssen, MSD, Mylan, Pfizer, Protagonist, Roche, Samsung Bioepis, Sandoz, and Takeda; lecture fees from AbbVie, Amgen, Arena, Biogen, Bristol-Myers Squibb, Eli Lilly, Ferring, Galapagos, Gilead, Janssen, MSD, Novartis, Pfizer, Roche, Samsung Bioepis, Sandoz, Takeda, and Tigenix; and research grants from

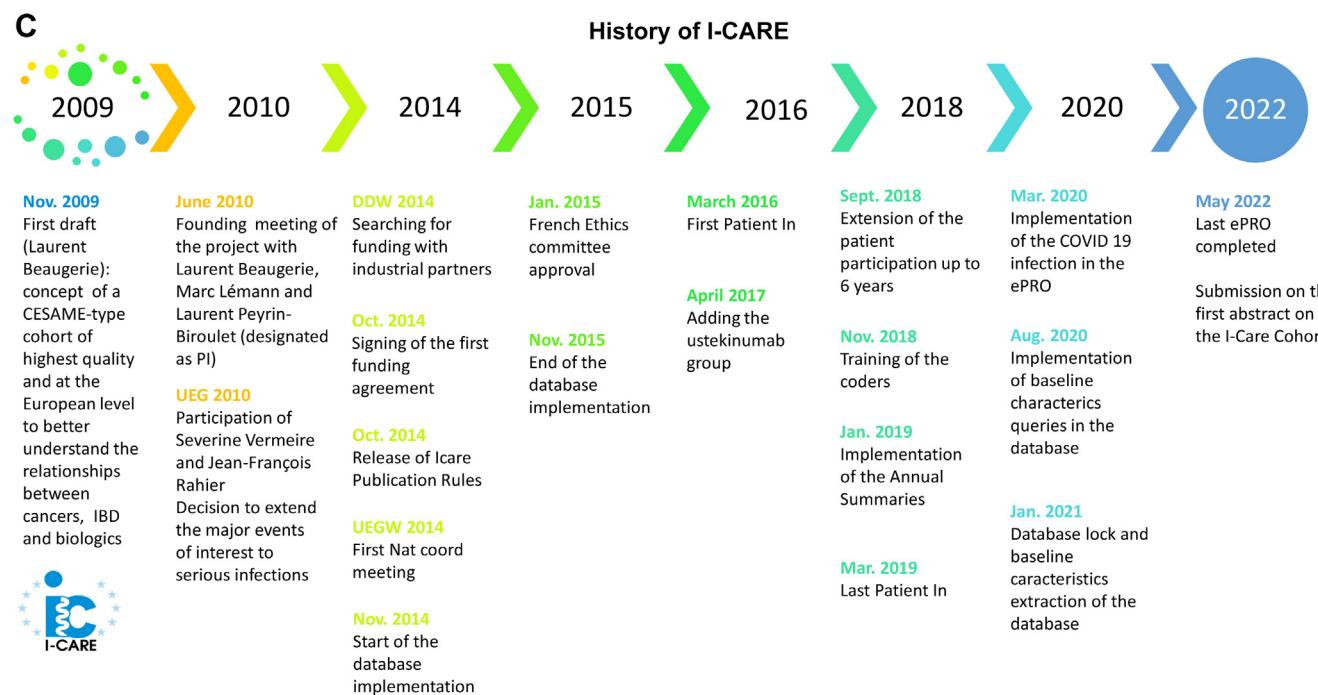
MSD, Takeda, Pfizer, and Biogen. Konstantinos Karmiris has received personal fees from AbbVie, Amgen, Enoras, Ferring, Galenica, Genesis, Janssen, MSD, Pfizer, Takeda, and Vianex. Javier P. Gisbert has served as a speaker, a consultant, and on the advisory board for or received research funding from MSD, AbbVie, Pfizer, Kern Pharma, Biogen, Mylan, Takeda, Janssen, Roche, Sandoz, Celgene/Bristol Myers, Gilead/Galapagos, Lilly, Ferring, Faes Farma, Shire Pharmaceuticals, Dr. Falk Pharma, Tillotts Pharma, Chiesi, Casen Fleet, Gebro Pharma, Otsuka Pharmaceutical, Norgine, and Vifor Pharma. Peter Bossuyt has received financial support for research from AbbVie, Amgen, Celltrion, Mylan, Pfizer, and Takeda; lecture fees from AbbVie, Celltrion, Janssen, Lilly, and Takeda; and advisory board fees from AbbVie, Arena Pharmaceuticals, BMS, Celltrion, Dr Falk, Galapagos, Janssen, Lilly, Pentax, PSI-CRO, Roche, Takeda, and Tetrameros. Ulf Helwig has received lecture/advisory board honoraria from MSD; AbbVie, Falk Foundation, Takeda, Mundipharma, Hospira, Ferring, Vifor, Mylan, Janssen, Pfizer, Celltrion, Galapagos, BMS, and Fresenius. Johan Burisch has served as a speaker, a consultant, and on the advisory board for or received research funding from MSD, AbbVie, Pfizer, Takeda, Janssen, Celgene, Bristol Myers Squibb, Galapagos, Ferring, Tillotts Pharma, Pharmacosmos, Vifor Pharma, and Novo Nordisk. Henit Yanai has received institutional research grants from Pfizer; consulting fees from AbbVie, Ferring, Janssen, Neopharm, Pfizer, and Takeda; received honoraria for lectures from AbbVie, Janssen, Pfizer, and Takeda; and served on the Data Safety Monitoring Board or advisory board for AbbVie, Neopharm, Pfizer, Takeda. Glen Doherty has received research grants/unrestricted educational grants from AbbVie, MSD, Pfizer, Janssen, Takeda, Tillotts, Amgen, Falk, Celtrion, Genuity Ireland, and Abbott; and fees for speaking, consulting, or advisory board service from AbbVie, MSD, Pfizer, Janssen, Takeda/Shire, Tillotts, Falk, Amgen, Mylan, Celtrion, Gilead, Galapagos, BMS, and Olympus. Fernando Magro has served as a speaker, a consultant, and on the advisory board for or received research funding from MSD, AbbVie, Pfizer, Biogen, Takeda, Janssen, Sandoz, Celgene/Bristol Myers, Gilead/Galapagos, Lilly, Ferring, Shire Pharmaceuticals, Dr. Falk Pharma, Tillotts Pharma, Otsuka Pharmaceutical, and Vifor Pharma. Tamás Molnar has served as a speaker and/or on the advisory board for AbbVie, Bristol Myers Squibb, Celgene, Dr. Falk, Egis, Ferring Pharmaceuticals, Fresenius Kabi, Janssen-Cilag, MSD, Mundipharma, Nutricia, Pfizer, Phytoce, Takeda, Teva, Sandoz, and Vifor Pharma; and received research grants from AbbVie, Pfizer, Takeda, and Vifor Pharma. Mark Löwenberg has served as speaker and/or principal investigator for AbbVie, Alimentiv, Bristol Myers Squibb, Celgene, Covidien, Dr. Falk, Ferring Pharmaceuticals, Galapagos, Gilead, GlaxoSmithKline, Janssen-Cilag, Merck Sharp & Dohme, Pfizer, Protagonist Therapeutics, Receptos, Takeda, Tillotts, and Tramedico; and received research grants from AbbVie, Merck Sharp & Dohme, Dr Falk, Achmea Healthcare, Galapagos, and ZonMW. Jonas Halfvarson has received personal fees for serving as a speaker, a consultant, and/or on the advisory board for AbbVie, Aqilion AB, Celgene, Celtrion, Dr. Falk Pharma and the Falk Foundation, Ferring, Galapagos, Gilead, Hospira, Index Pharma, Janssen, MEDA, Medivir, MSD, Novartis, Olink Proteomics, Pfizer, Prometheus Laboratories, Sandoz, Shire, Takeda, Thermo Fisher Scientific, Tillotts Pharma, Vifor Pharma, and UCB; and received grant support from Janssen, MSD, and Takeda, outside of the submitted work. Edyta Zagorowicz has received speaker fees from Janssen, Sandoz, Pfizer, and Takeda; and consulting fees from Takeda, Janssen, Sandoz, Ferring, and BMS. Cédric Baumann has received speaker fees from Takeda. Filip Baert has served as a consultant and/or speaker for AbbVie, Arena, Celtrion, Falk, Ferring, Janssen, Mundipharma, MSD, Pfizer, Sandoz, Takeda, Vifor; and received research grants from AbbVie, Amgen, Chiesi, Ipsen, Janssen, and MSD. Laurent Beaugerie has received consulting fees from BMS, Janssen, Nordic Pharma, and Mylan; lecture fees from AbbVie, BMS, Janssen, MSD, Ferring, and Takeda; and research support from AbbVie, Celtrion, Ferring Pharmaceuticals, Hospira-Pfizer, Janssen, MSD, Mylan, Takeda, and Tillotts. The remaining author discloses no conflicts.

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**A****B**

Supplementary Figure 1. I-CARE: history, contributors and data flow.



Supplementary Figure 1. Continued

Supplementary Table 1. Family History of IBD or Cancer

	Total (N = 10,206)		Ulcerative Colitis or IBD Unclassified (n = 4037 [39.6%])		Crohn's Disease (n = 6169 [60.4%])		<i>P</i> <sup>a</sup>
	n	%	n	%	n	%	
Family history of IBD							.0263
No	8442	88.1	3382	89.0	5060	87.5	
Yes	1141	11.9	418	11.0	723	12.5	
Missing	623		237		386		
Family history of lymphoma, colorectal cancer, melanoma, breast cancer							.0201
No	8485	88.7	3333	87.7	5152	89.1	
Yes	1085	11.3	466	12.3	619	10.7	
Missing	636		238		398		

IBD, inflammatory bowel disease.

<sup>a</sup>Chi-square test.

**Supplementary Table 2.** Previous Surgeries

	Total (N = 10,206)		Ulcerative Colitis or IBD Unclassified (n = 4037 [39.6%])		Crohn's Disease (n = 6169 [60.4%])		P <sup>a</sup>
	n	%	n	%	n	%	
Previous surgery							<.0001
No	7473	73.2	3877	96.0	3596	58.3	
Yes	2733	26.8	160	4.0	2573	41.7	
Proximal small bowel resection							<.0001
No	10,004	98.0	4036	100.0	5968	96.7	
Yes	202	2.0	1	0.0	201	3.3	
Ileocecal or ileal resection							<.0001
No	8699	85.2	4034	99.9	4665	75.6	
Yes	1507	14.8	3	0.1	1504	24.4	
Stricturoplasty							<.0001
No	10,082	98.8	4036	100.0	6046	98.0	
Yes	124	1.2	1	0.0	123	2.0	
Segmental colectomy							<.0001
No	9855	96.6	4025	99.7	5830	94.5	
Yes	351	3.4	12	0.3	339	5.5	
Subtotal colectomy with ileorectal anastomosis							<.0001
No	10,039	98.4	4015	99.5	6024	97.6	
Yes	167	1.6	22	0.5	145	2.4	
Total proctocolectomy with ileoanal anastomosis							.7557
No	10,119	99.1	4004	99.2	6115	99.1	
Yes	87	0.9	33	0.8	54	0.9	
Surgical drainage of abdominal abscess							<.0001
No	10,038	98.4	4028	99.8	6010	97.4	
Yes	168	1.6	9	0.2	159	2.6	
Permanent stoma							<.0001
No	10,085	98.8	4036	100.0	6049	98.1	
Yes	121	1.2	1	0.0	120	1.9	
Perianal surgery							<.0001
No	9345	91.6	3982	98.6	5363	86.9	
Yes	861	8.4	55	1.4	806	13.1	

IBD, inflammatory bowel disease.

<sup>a</sup>Chi-square test.

**Supplementary Table 3.** Previous 5-ASA and Corticosteroid Treatments

	Total (N = 10,206)		Ulcerative Colitis or IBD Unclassified (n = 4037 [39.6%])		Crohn's Disease (n = 6169 [60.4%])		P <sup>a</sup>
	n	%	n	%	n	%	
Any oral form of 5-ASA							<.0001
No	5967	63.6	2679	72.2	3288	58.0	
Yes	3413	36.4	1034	27.8	2379	42.0	
Missing	826		324		502		
Foam, suppositories, or enema form of 5-ASA							<.0001
No	7223	76.4	2086	55.5	5137	90.2	
Yes	2229	23.6	1670	44.5	559	9.8	
Missing	754		281		473		
Any form of systemic corticosteroids							.0063
No	3223	34.1	1344	35.7	1879	33.0	
Yes	6237	65.9	2420	64.3	3817	67.0	
Missing	746		273		473		
Budesonide							<.0001
No	7474	79.0	3496	92.8	3978	69.9	
Yes	1990	21.0	270	7.2	1720	30.1	
Missing	742		271		471		
Budesonide MMX							<.0001
No	9383	98.9	3701	98.2	5682	99.4	
Yes	106	1.1	69	1.8	37	0.6	
Missing	717		267		450		
Beclometasone							<.0001
No	9057	95.4	3425	90.9	5632	98.4	
Yes	434	4.6	344	9.1	90	1.6	
Missing	715		268		447		

5-ASA, mesalamine; IBD = inflammatory bowel disease.

<sup>a</sup>Chi-square test.

**Supplementary Table 4.** Previous Immunomodulator Treatments

	Total (N = 10,206)		Ulcerative Colitis or IBD Unclassified (n = 4037 [39.6%])		Crohn's Disease (n = 6169 [60.4%])		P <sup>a</sup>
	n	%	n	%	n	%	
Azathioprine							<.0001
No	7070	69.3	3161	78.3	3909	63.4	
Yes	3136	30.7	876	21.7	2260	36.6	
Azathioprine: estimated duration of treatment before entry in I-CARE							
<1 y	1488	48.4	473	55.1	1015	45.8	
1 y	302	9.8	76	8.8	226	10.2	
2 y	309	10.1	79	9.2	230	10.4	
3 y	182	5.9	45	5.2	137	6.2	
4 y	163	5.3	45	5.2	118	5.3	
5 y	128	4.2	34	4.0	94	4.2	
6 y	119	3.9	28	3.3	91	4.1	
7 y	81	2.6	25	2.9	56	2.5	
8 y	57	1.9	12	1.4	45	2.0	
9 y	42	1.4	5	0.6	37	1.7	
10 y	47	1.5	8	0.9	39	1.8	
11 y	37	1.2	9	1.0	28	1.3	
12 y	36	1.2	4	0.5	32	1.4	
13 y	23	0.7	5	0.6	18	0.8	
14 y	11	0.4	4	0.5	7	0.3	
15 y	9	0.3	1	0.1	8	0.4	
16 y	13	0.4	1	0.1	12	0.5	
17 y	9	0.3	0	0.0	9	0.4	
18 y	4	0.1	1	0.1	3	0.1	
20 y	5	0.2	1	0.1	4	0.2	
21 y	2	0.1	0	0.0	2	0.1	
22 y	1	0.0	1	0.1	0	0.0	
24 y	1	0.0	0	0.0	1	0.0	
25 y	1	0.0	1	0.1	0	0.0	
26 y	1	0.0	0	0.0	1	0.0	
29 y	1	0.0	0	0.0	1	0.0	
>30 y	1	0.0	1	0.1	0	0.0	
Missing	63		17		46		
6-Mercaptopurine							<.0001
No	9728	95.3	3890	96.4	5838	94.6	
Yes	478	4.7	147	3.6	331	5.4	
6-Mercaptopurine: estimated duration of treatment before entry in I-CARE							
<1 y	330	70.5	100	68.5	230	71.4	
1 y	44	9.4	15	10.3	29	9.0	
2 y	24	5.2	7	4.8	17	5.3	
3 y	20	4.3	4	2.7	16	5.0	
4 y	10	2.1	5	3.4	5	1.6	
5 y	6	1.3	3	2.1	3	0.9	
6 y	8	1.7	4	2.7	4	1.3	
7 y	6	1.3	3	2.1	3	0.9	
8 y	6	1.3	3	2.1	3	0.9	
9 y	4	0.9	1	0.7	3	0.9	
10 y	2	0.4	0	0.0	2	0.6	
11 y	2	0.4	1	0.7	1	0.3	
12 y	2	0.4	0	0.0	2	0.6	
14 y	1	0.2	0	0.0	1	0.3	
15 y	1	0.2	0	0.0	1	0.3	
16 y	1	0.2	0	0.0	1	0.3	
18 y	1	0.2	0	0.0	1	0.3	
Missing	10		1		9		
Methotrexate							<.0001
No	9568	93.7	3931	97.4	5637	91.4	
Yes	638	6.3	106	2.6	532	8.6	

Supplementary Table 4. Continued

	Total (N = 10,206)		Ulcerative Colitis or IBD Unclassified (n = 4037 [39.6%])		Crohn's Disease (n = 6169 [60.4%])		<i>P</i> <sup>a</sup>
	n	%	n	%	n	%	
Methotrexate: estimated duration of treatment before entry in I-CARE							
<1 y	316	51.2	59	57.8	257	49.9	
1 y	99	16.0	15	14.7	84	16.3	
2 y	86	13.9	14	13.7	72	14.0	
3 y	33	5.3	6	5.9	27	5.2	
4 y	28	4.5	4	3.9	24	4.7	
5 y	14	2.3	0	0.0	14	2.7	
6 y	13	2.1	0	0.0	13	2.5	
7 y	10	1.6	2	2.0	8	1.6	
8 y	7	1.1	0	0.0	7	1.4	
9 y	3	0.5	0	0.0	3	0.6	
10 y	5	0.8	1	1.0	4	0.8	
12 y	1	0.2	1	1.0	0	0.0	
14 y	1	0.2	0	0.0	1	0.2	
15 y	1	0.2	0	0.0	1	0.2	
Missing	21		4		17		

I-CARE, IBD Cancer and serious infections in Europe; IBD, inflammatory bowel disease.

<sup>a</sup>Chi-square test.

**Supplementary Table 5.** Previous Biological Treatments

	Total (N = 10,206)		Ulcerative Colitis or IBD Unclassified (n = 4037 [39.6%])		Crohn's Disease (n = 6169 [60.4%])		P <sup>a</sup>
	n	%	n	%	n	%	
Infliximab							<.0001
No	7790	82.2	3286	86.6	4504	79.2	
Yes	1690	17.8	507	13.4	1183	20.8	
Missing	726		244		482		
Infliximab: estimated duration of treatment before entry in I-CARE							
<1 y	743	44.8	249	49.8	494	42.6	
1 y	269	16.2	92	18.4	177	15.3	
2 y	247	14.9	62	12.4	185	15.9	
3 y	145	8.7	36	7.2	109	9.4	
4 y	93	5.6	25	5.0	68	5.9	
5 y	55	3.3	12	2.4	43	3.7	
6 y	27	1.6	8	1.6	19	1.6	
7 y	30	1.8	7	1.4	23	2.0	
8 y	11	0.7	2	0.4	9	0.8	
9 y	16	1.0	3	0.6	13	1.1	
10 y	7	0.4	2	0.4	5	0.4	
11 y	4	0.2	1	0.2	3	0.3	
12 y	5	0.3	0	0.0	5	0.4	
13 y	1	0.1	1	0.2	0	0.0	
14 y	2	0.1	0	0.0	2	0.2	
15 y	4	0.2	0	0.0	4	0.3	
17 y	1	0.1	0	0.0	1	0.1	
Missing	30		7		23		
Adalimumab							<.0001
No	8186	86.0	3515	92.3	4671	81.8	
Yes	1334	14.0	292	7.7	1042	18.2	
Missing	686		240		456		
Adalimumab: estimated duration of treatment before entry in I-CARE							
<1 y	562	42.9	184	64.1	378	36.9	
1 y	242	18.5	51	17.8	191	18.7	
2 y	185	14.1	27	9.1	158	15.4	
3 y	131	10.0	13	4.5	118	11.5	
4 y	71	5.4	7	2.4	64	6.3	
5 y	44	3.4	2	0.7	42	4.1	
6 y	36	2.7	0	0.0	36	3.5	
7 y	17	1.3	1	0.3	16	1.6	
8 y	10	0.8	0	0.0	10	1.0	
9 y	4	0.3	1	0.3	3	0.3	
10 y	6	0.5	1	0.3	5	0.5	
11 y	2	0.2	0	0.0	2	0.2	
17 y	1	0.1	0	0.0	1	0.1	
Missing	23		5		18		
Certolizumab pegol							<.0001
No	9501	99.4	3805	99.8	5696	99.1	
Yes	60	0.6	6	0.2	54	0.9	
Missing	645		226		446		
Certolizumab: estimated duration of treatment before entry in I-CARE							
<1 y	35	59.3	2	33.3	33	62.3	
1 y	14	23.7	2	33.3	12	22.6	
2 y	4	6.8	0	0.0	4	7.5	
3 y	4	6.8	1	16.7	3	5.7	
4 y	1	1.7	0	0.0	1	1.9	
5 y	1	1.7	1	16.7	0	0.0	
Missing	1		0		1		

Supplementary Table 5. Continued

	Total (N = 10,206)		Ulcerative Colitis or IBD Unclassified (n = 4037 [39.6%])		Crohn's Disease (n = 6169 [60.4%])		<i>P</i> <sup>a</sup>
	n	%	n	%	n	%	
Golimumab							<.0001
No	9347	98.5	3700	97.1	5717	99.4	
Yes	141	1.5	109	2.9	32	0.6	
Missing	648		228		420		
Golimumab: estimated duration of treatment before entry in I-CARE							
<1 y	95	68.8	74	67.9	21	72.4	
1 y	25	18.1	22	20.2	3	10.3	
2 y	11	8.0	9	8.3	2	6.9	
3 y	6	4.3	4	3.7	2	6.9	
4 y	1	0.7	0	0.0	1	3.4	
Missing	3		0		3		
Vedolizumab							.0030
No	9392	98.5	3753	98.9	5639	98.2	
Yes	147	1.5	41	1.1	106	1.8	
Missing	667		243		424		
Vedolizumab: estimated duration of treatment before entry in I-CARE							
<1 y	91	63.2	29	72.5	62	59.6	
1 y	32	22.2	6	15.0	26	25.0	
2 y	16	11.1	3	7.5	13	12.5	
3 y	4	2.8	2	5.0	2	1.9	
4 y	1	0.7	0	0.0	1	1.0	
Missing	2		1		1		
Ustekinumab							.0002
No	9518	99.6	3807	99.9	5711	99.4	
Yes	38	0.4	4	0.1	34	0.6	
Missing	650		226		424		
Ustekinumab: estimated duration of treatment before entry in I-CARE							
<1 y	28	73.7	3	75.0	25	73.5	
1 y	4	10.5	0	0.0	4	11.8	
2 y	2	5.3	1	25.0	1	2.9	
3 y	1	2.6	0	0.0	1	2.9	
4 y	3	7.9	0	0.0	3	8.8	

I-CARE, IBD Cancer and serious infections in Europe; IBD, inflammatory bowel disease.

<sup>a</sup>Chi-square test.

**Supplementary Table 6.** History of Cancer

	Total (N = 10,206)		Ulcerative Colitis or IBD Unclassified (n = 4037 [39.6%])		Crohn's Disease (n = 6169 [60.4%])		P <sup>a</sup>
	n	%	n	%	n	%	
Personal history of cancer							.0395
No	9908	97.1	3902	96.7	6006	97.4	
Yes	298	2.9	135	3.3	163	2.6	
Dysplasia colon							.1574
No	10,186	99.8	4026	99.7	6160	99.9	
Yes	20	0.2	11	0.3	9	0.1	
Dysplasia esophagus							.2827
No	10,203	100.0	4037	100.0	6166	100.0	
Yes	3	0.0	0	0.0	3	0.0	
Dysplasia uterine cervix (only CIN 3)							.1496
No	10,135	99.3	4003	99.2	6132	99.4	
Yes	71	0.7	34	0.8	37	0.6	
Dysplasia uterine cervix (only women)							.0756
No	5314	98.7	1998	98.3	3316	98.9	
Yes	71	1.3	34	1.7	37	1.1	

IBD, inflammatory bowel disease.

<sup>a</sup>Chi-square test or Fisher's exact test.

**Supplementary Table 7.** History of Vaccination and Infection

	Total (N = 10,206)		Ulcerative Colitis or IBD Unclassified (n = 4037 [39.6%])		Crohn's Disease (n = 6169 [60.4%])		P <sup>a</sup>
	n	%	n	%	n	%	
Human papillomavirus vaccine							.6856
No	6088	93.8	2443	94.0	3645	93.7	
Yes	404	6.2	158	6.0	246	6.3	
Missing	3714		1436		2278		
Hepatitis B vaccine							.0379
No	2646	43.5	1093	45.1	1553	42.4	
Yes	3441	56.5	1331	54.9	2110	57.6	
Missing	4119		1613		2506		
Pneumococcus vaccine							<.0001
No	4031	64.9	1762	71.6	2269	60.5	
Yes	2184	35.1	700	28.4	1484	39.5	
Missing	3991		1575		2416		
BCG vaccine							.4242
No	2609	46.1	1074	46.8	1535	45.7	
Yes	3046	53.9	1222	53.2	1824	54.3	
Missing	4551		1741		2810		
Herpes zoster							.7668
No	5984	97.4	2426	97.5	3558	97.3	
Yes	160	2.6	63	2.5	97	2.7	
Missing	4062		1548		2514		
Confirmed symptomatic mononucleosis							.2027
No	7178	95.0	2910	95.4	4268	94.8	
Yes	376	5.0	140	4.6	236	5.2	
Missing	2652		987		1665		

BCG, Bacille Calmette-Guerin; IBD, inflammatory bowel disease.

<sup>a</sup>Chi-square test.