

***Fields of Vision in Africa:
Navigating Researcher Vulnerability at Home and Abroad***

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Introduction

The Field of Vision: Reflexivity and Positionality Here and There

Eds. An Ansoms, Aymar Nyenyezi and Susan Thomson

Field research is not what it used to be. Qualitative researchers working in violent or conflict-affected are engaged in a series of ethical, methodological, logistical, emotional and professional compromises, from design to write up to publication. We juggle the demands of being a researcher and being human—of balancing the recording of data with emotional demands of listening, of analyzing and reporting personal, and often contradictory, narratives in ways that meet, and ultimately challenge, disciplinary standards. This book is a product of this balancing act. Each contributor to this volume embraces the complex and contradictory humanity of those who participated in their research, as well as their own, as a matter of minimum ethical practice. Indeed, simply talking to people is a process fraught with multiple ethical and practical concerns. And these concerns matter all the more for those working in violent or conflict-affected locales (Campbell 2017; Cronin-Furman and Lake 2017; Thomson, Ansoms, and Murison 2013).

Balancing the human effects of fieldwork, on the researched, researcher, assistants, intermediaries and gatekeepers, community members, and others, is the overarching theme of this book. After all, it is people who commit violence, experience violence, and it is people who recover from its effects, as individuals and as members of local and national communities. The challenge, of course, is how to separate feelings from analysis, something each of the chapters that follow engage with in one way or another. In the Western canon, researchers have been disciplined to produce scientific knowledge that separates feelings from analysis, rationality from vulnerability. Our collection of essays challenges disciplinary boundaries to illustrate the intellectual value of recognizing and grappling with our emotions as researchers and as human beings. In foregrounding the emotions of the researcher, the researched and the many on-the-ground collaborators, our collection lays bare the process of grappling with one's emotions, and how 'feelings' inform and shape our process of data collection, interpretation, write-up and dissemination. Said otherwise, the ways in which researchers understand the range of emotions they experience in the field during the reflective stage of writing up is a critical epistemological self-observation. As such, our authors embrace an interpretivist dialectic in which feelings informs their analysis and their analyses gives meaning to how they make sense of the people they study. The result is a collection of essays that reveal the ambiguities and inconsistencies that emerge at all stages of fieldwork—from design to dissemination. Each of the contributors thinks of fieldwork in broad terms rather than narrow ones. In eschewing traditional disciplinary boundaries, they reveal the value of honestly reflecting on how their positionality shapes the 'what' and 'how' of researching lives lived in violence.

Once the primary domain of anthropologists, fieldwork has become an important method to understand and explain lives lived in violence.¹ Researchers working and living in violent

¹ Each of the contributors to this volume understand violence along a continuum of harms, recognising that everyday forms of violence can provide the necessary environmental conditions for physical violence when the political context is conducive. Civil wars, for example, often have their roots in less dramatic everyday acts: exploitation, marginalization, powerlessness, and cultural imperialism (Kalyvas 2006; Straus 2015, 273-321; Thomson forthcoming; Young 2004, 37-62). Indeed, social scientists have documented the ways in which repressive political regimes that rest on physical violence of torture, terror

settings are often motivated to identify the drivers of violence, to document human rights abuses, and to learn how individuals and communities recover from violence. For many researchers, including those who contributed to this book, the underlying rationale is to study and record the lives of people, who, historically speaking, would otherwise remain unknown, or whose stories are told by local elites or foreign humanitarians. Central to this mode of understanding violence from the perspective of those subject to it are systematic and careful efforts to diminish the distinction between the researcher-as-authority and the informant-as-subject. This is the unifying theme of the chapters that follow. Each contributor presents a personal essay that illustrates the importance of understanding the Self as an instrument of knowledge production. In so doing, our authors affirm something that all field-based researchers know—academic knowledge develops out of specific social and political contexts and in collaboration with a variety of actors, most notably the people who consent to take part in our research.

Each of the contributing authors are committed to working closely with local actors, to reflect on their presence in the lives of people they know, whether personally or professionally, to assess how these relationships are at the heart of the how they know what they know, and to recognize the challenges of separating one's private life from their professional lives. To illustrate our point, we have compiled a diverse range of scholars, at different stages of their academic lives and based in multiple locations in Africa, Europe and North America

Implicit in each chapter is the fundamental belief that that first duty of scholars is the ethical treatment of the people affected by our research. This obviously includes those who consent to participate in our interviews and focus groups; it also includes community members, assistants, translators, and others 'in the field' as well as peer reviewers, colleagues, students and other end-users, including members of diasporic communities and simply interested members of the general public, whether at home or abroad.

Of particular merit is the contribution of Africa-born researchers working in African locations, many of them in their countries of origin. The intellectual perspectives and emotional issues they bring to research are sadly rare in the academy, as their expertise is often mined without attribution or, depending on the type of publication, in a footnote as an assistant, fixer or translator. In bringing together this collection of scholars from the continent, our collection offers novel ways to think about reflexivity and positionality in their own words and through their own epistemological lens. The ethical, emotional and practical realities of being an 'inside-insider' make fieldwork all the more challenging, thus providing important lessons and advice for qualitative researchers, as their nuanced understanding of research at or with 'home' provides valuable guidance to anyone thinking of fieldwork.

Indeed, as scholars know all too well, the production of knowledge obeys disciplinary standards; the primary one being that what we know is preceded by what we think—that is our implicit and explicit biases—which in turn determine our methodology and methods (Simon 1979). In other words, presumed *a priori* knowledge informs what is possible for us, as individuals to know, and how we think we know it determines what counts as knowledge. Context, historical,

and other human rights abuses reproduce the violence that brought them to power in the first place (Das 2007; Desrosiers and Thomson 2011; Jones 2009; Kesselring 2017; Scheper-Hughes 2004). Even as the victors proclaim peace, everyday forms of violence persist, and are often made more pointed in society through a series of 'little' violences found in the structures, habitus, and mentalities of everyday life, of what Mbembe calls 'the intimacy of tyranny' (1992, 22). Each of the contributors to this volume acknowledge that all societies are marked by everyday forms of violence. What differs is how violence is made real in people's lives, and how everyday violence is sanctioned or legitimated by the state.

political, social, and so on, is a critical factor in challenging what we think we know, or what we think we need to know about a particular event, place or people. As such, bringing together a diverse range of scholars from a variety of backgrounds enlivens what counts as knowledge in the confines of the Western academy while generating new ways of thinking about what we think we know, and how.

Reflexivity and Positionality in Research

We are hardly the first to center the Self as an instrument of knowledge. Indeed, anthropologists, oral historians, philosopher, and sociologists have long done so, in myriad locations and among those who study the politics of the ‘everyday’² and the politics of emotions in a given context (e.g. Blee 1993; Fraser 1979; Fujii 2010; Jessee 2017; Kobayashi 1994; Morgan 1983; Sayigh 1998; Thomson 2010; White 2000). However, in this volume, our focus provides an interior perspective—of the private thoughts and personal choices—that researchers make in and after fieldwork, something anthropologists also consider but rarely in conflict-affected locales (but see McLean and Leibing 2007; Robben and Sluka 2012). As such, this is a volume that addresses two key principles of ethical fieldwork, regardless of field site, disciplinary training or the intersecting identities of the researcher: Reflexivity and positionality. Underpinning each chapter is the linking of questions of how best to do fieldwork with how to evaluate what our participants and others tell us. To do so, each author merges methodology with epistemology as a central component of analysing and critiquing the twin concepts of reflexivity and positionality in studying lives lived in violence (Akello 2012; Berger 2015; Bouka 2015; Fujii 2016; Madlingozi 2010; Owor Ogora 2013; Probst 2015; Wood 2006).

Our collection focuses on reflexivity and positionality as a minimum standard of ethical practice for researchers working violent settings or conflict zones. Feminists have long considered the influence and effect of reflexivity and positionality as central to ethical practice that is sensitive to power relations in qualitative research (e.g., Jagger 2014). Our collection takes this intellectual tradition forward in conflict and violence-affected settings. Indeed, anyone who carefully reads the bibliographies of each chapter in this volume will be rewarded with knowledge of a broad range of decolonial, feminist, and interpretative scholarship on methods and methodology. Contributors thus explain who they are, and how their person informs how they see, smell and feel their research terrain. Each display an embodied sense of wonder and curiosity that drives their research, a method to be embraced for its ability to capitalize on the inevitable surprises and disruptions that are the hallmark of research (Lobo-Guerrero 2013, 28; Janesick 2003).

We center reflexivity and positionality as the organizing concepts of the chapters that follow, to explicitly call for greater reflexivity as a way to manage the inevitable range of emotions that accompany fieldwork, and to harness the interpretative and analytical value of a range of emotions in- and beyond the field. Authors deploy reflexivity as an interpretative device that includes not only theorizing about the role of the Self in all stages of the research process, but also to assess the social and political context from which their identity is derived, notably their class, gender, and race. Examination of one’s positionality is central to the process of knowledge production, as personal values, world views and structural locations in a given social, historical and political context influence how one understands the world in which we live and work. In

² The concept of ‘the everyday’ allows analysts to identify and theorise the unwritten and informal rules of everyday life. For a summary of the concept as employed by social theorists, see Kalekin-Fishman 2013.

adopting a reflexivity-positionality approach, our authors do more than engage in a sustained process of self-evaluation that Berger (2015, 200) calls ‘the process of continued internal dialogue.’ Taken together, they illustrate the importance of theorizing informal observations in the field (Djelloul; Nyenyezi; Vlavanou; and Vuninga) and heightening the researcher’s ethical awareness of working relationships forged in the research process (Ansoms; Mudinga; and Thomson).

In offering their reflections on the reflexivity-positionality dialectic, our authors collectively analyze the importance of sustained engagement with the ethical elements of fieldwork. And, foregrounding the power imbalances that mark various relationships of academic work—from representatives of ethics review boards and dissertation supervisors, to local actors as well as peer reviewers and readers—can contribute to the integrity and rigour of the research project. In becoming aware of and theorizing the Self, researchers ‘can turn unplanned, unscripted, and unstructured observations [...] into valuable sources of data and insight (Fujii 2014, 1150; Manning 2017). In other words, context matters as it determines how the researcher relates to people and place, as well as time and space. Understanding and explaining socio-political and historical context is as much about embodied reactions as it is about material and analytical ones.

Epistemology, Methodology and Method

In eschewing a narrowly technical discussion of methodology in favour of an explicit reflexivity-positionality hermeneutic, our analysis critiques and ultimately rejects a positivist perspective. All the same, we remain mindful that the institutional ethics review boards, particularly in the United States, United Kingdom, South Africa and Canada, operate within a positivist frame that positions the researcher as an objective observer whose task it is to report in a value-free what they found in the field. While we agree with the minimal ethical standard of ‘do no harm,’³ we question the approach of ethics as a matter of morality aligned to universally defined values of how-to act ethically. The result is a checklist of how to meet ethical standards (of consent, anonymity, confidentiality and so on), rather than a process designed to develop an embodied ethical sensibility. Research ethics are an on-going responsibility, not a discrete task (Fujii 2012; Thaler 2019). For example, scholars based at American universities, or those outside the US who find themselves subject to American ethics protocols through collaboration, have rightfully argued against the ethical imperialism of the American system (e.g, Schrag 2006, 2010; Yanow and Schwartz-Shea 2008) while pushing back on its positivist protocols (Thomson 2013b; Yanow and Schwartz-Shea 2016).

To challenge the weight of the positivist paradigm on research with human subjects, particularly in the social sciences, we take inspiration from the work of Sandra Harding to distinguish the three elements embedded in how we do research: epistemology, methodology, and method (Harding 1987). An epistemology is a theory about knowledge, specifically who can know what and under what circumstances valid knowledge can be produced. A method is a technique

³ For example, the Belmont Report holds that the foremost ethical obligation of researchers, and thus their very first duty is to the ethical treatment of human subjects (US Department of Health and Human Services 1979). The Report follows from decades of unethical treatment in various experiments with human subjects, including the revelation of Nazi experimentation after WWII, the Milgram experiment at Yale University, and the Tuskegee experiments, in which hundreds of black men of African descent were injected with syphilis. For analysis of these experiments, and their role in creating the current ethics framework and resulting protocols, see Jones 1993; Schrag 2010.

for gathering and analyzing information that becomes data through interpretation. Information is gathered by listening, watching, and studying documents and other materials (film, newspapers, websites, and so on). Researchers then organize data through the conceptual frameworks we, as individuals, bring to the information, and by looking for patterns or themes. The choices researchers make of how to use these methods (interviews, focus groups, archives, etc) are one's methodology. Each methodology is based on often unexamined (but sometimes explicit) assumptions about what knowledge is and how knowing is best accomplished (Ladson-Billings 2003; Leonardo 2018).

In decoupling the elision of method and epistemology, methodology emerges as a site to work out how we can do what we do. Part of this decoupling is making space for self-dialogue about reflexivity and positionality. Thinking deeply and in a sustained way about the role of the Self in all phases of the research process allows us to ask questions that mediate the reflexivity-positionality framework we employ: Is, for example, the way we gather and interpret data consistent with how we think knowledge should be created or disseminated? (Ansoms). Of how our participants think knowledge should be created? (Djelloul, Vuninga) And to whom do we owe an answer? (Mudinga, Thomson) What kind of assumptions underlie how we approach the field, the questions we ask, the relationships we make, how we listen to and engage with research participants and others? (Ansoms, Vlavanou) Is how we interpret our data to make claims about the way things are consistent with what actually happened (Nyenyezi)? This handful of questions that researcher could ask themselves puts the technical details of method and methodology into social and political context that in turn provides an avenue for analysis of the role of researcher emotion, and the consequence of emotionality, squarely in the realm of how we know what we know.

As our authors collectively demonstrate, their individual confrontation with the subjective element of a range of emotions—pain, fear, hope, empathy and more—provides an avenue for critical reflexivity as a method (Deleuze 1986; Foucault 1980). As such, we view the personal insights of our authors as an academically subversive exercise. In foregrounding their multiple and varied ways of reflecting on their work as researchers and their human responses to their work, each essay in our collection demonstrates how reflexivity and positionality are part and parcel of the process of knowledge production.

Ignored Voices, Hidden Researchers

Disciplinary norms of publication favour a completed evaluation and analysis. Ignored or downplayed in the process of being in the field, are the searching, confusion, boredom, dead-ends and internal debates that precede publication. The Self is hidden in favour of academic authority. Yet, our analysis is a product of people's words, silences, body-language, histories, choices and place. Each interaction is imbued with the emotion of feeling, living, breathing, thinking humans, both positive and negative, heightened in many cases by the post-conflict or violent setting (Carpenter 2012; Chakravarty 2012; Lawther, Killeen, and Dempster 2019; Shesterinina 2018). Until recently, academic authors are to present themselves as neutral, or to not to represent themselves at all. The norm of scholarly writing requires that the author is seen but not heard in the text; third-person and often-passive voice predominate (e.g., it was found), rather than the active and more honest, 'I found' or 'I experienced.' There has been in the last 15 years or so a move away from strictly neutral authorial voice, as journals and presses make space for the personal motivations and ethical choices of field work (MacLean *et al.* 2019).

However, despite this promising progress, the reality remains that much of the discussion on the emotional anxieties, fears, empathy, anger and guilt of personal experience of research, and their role in the production of knowledge are relegated to prefaces, appendices and memoirs of books or the ‘notes’ or ‘reflections’ sections of journals. And, very few of these personal narratives are provided by researchers working at home, or from country or regional specialists with long-term field-based relationships, and for activists or practitioners who also undertake research. These researchers have a wealth of practical ethical and emotional experiences that different in scope from the stereotypical foreign researcher whose presence predominates in the literature on fieldwork ethics in conflict settings (e.g., Cramer, Hammond and Pottier 2011; Grimm *et al.* 2019; Mazurana, Jacobson, and Gale 2014; Nordstrom and Robben 1995; Smyth and Robinson 2001; Sriram *et al.* 2009; Thomson, Ansoms, and Murison 2013a).

The silence around the ‘unsaid’ of research is further enhanced by something the Western academy culture of ‘publish-or-perish’ considers anathema. Academics are to publish within the hierarchy of scholarship (peer-reviewed books, articles and chapters), teaching (textbooks) and service (blogs, media interviews). Publications for hiring, promotion and tenure are valued in this order—with research published in ‘prestigious’ journals or presses garnering greater professional reward, at least in the Anglophone academy.⁴ Publishing standards and norms conflict with more than the goals of the academic merit system, as scholarship favours of technical language and disciplinary jargon, in turn restricting the scope for getting the perspective of the researched, the researcher, and the everyday socio-political context under study. Indeed, what counts as superior field research is often a product of dissertation supervisors, peer reviewers or editors, who get to decide the scientific value of data produced. Implicit in this reality are assumptions about who can ask what kinds of questions, where, how and with whom. Lost in these structural barriers is the push-and-pull of internalized ideals of what it takes to get published and the emotional reality of research in violent settings.

The demands of conforming to publication metrics set by the market-oriented logic of publish-or-perish, whatever the personal cost, has two major consequences. It deprives the researcher from the much-needed time to consider issues of epistemology, method, and methodology; and it pushes researchers to ignore questions around the emotional vulnerabilities of the work. First, slowing down to consider issues of epistemology, method, and methodology - through a reflexive-positionality framework – is crucial. It is only in this way that the researcher can find the much-needed space for discussing on what should be core to the research endeavor. What counts as knowledge in the social sciences? How can we ‘dis-orient’ academic ways of knowing and doing? In which ways can we aim to not fix or essentialize either the researched and the researcher, or the time and place in which the research was carried out (Leonardo 2018; Said 2000; Smith 2012)? Our nod to time and space is crucial here, as we are fundamentally arguing that the researcher is an instrument of knowledge and, as such, the method we choose is both a technical and political choice. Our access to a particular field site, or our perspectives about the topic under study, may change over time. While more time can allow for deeper engagement with people and place, as we see in the chapters of Ansoms, Nyenyezi, Vuninga, and Thomson, time can also heighten the emotional and social intensity of fieldwork as well as the expectations of ‘home,’ whether narrowly- or broadly-defined, as Djelloul, Mudinga, and Vlavanou discuss in their respective chapters.

⁴ We know that different institutions value publications differently, based on the teaching and advising expectations of faculty, based on our own experiences based in Belgium and the United States, as well as in our mentoring in Canada, Democratic Republic of Congo, Kenya, Rwanda and South Africa.

Second, it is crucial for the researcher to have the necessary space to question how emotional pain affects the demeanour of researcher, both in the field and on the page. How does the violence that researchers witness or experience, affect their analytical lenses, and the way in which they interact with participants, colleagues, community members and others, as well as the research environment? Our contribution to debates about emotional vulnerabilities in research, notably the particular challenges faced by African-born colleagues working in African field sites, whether at home or abroad. In addition, in writing in English, our authors are working in their third or fourth language, no small feat. As such, we consciously chose, in consultation with authors, to produce an edited book, to allow contributors to express themselves with greater vulnerability than the peer review process leading to special issue of a journal might allow.

Each contributor to this book has struggled in one way or another to bridge the chasm between our public academic life and our private struggles. In many ways, we have each managed to work with limited institutional support for our mental health, as communities of care for those of us working in violent settings, are limited (cf., Theidon 2014). Where they do exist, it often a product of the researcher taking the initiative with a handful of trusted confidantes. We confine ourselves to people we trust and care about, and who trust and care about us. However, the space for broader reflexivity around our inner anxieties as normal human responses to violence is limited and often undervalued, or misunderstood as narcissistic by dissertation committees, editors, and senior colleagues who hire and promote us. In advocating for recognition of the human dimension of research, our reflexive-positionality dialectic illustrates that emotions can add to the rigor of the information gathered, and the overall integrity of the research process by ensuring greater accountability for the claims and arguments made. This, in turn, gives editors, peer reviewers, dissertation advisors and job search committees a chance to evaluate the findings with confidence. And, finally, in a nod to the transparency we crave in the academy, we clarify the reciprocal co-mentoring relationships that underpin our collection. An Ansoms worked most closely with Djelloul, Nyenyezi, and Thomson; Aymar Nyenyezi Bisoka with Ansoms and Mudinga; and Susan Thomson with Vlavonou and Vuninga. Many of our authors sought additional feedback and engagement with their individual chapters, and these readers are acknowledged in the footnotes of the chapter in question.

How We Have Organized the Book

Our collection of essays is shaped by a willingness of each contributor to engage with the emotions and vulnerability that in turn make plain the messier bits and pieces of knowledge production in conflict-affected locales. We start with the ideas of Gino Vlavonou, of the University of Ottawa in Canada. He starts us off with a mediation on the difficulties of meeting the institutional requirements of gaining ethics clearance with the challenges of adhering to those guidelines on the ground. Vlavonou introduces the concept of ‘skin connection’ to demonstrate how the expectations of being a black African shaped his relationships with his home institution, his interlocutors and ultimately, himself, as a young black man whose research interactions were shaped by gender norms and patriarchal expectations of young men like him.

In the second chapter, Emery Mushagalusa Mudinga, of the Université catholique de Louvain in Belgium, examines the ethical and emotional demands of being an ‘inside-insider,’ meaning someone who is of the place and people he studies. Mudinga teaches us how to manage the expectations of community members and the need to develop security protocols, especially when such concerns seem like second-nature. As someone of the place, who knows it so intimately,

physical and emotional security is often assumed. Mudinga cautions against this, asking researchers who study ‘at home’ to take even more precautions than foreign researchers might be asked to do by their institutional review committees of their home institution. Ghaliya Djelloul, also of UCLouvain, takes the analysis of ‘at home’ a step further in the third chapter. She argues for researchers to commit to an ethical sensibility as central to an overall commitment to ‘critical reflexivity.’ In so doing, Djelloul reminds readers of the need to be able to understand and explain how identity is multi-situated, as a product of identity but also how others perceive those identities. In Djelloul’s case, she mediates between being an ‘African’ and being an ‘European,’ even as she remains bound to household and community norms about how women should behave in places marked by explicit patriarchal social codes and expectations. In the end, Djelloul’s chapter is a call to decolonize the self through her clever tactics of acting the ‘dutiful daughter’ and strategically deploying ‘pious lies’ in the course of navigating her professional and personal lives at home in Algeria.

In the fourth chapter, Rosette Sifa Vuninga, of the University of Western Cape in South Africa, reflects on how she has navigated her status as an educated woman in the diasporic Congolese communities in Cape Town. Critically, Vuninga assesses her stance as a young Congolese woman who has also experienced xenophobia as well as the emotional and financial hardships of being a refugee in South Africa. Vuninga sees herself as an ‘inbetween,’ as she analyses her ability to ethically and practically document the lives of Congolese people living in Cape Town. In so doing, Vuninga walks the reader through almost a decade of qualitative research with people who are, in some cases, her friends and confidantes, to illustrate the ethical dilemmas of working with research subjects who are just like her. Vuninga, like Djelloul and Vlavenou, also reflects frankly and plainly on the gendered and classed complications of research with those who view the researcher with a measure of suspicion and distrust. In the fifth chapter, Aymar Nyenyezi Bisoka of UCLouvain and the Université catholique of Bukavu in the DRC, in perhaps the most revealing essay of our collection, digs deep into his emotional well to share how the murder of Sarah, a land-owning young woman he knew, shaped his sense of personal safety and security. Nyenyezi walks the reader through the rollercoaster of emotions he did not fully anticipate, in part because of his commitment to his research on land conflicts in Burundi, DRC and Rwanda, but also as a young black man from the neighbouring Democratic Republic of Congo. In navigating his sense of immunity from the emotional and practical issues that befall foreign researchers, Nyenyezi thought he, as a regional insider, would be able to manage the complexities of his research topic with the expectations of local political elites. In trying to scope out what had happened to Sarah, as evidence of local power relations, Nyenyezi’s chapter is a chilling reminder of preparation, flexibility and of managing research relationships with participants, intermediaries and local elites.

In the sixth chapter, An Ansoms, also of UCLouvain, examines the ethical and personal responsibilities of being a researcher and simply being a trustworthy human presence in the lives of her research participants. Writing about more than 15 years of work in Rwanda, Ansoms reminds readers of the tricky and ethically fraught balancing act of being needing to rely on the kindness, courtesy and trust of others to not only conduct research but to connect as humans who have witnessed violence. In particular, Ansoms wonders about more than how trust is gained; she also draws us in to a conversation about how trust-based relationships evolve and morph over time and how they are shaped by the broader socio-political context. In the seventh and final chapter, Susan Thomson of Colgate University in the United States, introduces readers to her engagement with the concept of ‘relational accountability.’ Her aim is to assess and analyse almost 20 years

of research on Rwanda, first as a human rights lawyer and later as a scholar. Thomson demonstrates how she has struggled to honor the ways Rwandans themselves have wanted her to engage in politics in their country, even as her and published works became political objects deployed to ends she sometimes found unpalatable or difficult to understand. Thomson argues for consideration of an ethic of dissemination, to mediate between what is expected of us when our findings take on resonance for audiences beyond the usual academic ones, asking researchers to think of the politics and ethics of dissemination before fieldwork, not after.

Taken together, our collection of eight essays aims to provide a bridge to researchers who want to work through the emotional complexities of working in conflict-affected or violent settings. Our aim is to normalize researcher vulnerability, whether at home or abroad, to provide space for doctoral students, dissertation advisors, hiring committees, and others involved in the academic enterprise to consider the human effects and costs of conflict research.

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Chapter One

Skin Connections: Negotiating Institutional Ethics alongside Insider Identities

Gino Vlavonou

Fieldwork raises ethical and practical challenges, all the more so in conflict or post-conflict settings. Often, university-based ethics review boards in Canada and the United States are rarely attuned to the specific challenges and opportunities of conducting qualitative research with people living in these settings (Cronin-Furman and Lake 2018; Wood 2006). Some scholars treat ethical review as an institutional hurdle, even when the process helps prepare the researcher for ‘the field’ (Thomson 2013). During field research, ‘the responsibility to act ethically rests ultimately on the individual researcher’ (Fujii 2012, 718. See also MacLean, Posner, Thomson and Wood 2019; Wood 2006). For some field-based researchers, there is data that ‘simply cannot be accessed without an immeasurable degree of risk’ (Kovats-Bernat 2002, 210).¹

Researchers working in volatile and violent situations face risks but of course they are not of the same nature (Berry, Argüelles, Cordis, Ihmoud, and Estrada 2017). As such, maintaining one’s ethical sensibility is not always straightforward; indeed, maintaining one’s ethical commitments is a process full of uncertainty (Hutchison 2011). For instance, Nilan (2002) after a period of emotionally fraught fieldwork wondered, ‘whether it is [an] ethical practice to merely observe young people engaged in criminal and high-risk behaviour without warning them in any way, or notifying anyone about it. Or, indeed, whether it is ethical to eavesdrop on other people’s private conversations, without letting them know you can understand what they are saying’ (381). I faced similar issues. Informed consent, safety of my research participants, and managing expectations of benefits are made more poignant by my presence in a volatile research site, as a young African man (in his early 30s), from Benin, working in Bangui, Central African Republic (CAR). I soon realized that my research process, and maintenance of ethical practice was informed not only by my class standing, but also social codes and norms of masculinity. I argue that following ethical rules must be read according to researchers’ identities. I do this showing how my skin connection and Africanness shaped my field research.

To explain how I managed my ethical commitments, to myself and my participants, I draw on my six-months of fieldwork in CAR in 2017. I conducted my work in an environment characterized by open sectarian violence, which started in 2013 after Séléka rebels removed President Bozizé.² The rebels claim they represent the Muslim community, under the leadership

¹ Others disagree on the basis that ‘in no situation should a researcher risk his life or health to get the data’ (Gallagher 2009, 139).

² The anti-Balaka are a mix of vigilante groups, rural farmers, young unemployed and former military officers who rose to fight the rebels. Although there were some Muslim fighters in their ranks, the majority were Christians, animists, and non-Muslim. Anti-Balaka attacked the Séléka and Muslims forcing Michel Djotodia to resign. Since then, CAR has been searching for peace.

of Michel Djotodia. A few months later, the anti-Balaka popular movement rose to fight the rebels. The anti-Balaka claimed they represented the ‘true Central African,’ in turn deploying hate filled rhetoric against Muslims. As such, my research question was set out to understand the meaning of indigeneity, to study what it means to belong and why Muslims were targeted as non-citizens. My project concerns issues of discourse and meaning of ‘Centrafricanity’ (in French, *Centrafricaneté*, meaning being of CAR). I studied this from the perspective of political elites, rebel leaders, anti-Balaka leaders, as well as civil society actors and informal traders. Said differently, I wanted to understand how ‘Centrafricanity’ is creating sectarian violence through the creation of an ‘us-versus-them’ dynamic as well as how the religious ‘Other’ is dehumanized. To probe such questions, my methodology involved semi-structured interviews, participant observation, focus groups and studying the archives of the CAR’s independent newspapers. I interviewed rebels, political leaders and civil society actors (76 interviewees for a total of 92 interviews). I also undertook fieldwork in Bangui (the capital city) and two other small towns in rural areas at 225 km of Bangui (Yaloké and the mining village of Gaga).

At the outset of my research, I saw myself going ‘home’ elsewhere on the African continent. As a non-CAR citizen, I sought to work through my skin connection, my immediate visual characteristic. I relied on my ‘Africanness,’ so to speak. Being from Benin, I had assumed that CAR could also be ‘home.’ In this chapter, I reflect on my approach to fieldwork as an African researching another African location. By ‘reflection,’ I mean a ‘sustained reflection on ethical research practices’ (MacLean, Posner, Thomson and Wood 2019, 1). My analysis builds on this unevenness of being African in Africa. I probe the way my skin connection was perceived, how my own expectations shaped my field research work and how I ultimately built relationships, gained trust, managed my skin connection as well as power relations in fieldwork. I make visible how my identity shaped my encounters with IRB, during the field and in writing up my findings to complete my dissertation.

This chapter examines how ethical regulations intersect with researcher positionality. As the researcher is the instrument of qualitative data collection, it follows that the way each researcher deals with the rules must be seen according to one’s positionality in the field. The first section of this chapter discusses how institutional ethics expectations shaped my entry to the field. Being aware of the ethical rules, I address issues that arose during the field and that were specific to my position as a junior scholar from the African diaspora studying another African country. From my research experience, researcher identity influence issues of access, trust, and power during fieldwork. I focus upon the challenges of navigating my identities to secure access and consent in the field. The second section delves into the details of my fieldwork as well as various situations where interviews did not always take place, despite my skin connection.

Practical and ethical conundrums with my home research ethics committee

Researchers have already exposed the ethical and emotional dilemmas they confronted in conflict zones (Wood 2006; Boumaza and Campana 2007; Nilan 2002; Buckley-Zistel 2007) but these dimensions must be put in conversation with their identities and the way the researcher

position themselves during fieldwork, something which white or Caucasian researchers rarely do (although see Thomson in this volume). Increasingly, African researchers have been writing reflexively their situated knowledge and experience of fieldwork (Munthali 2001; Akello 2012; Bouka 2015; Yacob-Haliso 2018) but they have not always addressed practical ethical issues.³ As an African working in an African country, but registered in a Canadian PhD programme, I must follow ethical guidelines (the *Tri-Council Policy Statement*) set out by my university in accordance with federal law. The formal legal elements of securing ethical approval rarely provides the researcher with the necessary tools to meet challenges that arise in the field. My chapter seeks to address this. My conundrum is that, as an African, participants anticipate me differently. This raises ethical challenges, particularly regarding access and consent during fieldwork. Specifically, various facets of my identity have shaped, facilitated or hampered my capacity to build trust and gain access to the places and people I wanted to.

Institutional Review Board (IRB) process is important but can preclude research in conflict zones (Bhattacharya 2014).⁴ The IRB guidelines are not always suited for situations in difficult political settings (Bhattacharya 2014; Kovats-Bernat 2002) prompting other researchers to provide guidelines that could be specific to these difficult settings (Cronin-Furman and Lake 2018; Thomson 2009b). Moreover, ‘collecting ethnographic data never takes place in an orderly context in which all ethical issues can be foreseen, and guaranteed through specific protocols’ (Nilan 2002, 381). All researchers in conflict environment face risks and ethical dilemmas, meaning there is a growing body of knowledge about these dilemmas.

I cannot generalize the research context during my stay in the CAR, rather I sketch my experience to provide lessons for other researchers pursuing similar projects. All research projects in that sense must go through the ethics review board of each university. Behaving ethically rests on the researcher (Wood 2006; Fujii 2016) but some research contexts ‘constitute permissive environments in which researchers can find themselves’ (Cronin-Furman and Lake 2018, 5). Working in a permissive environment means that ethical challenges that arise often go undiscussed or reporting, meaning the responsibility of meeting ethical commitments falls solely on the researcher. I thus highlight a few of the challenges that arose and were specific to the violent context but also specific to my skin connection. Because of the nature of my project in a violent context, my ethics application received a full-board review and I was also asked to present my research and directly answer questions of the board members. I basically had to convince them that I could do the research and that I knew what I was getting into.⁵

Fieldwork seldomly goes as planned (Thomson 2009a). Mine was no exception. I had to provide evidence of local contacts to members of my IRB. Despite not having yet spent time in

³ Recent African scholarship by black Africans demonstrated this importance of understanding one’s positionality. See, for example, Wamai (2014) and Githaiga (2016) for Africans based in Western institutions and researching their home country; Bouka (2015) and Compaoré (2017) for researchers based in Western institutions and researching other African countries.

⁴ It can also preclude research in non-conflict zones. (See Hemming 2009).

⁵ Other researchers have had similar encounter with their IRB when researching in so-called difficult settings. (See Thomson 2013).

the CAR, I was able to get in touch with local contacts with the help my thesis supervisor. However, with the time it took to process my application at the University of Ottawa, my local contacts left the CAR upon receiving promotions, a common occurrence among foreigners working in international organizations. Ultimately, I was set to rent an apartment provided by a local NGO not far from downtown, in one of the safest places in the capital. Again, I did not arrive in-country early enough to have a variety of places to choose from. So, my institutional contacts left the country and I no longer had a place to stay, a conundrum that formal IRB approval rarely considers. The local NGO did nothing to reassure beyond confirming that I would have a place to live, in a pastor's house.⁶ However, the same local NGO hosted me and provided space for my work in its offices. Retrospectively, my encounter with the IRB prepared me for some dilemmas I did not face, even as I anticipated them. For instance, the IRB wanted me to 'investigate the affiliations (political or otherwise) of the NGO with which (the researcher) will be affiliated.' As part of that, I anticipated that the NGO would get to shape who I get to consult and how. During the course of my fieldwork, my local partner was entirely hands-off. And, contrary to the advice of my IRB committee, I found the CAR government did not directly interfere with my research. In fact, the government does not request academics to obtain any particular authorization for conducting research even if my encounter with the IRB forced me to think about those issues prior to my departure and these were useful: It is better to be overprepared than not.

The researcher is not in full control of his environment nor the interview process. Emotional and physical risk can emerge at any times. The IRB is usually more concerned with the vulnerability of participants, assuming the researcher is in a position of power. I also did not work with local assistants which others have employed to help them navigate security and trust issues (Jenkins 2012; Kovats-Bernat 2002). For instance, Kovats-Bernat used 'localized ethics' in his research where he 'took stock of the good advice and recommendations of the local population in deciding what conversations (and silences) were important' (2002, 214). The researcher's power in the field could depend on the participants. The researcher has authority during the writing phase and should uphold the do no harm principle in order to not retaliate over elites who belittle them during fieldwork. This could be a principle when the researcher is the weaker party.

I was raised in Benin. My family could be considered a middle-class family and I grew up with my siblings and cousins in a middle-class neighborhood in Porto-Novo, the capital. My siblings and I went to a private Catholic school. After my *license* degree (diploma earned after 3 years of university study), I moved to Canada in my early twenties. Canada was an option because I had a family connection in Quebec City. I was interested in development studies mainly because of the economic situation of Benin. It pushed me to undertake development studies at Laval University, although it is my later work with a think-tank in Nairobi, Kenya that led me into conflict studies in the CAR. These early experiences inform my academic interest in CAR and in conflict. As such, I grappled with many faces of my identities when trying to conform to ethical rules for the conduct of my research. As feminist scholars have long known, one's identities shape and inform one's positionality, which in turn shaped my choice of field site and methodology

⁶ Whose name I cannot disclose, for I promised confidentiality.

(England 1994). I relate my experience for other researchers with similar characteristics to be able to anticipate and mitigate their encounter with ethical rules and their institutional ethical review board requirements.

By positionality, I subscribe to Rose's interpretation when she argues that 'facets of the self – [...] as well as aspects of social identity – are articulated as "positions" in a multidimensional geography of power relations' (1997, 308). Researchers have long understood positionality in terms of how various identity attributes influence their fieldwork. Madge, when discussing the politics and ethics of Western researchers argues that 'a researcher's positionality (in terms of race, nationality, age, gender, social and economic status, sexuality) may influence the "data" collected and thus the information that becomes encoded as "knowledge"' (1993, 295). Specifically, my positionality as a young black African man from Benin and based in a Canadian university resulted in ethical issues of trust, access, anonymity. Positionality and identity have been used interchangeably and the goal in feminist literature was to target the situatedness of knowledge. I find this useful to probe ethical encounters I faced in the field. It offers a lens with which I can consider various facets of myself against the information I have been given into the field. As fieldwork research carries ethical concern 'every step of the way' (Cramer, Hammond. and Pottier 2011, 2) I expose some moments of uncertain ethics and reflect on them.

In the Field

Consent

In my institutional ethics application, I requested, and was approved for oral consent rather than written.⁷ Beyond blackness, Africanity played a role in my consent procedure, more than skin connection, people at times saw a kin connection. For colleagues with personal attributes similar to that of their informants, it might be worth paying attention to the moment one seeks consent. Participants did not expect me to be engaged in procedural behaviour about consent at any level. Very few of my interviewees expected so, and some were confused by my discussion of, and ask for, 'consent' as understood by institutional IRB guidelines. This is related to how I introduced myself and greeted people more powerful than me. For example, political elites would start our conversation by saying 'welcome my son' or rather focus on '*jeune homme*' (young man) and would at times extend greetings to knowing how my family members (in Benin) were doing. They saw my skin connection as important. I fitted into local codes, as a young black man, from their point of view. Some elites did not take me seriously in the beginning and thus did not expect me to engage in such formalities. Consent was often seen as an unnecessary formality. During the

⁷ I chose oral consent for two reasons: first, issues of informed written consent are difficult to manage in violent settings because interviewees are afraid to sign any document and researchers know that. Second, due to the diversity of the interviewed population, I expected that I will encounter a wide spectrum of literacy skills.

field research, I would present myself, the research and many times, before asking for consent, they would already start talking.⁸

As something other researchers can learn from, it seems that not being taken seriously, mixed with how my African connection was perceived created an atmosphere of cosiness and informality. It was helpful to gain trust as people already accepted to be interviewed. For instance, I used this informality to get individuals to talk to me even if it meant spending too many minutes discussing my family in Benin. It can be useful to ignore the expected formality of Canadian ethics. Researchers must trust themselves, and their knowledge of the local situation and how people like to interact to build good relationships. Ultimately, following the ethical commitments I had with my institutional IRB, I waited until the end of the interview to politely ask for ‘consent’ and present issues of risks and how they wanted me to anonymize what they said. One can wonder if this is still a valid request as the interview already happened. But consider how uncomfortable it can be to disrespect an elder to ask for consent. I preferred asking for oral consent at the end of each interview. What I had to modify was the moment at which I would ask for consent. I used this with political elites most of the time. I consider this to have been an effective strategy since various important people I met were more interested in demonstrating the breadth of their knowledge to the young African newbie. Oral consent allowed me to remove a layer of formality and further signaled that I fitted into local norms.

With my non-political elites and interviewees in rural areas, I sought to gain trust with the same strategy: removing any layer that formality could put between us, such as the signing of a written consent form. Moreover, it could be associated with colonial power.⁹ The formal side would have put me into the category of foreign or Western researchers in a context where the perception of nefarious foreigners is already acute. What I point is a way to deal with power relationships in fieldwork in terms of access in trust.¹⁰ For instance, a white researcher, Jourdan (2013, 21) notes that relationships are a ‘product of unequal power relationship embodied by Africans, which have shaped the history of the continent.’ As a young black man, I sought to dissociate myself from that representation because I always presented myself as coming from a Western institution and needed not people to see me as a black man behaving like whites. From fellow Africans, this is interpreted as a sign of deculturation, of being ‘too foreign.’ Hence, for my African peers, you must be aware of the level of formality you introduce into your relationships, to manage the emotional distance it creates between you and your interviewees. This is how I understood the issue of consent and used it to create and maintain trust. I present this for other

⁸ Other young PhD foreign researcher had similar experiences. For instance, some of Vorrath (2013, 66) interviews with Burundian political elites involved ‘a lecture on the history of certain aspects of Burundian politics’ or even monologue that completely disrupted her interviews. She does not make explicit how the consent process unfolded.

⁹ Outside African continent for instance, Norman (2009, 73) has been declined interviews in Palestine for similar reasons.

¹⁰ From the various encounters throughout this chapter, I did not feel I held much power over my interviewees. Of course, at the writing stage, power ultimately reside with the researchers as they are the one who erase or make available certain information or not.

black Africans to gauge whether it could be useful as a research strategy for them. I am not disputing the question of consent; this is an all-time and necessary requirement. In my case, by changing the *when* of the consent, I was able to build rapport and trust. The bigger issue could be related to the *how* and *when* to ask for consent.

In fact, CAR citizens have an expression for people in the category of black folks behaving like whites: *munju voko*, meaning black-skinned white or foreigners. So, my skin connection made me fit neatly into that category. One can find similar phrases in other African countries. In Senegal, for instance they use the word *bounty* to refer to someone black on the outside and white inside. As Ochonu (2019) notes, ‘racial denialism runs deep’ in Africa and its ‘most poignant manifestation is in the widespread culture of social deference to expatriates with lighter skin tones.’ As I suggest, ethical commitments must be read according to the researchers’ identity fits into emergent inter- and intra- African debates. For example, my failure to access some political elites made me realized that my skin connection, let alone my other identities attributes, were not enough to establish trust and access. I often realized that the same political elites who denied me interviews would grant them to foreign white researchers and journalists. Probably that these elites did not see me as competent or they disregarded such competence because of my skin connection. I will probably never know. Failure to get access shape what I get as information and what I construct as knowledge. Current debates around the inclusion of global south scholars into the social sciences should also consider the racial aspect of gaining access to interviewees and building trust with them.

In terms of access to the people from whom I wanted to learn, my skin connection barred me from penetrating Bangui’s ‘good intention crew’ as Lombard (2016) calls them. The ‘good intention crew’ are foreign humanitarian, aid workers and international civil servants. During my field research, it was difficult to reach out to international NGOs, to ask for interviews. None of those I wrote to, to request an interview, followed-up, even when I was introduced by local members of the NGO’s managing staff. My sense is that expatriates, as foreigners living in CAR, anticipate me quite differently. Probably because there was no interest in talking to, or learning from, a young black African guy, or maybe they were also too busy to spend an hour with a young researcher. My Canadian residency status was not enough. For instance, there is no visible attribute to my Canadian-ness. At the same time, one cannot build trust without access to the people. For African colleagues who will have to navigate this, my skin connection constrained my capacity to access internationals. For instance, I could only manage to travel outside Bangui with the help of a CAR religious organization after I had tried several times with an international NGO. My various attempts to travel with the UN mission were also unsuccessful. I had introduced a formal request for travel that has been ‘stuck’ into the administrative channel despite my multiple follow-up inquiries about my request.

Impartiality, Empathy and My ‘Going Native’ Experience

As a researcher, it is essential to maintain a sympathetic embeddedness in the locality, while at the same time ensuring a degree of professional detachment as appropriate to the context.

Methodologically, empathy/sympathy is still the rule while doing fieldwork, it allows to gain ‘access to the logic and sense-world of persons’ (de Sardan 2015, 36). De Sardan however, maintains that a real dilemma is to combine empathy and distance (2015, 36). Moreover, embedding oneself is influenced by socio-economic class, financial capacity and personal attributes such as skin colour and nationality, as I discussed in the previous section. It is in my attempt to be sympathetic and embed myself that the on-duty and off-duty also becomes blurred.

My limited budget forced me to live a particular class of Central African experience. There was a silver lining, as living on the outskirts of town brought me into direct contact of the hate and resentment aimed at my Muslim neighbours. Being ‘off-duty’ or having some free time was almost impossible. Empathy/sympathy should remain a rule for every researcher to consider. This principle is complicated by researchers’ individual identities, as well as the local relationships we develop in the field. My skin connection did not allow me to remain emotionally distant because I was perceived to be automatically an ally, empathetic and understanding of such discourses. Here, my Christian upbringing mattered because of the sectarian sensitivity of the conflict. Many locals advised not to wear my African fabrics that look like Muslim attire. As I lived the local family, then I wondered, is it ethical to eavesdrop to their conversation? Or what to do with the information they willingly shared while we were having dinner together? Was I supposed to tell them not to share anything with me? This might be one of the possible ways to get a lived experience during fieldwork and one might have to live with the ethical dilemmas it brings around trust and consent. The situation was perfect to have off-script discourse and give a general sense of how people felt. In that sense, preoccupation with how to ‘do no harm’ sharpened. Similarly, as I sought to dissociate myself from being perceived as white, I must be aware of how I judge what is harmful or not and not reproduce the assumption that Kovats-Bernat stated about the ‘implied [...] intrinsic power relationship that conjures the colonial legacy of anthropology—one in which the anthropologist is assumed to be able to control or at least mediate or negotiate danger away from those with whom she or he is working.’ (Kovats-Bernat 2002, 214; Wood 2013).

As an African who wanted my skin connection to matter, I relied on shared characteristics with the people around me, as I benefited from their advice around security. This example illustrates this point quite well. As I was perceived as a ‘son,’ for instance, both my host and the director of the local NGO instructed me that I call them to notice them where I was every time or if I got home late. On one instance, my phone died, I reached home later than usual and both men lectured me seriously about my irresponsible behaviour.

Fieldwork can change the researcher in unexpected ways and being emotionally close to the people you want to understand can quicken the process. I realized that in the CAR popular discourse, Central African and Muslim were addressed separately in the same sentence. Toward the end of my research period, I began using the same distinction. I reproduced the same divisions I was set to understand, deconstruct and I felt uncomfortable with that. I still do not know how to escape the division implied in the discourse. For instance, Cohn (1987) unexpectedly changed her speech while researching defense intellectuals. As she immersed herself into their world, she ended up speaking like them. My interviews were smoother as I adopted the same rhetorical separation

of Central African and Muslim and it became natural. In that sense, I could no longer maintain professional distance from the fieldwork. How do I ensure it does not transcribe into my writing remains a question I grapple with. Ethically, being impartial was all but simple. Nothing in my ethics preparation or field research trip could have prepared me to these dilemmas. Probably that being impartial is not realistic for any field researcher especially in polarized armed conflict environment. However, as I am writing up the dissertation, my responsibility is to not reproduce the dichotomies I have been socialized into during fieldwork.

*Being a Spy*¹¹

Researchers employing ethnographic methods reported at some point that they faced accusations of being a spy for various reasons raising concerns around access and trust. Below, I share an example from a moment where an interview did not happen. Following the work of Fujii's (2015) 'accidental ethnography.'¹² This specific moment revealed how my identities intensified issues of power during field research. I was not accused of being a spy but the situation in which the encounter happened was emotionally risky for me. Ethical research suggests being transparent and avoid deception (with some exceptions). This is a blurred area at times (Vorrath 2013, 67). So, when entering the field, I always faced a dilemma about how I should present myself in order to secure access to interviews. I could not say I was a Canadian researcher because I was not. Saying I was from Benin raised questions about why was I coming from Canada? So, I always had to emphasize my Beninese origin plus my student/researcher status in Canada as well as my relatively youthfulness.

In August 2017, after knocking on doors at the National Assembly, I obtained the telephone number of Alfred Yekatom. He is a former anti-Balaka fighter who managed to be elected as a Member of Parliament. Rambo was his nickname.¹³ Interviewing an anti-Balaka commander was a crucial part of my research especially as they were the one who spread the 'true central African' discourse. After several delays, he agreed to meet with me one Sunday. Our scheduled meeting for 9 am finally took place at 11am. As I arrive at the place, a small restaurant, he is surrounded by several young men, three if my memory is correct and everyone is eating. He buys me a drink and ask me to sit down. I reiterated the purpose of my visit; he took the time to finish what he was eating and then he replies that he does not feel at ease speaking in public. Quickly, without notice, he asks me to enter his car (an old Toyota Rav 4) with the three other men. They explicitly wanted me to sit in the middle of the rear seats so that I was between two men. On the spot, it occurred to me that this was not a safe situation, but I entered into the car. Afterall, I wanted the interview. His driver started the car and we were heading toward an unknown destination. I had asked to where,

¹¹ Researchers are usually accused of spying in volatile security and political situations. It is context dependent and can also be dependent on the current international affairs. Jenkins (2012, 56) was accused of spying for the International Criminal Court (ICC) while researching in Kenya. Even a Kenyan national but from a Western based institution faced similar accusations while in the field (Wamai 2014).

¹² Serendipity is another conceptualization; see Ryan and Lőrinc 2016; Keikelame 2018.

¹³ He was arrested in October 2018 and transferred to the International Criminal Court.

but no clear answer was given. I was unsure of what to do. If anything was to happen, I surmised, then it would have already happened. After twenty minutes of driving; the driver constantly looked in the rearview mirror, we arrived in the town of Bimbo. I knew this because I saw it on a road sign. Because the driver looked into the side mirrors, I assumed that he was checking if he was being followed. He then stops the car and then another guy starts questioning me again about the purpose of my visit when I had already stated it was to interview an MP as part of my dissertation research.¹⁴ After all that, the elected member now asked me to call him back in few days. We never met again. So, the interview did not happen.

Living this unplanned moment made me realize how powerful individual have a complete disregard to a young black foreign African man like me. Moreover, they are few former Anti-Balaka who turned MPs. For instance, an important question to me was to understand if his election was a reward to violence? Did the mobilization of a 'true Central African' identity play a role? For my research, it meant certain information are just inaccessible to me because of my person. I come to that conclusion because that man offered interviews and appeared in videos with war reporters or even on the France24 television channel. One possibility could be that I was not worthy of being given an interview whether or not I am from Benin and coming from a Western University. African researcher's access to some information is complicated at times by their incapacity to escape power relations we find ourselves in. I could simply not access Yekatom, even when he was few metres away. This is also an example of how people make sense of researchers in general, of how they interpret our presence in their lives. I mean the kind of behaviour someone deems applicable to a researcher reveals to position they have assigned to them. Since situations like these are unpredictable, a variety of factors can make the researcher needy and powerless and put him into danger.

Between Institutional Ethics and Some African Norms

During the course of my research, several participants felt the need to give me money for a taxi, to buy credit into my phone or gave money just because it was a festive day. I was struck by the fact that even presenting myself as based in a western university, some people gave me money. Most of those people were political elites, priests and rebels, all the people who I perceived as more socially powerful than me. As a student with no income, it is fair to assume that the elites had more money than I do. At the same time, in several African societies, it is culturally accepted for a patron to give money to show his status and being young and African probably signaled that I fitted within such cultural codes. Gaining access and building trust meant that as a young African black male, I had to accept the money even if I did not need it. I think some African peers can recognize this gesture. As I navigated the issue, I think it might be useful not to refuse the proposed money (depending on the amount) right away. Norms around deference to elders or just people who are older, are important and must not be overlooked by researchers. Remaining attuned to

¹⁴ This situation happened in public administration as well. For instance, in order to do the official procedures to meet with the director of one public institution, other public servant had to 'question' the true purpose of my research.

these social norms demonstrates a level of local embeddedness which is important for gaining access and building trust with participants, particularly those who are more powerful. Accepting these small amounts is a sign of respect that I showed, and it made people willing to help me. I did not feel that political elites were currying favour as I did not receive any direct or indirect comment about how to treat them in my research. This act reveals the position to which I have been assigned, probably as someone in financial need or someone who had not yet attained financial autonomy or adulthood. Accepting the money help to build trust, especially when I had to meet the same interviewees several times. Showing that I respected their position proved to be useful. Refusing on spot could have affected my efforts to properly build my snowball sample. Moreover, refusing could signal that I do not recognize their status, their authority or could be interpreted as me behaving like a white or foreign researcher.

I had not foreseen, when securing my institutional ethics approval, that I would have fitted such African codes of deference and respect. Coming from a western institution, I expected that to matter more and at the same time I consider the act of giving money as a conflict of interest because Canadian norms says I should not exchange money to get interview data. I felt uncomfortable accepting but did accept their token sums to build trust and gain access. At the same time, a female researcher who receives money might be seen differently in such context, so I acknowledge the gendered dimension of this act: receiving money from interviewees as a young man. This was not a bribe but usually a practice of social exchange in some African settings. A patron, someone in authority, proves his place by giving money to his clients. I have been exposed to this practice as I grew up in Benin without ever questioning them. So, the context of the research, and my awareness about the role of money gifts, made the difference. As it is possible to find the same gesture in other African countries, this is about power and domination. These people were demonstrating their authority and financial capacity to a young man. The challenge here is that Canadian norms speak of conflict of interest when it is more accepted as a demonstration of power in some African settings. Moreover, regarding this aspect, I cannot underestimate the influence of my upbringing in Benin. My parents were inflexible on aspects of respect to authority, elders and the impossibility to defy or question them. It played a role in the sense that as a young African man I felt compelled to defer to political and religious elites in CAR even if their behaviour frustrated me.

There have been instances when people of lesser economic income wanted various forms of assistance from me. This also presented a challenge in terms of gaining access and managing relationships in the field. For instance, I sometimes tried to use my Canadian-ness in specific settings to gain a better access to interviewees. In one instance, a mayor of a district in Bangui took my Canadian residency seriously. It was a lady and she unequivocally asked to be paid before granting me interview. That day, I had presented myself as a Beninese student researcher from a Canadian university. But it is my Canadian-ness that caught her attention. She responded that 'I was working for my interest and that she had no interest in sitting and giving me information.' I then asked how much she wanted to be paid and she replied, 'you know you cannot give 10.000 Fcfa [approximately \$20] to a high-ranking authority like me.' My explanations of why I wanted

to speak with her did not help me secure an interview and I left. It is ok to be denied interviews; this is a normal part of the research process. But, researchers must be attuned to the how and why of interview denials, for such ‘failures’ can also result in useful information. The ethical challenge here was that my Canadian status was supposed to lead to financial outcomes. Clearly, I have no control over the skin folk attributes that my interviewees deem relevant to them. On one hand, others saw me as a ‘son’ without financial autonomy. On the other hand, pecuniary expectation comes with my Canadianness even if I did nothing different to elicit that interest. In part, because researchers in fragile situations rely on various NGOs to conduct their research, confusion can result when members of these organizations expect payment (Cronin-Furman and Lake 2018, 3). I was not affiliated with an international NGO but there was often an expectation of financial reward. This was another moment of accidental ethnography. Moreover, she wanted to be paid for giving information and that is ethically also controversial. So, I sided with the option of not paying.

My research design also included speaking with rural inhabitants to understand whether or not the claim to being ‘true Central African’ meant anything to them. Indeed, several prominent anti-Balaka fighters came from rural areas. As I travelled to outside Bangui to Yaloké, it was necessary that someone assist me because their level of fluency in French was lower. My assistant understood quite well my foreign based status. Hence, he wanted various forms of assistance. This was different from my encounter in Bangui with elites. He wanted me to help him travel to Benin, to meet with my parents and to help him have bursaries to go study abroad. In that rural area, expectations were not monetary, they were social. For instance, I met a group of internally-displaced Fulani who suffered from the war. I have been touched by their stories but when discussing with the head of the internally displaced Fulani in the city, he wanted my writing to ‘produce cows’ for them.¹⁵ As herders, the only thing they wanted was cows, but he knew that a young researcher could not buy them cows. Similarly, I have met anti-Balaka fighters in the area who did not expect money from me. They were interested in having a connection to a Beninese. For them, Benin *voodoo* is a powerful social force, and they expected me to help them increase their invisible power in order to resist the next Séléka invasion. The point is that in rural areas as well as with non-elites, I have not been given money and I have not been denied interviews. My skin connection with them was relevant as they felt they could trust me because of my Beninese origin and the fact that I could understand some discourses about the invisible world (*voodoo*). Contrasting that experience to what has been said in the literature shows that my identity played a role. The situations the researchers encounter and the ethical issues around access and trust are connected to their positionality.

Concluding Remarks

¹⁵ As Jok (2013, 157) noticed in South Sudan for instance, ‘frequent assessment missions do not necessarily yield aid’ but, this interviewee specified writing. I had made clear that I was not affiliated with a particular organization, but he still expected something. In my understanding, this is a way for him to use all the resources he can for the benefit of his people.

Ethics in fragile settings, armed conflict situations and broadly difficult settings constitute ‘permissive environments’ (Cronin-Furman and Lake 2018, 5) for unethical research. Several challenges related to the context render following ethical rules difficult, if not impossible. There is a growing consensus that only the researcher in those settings can set the limits of what is ethical or not (MacLean, Posner, Thomson, and Wood 2019; Wood 2006). However, if the responsibility is ultimately on the researcher, how can he read and set the rules while taking into account his identities? In this chapter I have discussed how my identities influenced my approach to ethical conduct regarding consent and access during fieldwork. To do so, I introduced the concept of skin connection.

As a young black African man in a western institution and studying another African country, I have paid attention to some of the ethical challenges that arose during my fieldwork. I have discussed that some elements of ethics cannot be foreseen prior to fieldwork when the encounter with the IRB can be fruitful in raising awareness and overpreparing for the possibility of government interference. On the one hand, some of the challenges were related to the difficult settings and in that sense does not set me apart from what any other researchers doing field research may have experienced. On the other hand, other challenges were related to how, as a black African man, I fit into local norms. Taking into account the gender dimension, this chapter provides a reflection on research by Africans based in western institutions and studying countries different from their country of birth.

Reflecting on these challenges brings an African perspective into discussions about ethics during field research, while also considering positionality and identity attributes in relation to ethics. Moreover, the cultural norms of a patriarchal society are not the only one that shape ethical choices on the ground. African scholars, whether of the diaspora or not, should reflect on societal norms. This chapter is a contributing step in that direction.

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Chapter Two

Conducting Sensitive Research ‘At Home:’ A Matter of Responsibility

Emery Mushagalusa Mudinga

Academic literature offers a wealth of examples on how to collect data (Grawitz 2000; Duschene and Haegel 2008). It also offers examples on how to put research participants at ease, on how to engage in knowledge construction based on data collected on the ground (Beaud and Weber 2003; Henry et al. 1996; Sanford 2006; Quivy and Van Campenhoudt 2011). We find examples on how to care for the researcher’s security and for that of his collaborators (Ansoms 2012; Davidson 2004), and on how to ensure the anonymity of the research participants (Ansoms 2012; Davidson 2004; Fujii 2010; Sluka 1995). However, very little is written on the ethical challenges embedded in doing research on ‘sensitive’ topics in a ‘sensitive environment,’ involving ‘sensitive’ actors. Yamuna Sangarasivam, while explaining the way she had to conduct research in a conflict-affected environment, says: *‘Nothing in my academic training prepared me for the methodological challenges I faced while conducting fieldwork in a setting of war. No graduate seminar had schooled me in “methods in the field of battle;” no workshop offered “techniques for researchers, terrorists and native Others”’* (2001, 95).

More researchers have begun to carry out their work in settings in which they risk their own lives as well as those of their collaborators and of their research participants (Sriram et al. 2009; Thomson, Ansoms and Murison 2013). Researchers are asked to improvise in how to work, live and survive in such environments while ensuring that their research is successful. Because of the context in which it takes place, research in conflictual settings rarely bears no consequences. In some countries, the state itself represents a threat to the work of the researcher, especially when the topic appears dangerous to the eye of the state. I am referring here to government elites sitting at the high levels of the state machine. In his work *Les Risques du Métier. Trois Décennies comme Chercheur-Acteur au Rwanda et au Burundi*, Filip Reyntjens (2009, 5) goes over three decades of research work during which he was constantly on the receiving hand of ‘political pressure from state actors. Susan Thomson, in the same line, recounts of having been placed in a re-education facility by the Rwandan government so that she could better understand what is permitted and what is not in Rwanda (Thomson 2009, 108).

Researchers may be threatened by individual local actors, such as local elites, who think the research may conflict with their political or economic interests. Researchers may also be threatened by collective actors, such as armed groups, by specific socio-economic groups and by ideological and political structures (Chatzifotiou 2000). Threats often derive from a situation of general insecurity, from ‘cultural stereotypes’ to ‘social distance’ between the researchers and the research subjects (Adenaike 1996, 6; Ansoms 2012, 3-4; McCurdy 1996, 52). These types of threats appear throughout all the phases of the research process, from the collection of data to their publication, and they can persist after the results are published (Thomson, Ansoms and Murison 2013).

While all researchers may be exposed to the dangers of violent environments, the situation is much more complex for local researchers who are also *insiders* within the context of their research. For them, research may not only cause harm to the researchers, his or her collaborators, and research participants. It also risks endangering the lives of their families and friends, even when these are not directly involved in the work. Physical threats are eminent, have another scope

than for in-and-out researchers, and evolve in a different time frame. When can they consider themselves safe from danger? When the threats stop? Should they avoid research topics that risk exposing them? Should they treat their research topics differently?

This article sheds light on understanding the challenges of research on sensitive topics in the researcher's own home environment. How to reduce the risk of causing harm to him- or herself, to the researcher's networks, to his or her inner circle, and to their professional lives? I would like to put to the front the idea that regardless of the choice of methodology or bureaucratic safeguards, nothing can replace the personal capacity and ethical sensibility of a researcher to manage risks in the field. While bureaucratic tools and strategies may be important in the research process, researchers must rely on their personal attitude and skills in adapting to the context and in finding appropriate solutions for different scenarios.

In order to make this point, the article brings together reflections and anecdotal evidence from my own lived experience of research in my home country, the Democratic Republic of Congo. First, I highlight the utility of building personal networks in South Kivu, a violent research context characterized by on-going civil war and regional militia activity. Second, I show the importance of elaborating a researcher's security protocol, which should contain information on the practical developments of the research plan while allowing for reflecting on one's positionality during each stage of his fieldwork. Such planning invites the researcher to consider his positionality and emotional vulnerability in the field well in advance, to prepare for inevitable challenges. Third, I discuss the importance of thoroughly considering how to introduce oneself and one's research topic to people in the field. Finally, the article addresses the issue of publication and dissemination strategies, arguing against the rapid publication of research results. The article questions the naïve idea that all results should be published; or even made publicly available. Such considerations are of importance both for the *insider* as well as for the *outsider* researcher. However, throughout the paper, I will show why local researchers are more exposed to certain ethical challenges than their foreign counterparts. The overall ideas in the article are based on more than eight years of professional experience in the Eastern Democratic Republic of the Congo (DRC), a country that has been marked by violent conflicts since 1990s. The examples cited in this paper are mostly drawn from a particular field trip carried out for my doctoral degree in the South-Kivu in 2012.

Sensitivity, Opportunity and Network-Building at Home

My research focuses on land grabbing by local elites in the territory of Kalehe, South Kivu, in the Eastern part of the DRC. This part of the country is one of the most insecure regions in Congo, marked by a long history of ethnic conflicts linked to the presence of armed groups. Ethnic conflicts have contributed to the deterioration of the relations between different communities and have also enhanced suspicion and mistrust within communities as such. Conflicts often configure around securing access to or control over natural resources. Local elites are important actors in these conflicts, drawing legitimacy from their political, economic, social or military power to grab land. To focus one's research upon such conflict is to expose oneself, as the research will unavoidably touch upon the interests of powerful actors. Nevertheless, as a native to the area, and inspired through more than three years of professional NGO experience in community conflict resolution, I saw my research as a way to bring about change at local level.

However, despite my ambition to make my research contribute to better living conditions for poor people at the local level, I was not naïve. Some locally powerful actors saw my research

as a danger to their economic interests while others saw it as an opportunity to understand land tenure dynamics and to unveil the identities of the ‘land-grabbers.’ Anecdotal evidence from my first experiences in the field will serve to highlight both the importance of respecting locally-embedded ethical rules and the primary role of the researcher’s personal responsibility. They will also, and importantly, bring to the front the importance of the preparatory phase, as well as the idea that threats in the field are unpredictable, constant and specific according to whether the researcher is an insider or an outsider. In the following paragraphs I will present a few stories in which I faced challenges, dilemmas and threats, both individually and as part of a team.

The Importance of Networks in Dangerous Contexts

In order to frame my experiences, I employ the concept of a network as a starting point. A network is defined as ‘a collection of concrete individuals who are members of different systems of unified categories’ (Mitchell 1973, 21). According to Borgatti and Halgin (2011), it is constituted of ‘a set of actors or nodes along with a set of ties of a specified type (such as friendship) that link them’ (2011, 2). On the same line Kapferrer states that ‘in a network, individuals are either directly or indirectly linked to a benefit or an interest which becomes their focus’ (1973, 84). For Kapferrer, as for other authors, connections amongst individuals may be formal or informal (Granovetter 1985; Uzzi 1996) and are often based on strategic alliances within social structures (Eisenhardt and Schoonhoven 1996; Powell, Koptu and Smith-Doerr 1996). Without opposing these perspectives, Bourdieu highlights the importance of social capital to explain the functioning of networks within social structures. Social capital ‘is not what you know but who you know’ (Gauntlett 2011, 2), which is defined by Bourdieu as ‘the sum of an individual’s or a group’s real or fictional resources which result from having a more or less institutionalized network of relationships including contacts and mutual recognition’ (Bourdieu and Wacquant 1992, 119). It can thus be concluded that in social structures, networks play a role in the production and dissemination of information. They allow its members to make decisions or to avoid dangers. A social network is, in this sense, a mechanism that allows for the protection of its members. Owen-Smith and Powell (2004) support this idea by showing that networks play three important roles: they are a source and a channel for information, they signal and confirm status, and they have a role in the production of social influence and authority.

However, even when a researcher is inserted in locally embedded social networks and has strong links with other nodes (members) of the network, he is not safe from ethical risks and cannot take the success of the research for granted. An anecdote from a research trip in 2011 in Numbi, a small village on the highlands of Kalehe illustrates my point. My team and I were investigating land conflicts between the local Hutu and Tutsi populations and their relations with the local indigenous populations. The conflicts revolved around land grabbing in the context of the return of Tutsi refugees. Our research strategy included individual interviews as well as focus groups. For the latter, we had planned to first conduct focus groups that were ethnically homogenous to then move to focus groups with actors of different socio-economic categories. We had already taken the time to explain our methodology to the local authorities (the *chef de poste d’encadrement administratif* and the chief of police) in the presence of an agent from the intelligence service.

Local authorities, on their part, had not expressed any concerns. Notwithstanding, as soon as our first two interviews with a couple of leaders from the Hutu community were completed, the intelligence service agent told us that he wanted to be present for each of our interviews and that this was a necessary condition for us to continue the research. I replied that our research did not

represent a risk and that this was well known by his superiors. I added that – in order to respect the ethical safeguards of our research - I would rather halt the research than give in to his requests. Needless to say, stuck in an isolated area far away from the nearest city, without phone coverage nor roads, and being aware of the dangerousness of the intelligence services, my colleague and I spent an uneasy night. Early in the morning we learnt that the intelligence agent had made a three-hour-long march to reach the closest telephone booth. He had called his superiors based in the local city of Kalehe. He had told his superiors To my surprise, the agent's superiors told him that they knew me and that the work I was conducting did not present a danger, highlighting its importance in terms of conflict resolution. As a consequence, the agent let us work without any further interference. In fact, his superiors were acquainted with me given my previous experience in conflict-transformation work. In my previous work for a local organization, I had already established a good working relationship with them, and I had involved them in the peace-building process at the local level. Had I not known those men I do not want to imagine what could have happened to us.

The same situation occurred again during my second trip to a mining site named Koweit, in the rural city of Nyabibwe. In Koweit, we were denied access to the site by local miners who were members of opposing mining cooperatives. Although we had explained the aims of our research on the previous day, on the next day they forbid us to conduct interviews and to take pictures on the site in a very harsh tone. Because my colleague is a *muzungu* (white person), their line of inquiry was even harder. They were convinced that all white people coming to the mining site had a hidden agenda, which potentially made me suspect as an individual who might 'betray our country.' After about an hour of unsuccessful negotiations, I decided to phone a local authority with whom I had worked in the past and who was acquainted with the nature of my research. The authority instructed locals to let us conduct the research. However, his orders angered them, leading to even more frustration. Eventually, even though we were allowed to carry on with the research, we were aware of the threat embedded within the miners' frustration. In the evening, we contacted a couple of them; we shared a drink and we tried to clarify the misunderstanding. Eventually, some of them became key informants. However, in alternative cases, such situations are often too complex to be solved with a drink. Researchers working in sensible environments are often faced with this sort of obstacles and must learn to be creative and to come up with sustainable strategies to face them.

Both examples show how my existing networks helped me to navigate research relationships, allowing me to continue with my research. On the other hand, having access to a network should not be an excuse for researchers to underestimate the physical or emotional risks they might encounter. Furthermore, in certain places, as in the afore-mentioned case of Numbi, it is impossible to communicate with one's network because of the lack of roads, telephone, or security conditions. Researchers must learn to adapt and have the capacity to continuously reconsider strategic decisions in relation to ethical challenges. A context analysis and a security protocol (developed further below) are important tools in order to explicitly make the researcher think about the risks involved. The protocol also allows the researcher's network to sound the alarm bell in case of problems.

Before Fieldwork: Elaborating a Security Protocol

Preparation before departure for the field is always important before moving to areas beset by conflict. However, whereas ethical review boards are often mostly concentrating on the risks

involved for the research participants as such; relatively less explicit reflection is invited around the security of the researcher and his research collaborators. Moreover, ethical review boards have limited control over what happens throughout the research project – after initial approval has been given. However, risk assessment has to be made all throughout the project. As Sluka (1995, 227) highlights, ‘dangers can be managed through precaution, planning and the researcher’s ability to manoeuvre.’

In line with Sluka’s quote, I propose that the researcher’s security is a matter of continuous reflection. And such reflection can be facilitated and structured by elaborating a security protocol. This tool helps to push the researcher to make the risks he or she faces more explicit; to think about possible challenges, and solutions. Moreover, the protocol can also provide third parties with a technical tool that informs about the researcher’s movements in the area of work, in order to intervene more efficiently in case of problems. Meyer (2007, 59-61) engages with this reflection in what he conceptualizes as Decision-Making strategies. Elaborating this idea further, I propose a security protocol including the following items:

- the letterhead and logo of the home university or institutional affiliation of the researcher;
- the names of the researcher and his collaborators (if any), including all their personal information;
- a *security focal point (name and information)*: this is a person appointed by the researcher, and responsible to follow his movements and to reach out to any other contact (local partners or colleagues) in case of need. The focal point could be a family member, a colleague, or a collaborator. He should be able to manage difficult situations and have the capacity to reach out to relevant contacts in case of problems. It is convenient to choose a ‘security focal point’ amongst local and trusted collaborators. For example, having a focal point in Belgium when the work is being carried out in the DRC would not be as effective;
- *the objectives of the research*;
- *a description of the context of the research area*, including physical security and emotional risk details. This description should include a *risk analysis* of possible dangers and their likelihood to happen (high, moderate, low);
- *a detailed schedule of research*: a table including the geographical location, the number of days and the dates at which the researcher will be at each location (with map or GPS locations if possible);
- *itinerary*: the itinerary followed by the researcher. Important locations should be highlighted (i.e. towns, park/forest, important centre);
- *the presence of important institutions* in the researcher’s area: police posts, army bases, hospitals. These may provide reference points that can be contacted in case of need;
- *important security phone numbers*: supervisors, colleagues, family, security services, journalists, human rights organizations, embassies, and so on;
- *evacuation points in case of danger*: airports, roads or points of passage, neighbouring countries;
- *a medical kit*: the researcher should indicate whether he considered carrying one;
- *a charged telephone* and, when possible, some emergency batteries and credit for airtime. The researcher should try to be reachable even in areas without phone coverage. Inability to communicate may alarm colleagues and supervisors who are following the

researcher's movements. *The researcher should specify when he/ she will communicate with the focal point*, and which protocol the focal point should follow in case contact cannot be established;

- *a description of one's accommodation*, a specification of hotels, guest houses: the researcher should communicate where he is staying. He should also choose accommodation that allows to avoid security risks as much as possible. Depending upon the context, the researcher may have to change his accommodation and move elsewhere. This should be communicated to the security focal point;
- *other important elements*: any other important issues in relation to the research trip;
- the signature of the researcher and, if possible, of the security focal point.

These elements are essential, but they remain flexible. As Meyer (2007, 59) puts it: '[r]isk will never be planned out of research; but using personal experience and substantive literature to develop decision-making strategies for institutions and lone researchers can help better manage risk.'

A security protocol can play a preventive role and may avoid loss of time by specifying how to circulate information in case of need, in order to timely reach the appropriate persons. Establishing a security protocol also invites the researcher to explicitly think about 'strategies [that] take into account power dynamics and choices available to actors in a particular setting' (Meyer 2007, 59). However, it should not be considered as a panacea to all potential problems. The researcher's own sense of responsibility is the most important factor in risk-management, together with his or her capacity to improvise and adapt. The next section illustrates how adaptive capacity is crucial once entering the field; right from the start while introducing oneself in the field.

In the Field: Introducing Oneself and the Research Topic

When engaging in research in a conflict-affected context, the way the researcher introduces himself and his sensitive research topic may represent a first obstacle. Key informants – also those met during the early 'preparatory' stages of the research - will assume the researcher have a nefarious agenda, often right from the start. An erroneous introduction into the field may result in a refusal to work with the researcher; or may allow actors to position themselves in relation to the presence of the researcher for their own benefit. Moreover, the introduction of a research topic may bring up unexpected tensions. Denzin (2009, 72) mentions how the existence of 'multiple truths' can lead to 'truth intolerance' or 'truth shock and counter-shock' when the research topic is introduced. I lived this situation in 2009.

I was just starting participatory action research on land and inter-ethnic conflicts in Kalehe territory (in the North of South Kivu province) for the organization *Action pour la Paix et la Concorde* (APC). With a colleague, we undertook preliminary meetings with different ethnic groups. During a focus group with Hutu participants in Nyabibwe, we explained the goals of our project; the way in which we would conduct our research; and the expected outcomes. During our presentation, the attitude started to change, and small paper leaflets were circulating in the room. We were countered with increasingly aggressive questions around our legitimacy to work on inter-ethnic conflicts. We both started to feel very awkward. I managed to send a message to the driver, asking him to come closer to our location with the car (for security reasons). The research participants asked us to show them documents of all kinds. They accused us from working for the

government, suggesting that we were using the cover of ‘independent researcher’ for some hidden agenda. It was one of the hardest moments of my research life.

What I learnt during those circumstances is to not give in to panic. My colleague and I answered the questions clearly and diplomatically. We also talked about our own limits as researchers and explained that, as members of a non-governmental organization, we aimed at understanding the situation and to produce recommendations that came from the local community. At a certain point, I proposed to take a break and share a soda. This helped to de-escalate the crisis. The experience also illustrated the importance of creating space for reflection in interaction with other team members and for adjusting the research strategy. We used the break time to inform our superiors of the problems we were facing; and redefined our questionnaire guide in case the focus group would continue. Eventually, we were able to reassure the group of our intentions. The attitude from the side of the research participants encountered in this brief anecdote is a challenge that occurs more often – particularly in conflict-prone settings. In most cases, research participants are not trying to stop the research but to protect themselves. The researcher must be transparent and make sure that the ‘interviewees feel safe’ (Ansoms 2012, 3-4) in order to obtain their collaboration.

Moreover, in the introduction of very sensitive topics, the researcher must walk on a thin line between being honest and open, of being diplomatic and strategic. Brown shows that for local participants the researcher is also an object of research: ‘A variety of individuals is consistently trying to gather information on us’ (2009, 213). The topic must be introduced while taking into account local sensitivities; and that challenge may be further complexified by the various interest groups that are approached in the research. The language the researcher adopts should be tailored for the actors he is interacting with a variety of actors, notably the authorities who are in charge of validating mission documents, research teams on the ground, militias or regular army forces, peasants or elites. When presenting his research, the researcher should account for the fact that these actors do not act according to the same rationale. For instance, instead of talking of ‘land grabbing by local elites in Kalehe’ to those elites, I speak of “‘the challenges in elites’ contribution to local development in Kalehe.’ Little by little, I introduce more precise issues dealing with land-grabbing-related conflicts, while taking care to approach them within the broader – and less politically-charged - topic of local development. It is up to the researcher to be inventive and aware of the margins of what is practically and ethically possible.

Sluka (2009, 283) highlights that ‘it is crucial that the researcher tries his best to counter the false perceptions of his work by the public so to avoid being grossly misunderstood or interpreted’. When I was working on local land conflicts and ethnic cohabitation in South-Kivu, certain local actors started claiming that we had received funding to legitimize the foreign ownership of land in the Kivu. For others, our work was a pro-Rwandese operation. Only slowly and through a long process of building trust they were able to understand our work and its usefulness for transforming local conflicts.

At the same time, it is always possible that things go wrong. In such a context, an outsider researcher may find his access to the field blocked (see Reyntjens 2009; Thomson 2009). Consequently, he or she may be jailed. However, an insider researcher may face even more serious consequences, affecting himself or his family. Besides the danger imprisonment and torture, his public reputation may be stained far beyond the research arena. Therefore, the researcher, both insider and outsider, should try to evaluate his relationship with his research environment in the short, medium and long term – for him or herself, but also for his or her collaborators. This

vigilance is necessary not only during the introduction phase; it should be maintained during the writing and the dissemination period.

During and After: Thinking Through Publication and Dissemination Strategies

Should results be disseminated or not? If yes, how, why and to whom? Any research endeavour should serve to inform, to educate and to produce scientific knowledge of interest. How useful is a study if it cannot be published and made available? Why should a researcher invest money and energy in a research that only results in the ‘graduation’ of the researcher and that is not of service to society at large? More questions may be added. While maintaining these questions open. However, I plead in favour of a cautious approach when it comes to publishing research results. As academic researchers working in sensitive contexts, we must avoid publishing results on sensible topics under pressure, and we must pay attention to the consequences that massively sharing our documents may have. It is important to keep in mind that readers that are politically motivated and moved by their own agenda, may (at times deliberately) misinterpret our writings, our style, our quotes or analysis and may use them to harm others. A high level of caution is needed for the local researcher, for whom the threat is permanent given his relations with the local milieu and its actors. Just publishing in the name of ‘truth’ and for the sake of information can – under certain conditions – be very problematic.

A first major issue to take into account when entering the publication phase is to properly anonymize the research data. While participants in any situation, as human beings, deserve the protection of ethical standards, individuals working and living in situations of armed conflict, of state repression and of serious human rights violations are clearly and specifically more vulnerable. Even more so when those individuals are not outsiders but belong to the society that is the object of the research, and thus are obliged to stay in the region as political and social actors, as researchers or in any other function (Sriram 2009, 58). In sensitive and violent contexts, certain information may hinge on the ability to access the field in the future or it could endanger the lives of the participants. Sriram (2009, 59-61) tells how one of his key participants was assassinated by the Liberation Tigers of Tamil Ealan (LTTE), a radical armed group engaged in a process of constitutional reform with the government. The armed group was the topic of Sriram’s research and Dr. Triuchelvam (the main participant) was a member of parliament and took up an active part of the peace process. Dr. Triuchelvam had not yet finished reading the draft sent to him by Sriram when he was killed in a bomb suicide attack (a common LTTE tactic at the time). Sriram (2009, 66-67) concluded that researchers should stay aware of what their research can cause in terms of targeting people. Ideological or extremist groups that see in the research a possible threat to their interests may target respondents and key informants. Some people may be killed for preventing them to reveal some truths.¹

Second, the publication phase may also confront the researcher with the ethical dilemma of how to frame the position of key actors involved in the research. This is particularly challenging for individuals who have an ambivalent status within a given society, those who are at the same time charismatic and cruel. This was the case during a research trip with my team in Kapapa (fake

¹ Sriram does not directly link the assassination of Dr Triuchelvam to her research. However, she said the doctor was already a targeted person as a prominent person in the civil society and very critical about the LTTE. Sriram considers that both his status (civil society critical activist, key person in the negotiation process) and his encounters with people researching on the LTTE could have a probable link with his assassination (Sriram 2009: 60-61)

name for the purpose of this paper), in the territory of Kalehe. One of the village leaders, I will call him Jeff, was one of the key proponents in a mining conflict that involved two opposing cooperatives. The conflict had resulted in the loss of human lives at several occasions.

It should be noted that during our encounters, Jeff had always shown great respect towards our research team. He had listened to us; he had offered drinks to us; he never spared time to discuss with us. Moreover, the discourses of other people in the local setting around Jeff's position had been rather positive. Multiple individuals in Kapapa were aware of the key role that Jeff had played in the expansion of their city. People described him as someone with an entrepreneurial spirit, creative and protective, as some interviewees put it 'he (Jeff) welcomed everyone. You could obtain a parcel of land on credit and pay it later' (unnamed landless peasant participants, interview). Even those working in Jeff's plantations, especially women, described the working conditions on his plantation as better than those provided by other local plantation-holders. For example, it was possible to rent one hectare (instead of $\frac{1}{4}$ hectare elsewhere) in exchange for a day of work in Jeff's own plantation (*salongo*) while elsewhere more work was required. Jeff allowed for payments instalment, while in other plantations only whole-sum payments were possible.

However, a few local actors were more critical and suggested that people were concealing the truth out of fear of being expelled from the plantation. The further we moved away from Kapapa, the more critical our participants became of Jeff's positionality. Some accused him of working for a foreign country (Rwanda), of being 'selfish' and 'a dictator'. For a researcher each of these statements, regardless of their origin (Fujii 2010) speaks of meta-data including data that can be understood from movement, rumours, body language and so on) are important to refine our analysis of conflicts and of actor's positionality. That is why we took such statements into account. Our analysis of a first round of research data resulted in the publication of an article that was very critical of Jeff's position in the conflict, and of his relationships with military and armed groups. The article showed that, as many other local elites, Jeff was using power, financial means and acquaintances to instrumentalize local conflicts and to marginalize the people involved.

However, a second round of field research confronted us with particular challenges. This time, while discussing with Jeff, he asked us what we had done with the results of the previous research phase: 'I never saw the publications that followed our first exchanges, may I have a copy of it?' Additionally, in the absence of any visible tangible outcome, he rightfully wondered what the purpose of our research was: 'You say you are conducting research, but what the impact will be on local development?' (Jeff, interview). We were seriously challenged by these questions. We refrained from telling him that we would send him the article that followed our first exchanges, as we were aware that doing so would have meant the end of our research in Kapapa. We told him that the final results would come with the publication of my doctoral thesis; and that our work would assist decision-makers and development practitioners in the elaboration of their programmes. Eventually, we decided to not immediately publish the article online. This allowed us to gain some time and to define other strategies for sharing our results with particularly sensitive participants.

The aim of this section was not to question the utility or necessity of publishing research results. Publication remains the main means of communication for a researcher. However, caution is necessary, also during post-fieldwork phases. The researcher should evaluate the consequences that may follow if publications fall into the wrong hands, or in the case of untimely online publication – particularly when working in sensitive contexts. It is important to avoid sharing drafts prematurely, or to publish too rapidly without fully taking the time to consider the possible consequences. This is particularly challenging for junior researchers who often struggle with

publication pressure in order to gain legitimacy in the professional academic world. In some cases, it may be better to deprive science from some information, rather than causing harm to research participants or the researcher him- or herself.

Conclusion

This article explored the challenges that I faced, working individually and in a team, in the conflict-prone setting of eastern DRC. I highlighted that – regardless of all preparation before entering the field - the researcher’s on-the-spot ability to assess difficult situations remains key in order to put in place effective strategies to deal with the challenges encountered. However, decent preparation may help to sharpen that ability; for example, by collecting information on the context, by analyzing risks before leaving for the field, and by developing strategies to introduce the research and the researchers. Preparing a security protocol is crucial, given the unpredictability of the field. The researcher remains the only responsible for decision-making and for finding solutions to problems, given that he is the only person capable of assessing their severity. However, the elaboration of a security protocol invites the researcher to explicitly think of the risks in advance; and to foresee in back-up in case of problems.

Furthermore, in conflict areas where formal security services are lacking or where they are controlled by criminal and corrupt actors, the support of a strong local network composed of political, administrative, security and civil actors is key. Sharing a drink, a bottle of wine, or paying for someone’s airtime in order to allow them to communicate with you may be crucial. Some researchers do not approve of these methods. However, being able to interact with those who are aware of the changes in the local context, can reveal aspects that might someday be crucial to the researcher, to his or her security, and to the security of the research participants. Building and maintaining a network has a price and requires adaptation.

Finally, my chapter asks for caution during the publication phase. Being prudent in sharing preliminary drafts and in spreading publications online may be key in maintaining accessibility, but also in protecting the researcher’s own security. The publication pressure is particularly challenging for junior researchers working on their own setting. They are, on the one hand, pushed to publish rapidly in order to gain professional legitimacy. On the other hand, they may underestimate the long-term impact of publishing certain findings, analyses or conclusions upon their own lives or that of their family.

Indeed, however challenging it may be to do research in conflict-prone settings, these challenges are even more pronounced for those researchers working in their own environment where they live or work together with their family. The researcher should be aware of the effects of his research on those close to him in the short, medium and long term. Upholding ethical principles and an attention to avoid any harm should be part of the researcher’s culture, together with the awareness that his own sake and that of his participants are more important than the research.

The examples used in this article come from my experience as an academic and activist researcher. It is important to mention that research in conflict zones is complex and sometimes it can be difficult to give with precision what are the best ways to prevent or tackle obstacles. Dealing with ethical challenges is and will always be a matter of responsibility. Researchers must be aware of their vulnerability when engaging conflict prone environments.

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Chapter Three

A Research Journey: Ethical Dilemmas During the Journey of a Female African Recovering the Memory of 'Home'¹

Ghaliya Djelloul

Research, as a socially mediated process, is a socio-cognitive experience where ethical questions are intertwined with the production and interpretation of data (Sabourin 1997; Gaudet and Robert 2018). Therefore, ethics constantly navigate alongside epistemological, methodological and theoretical paths (Genard and Roca i Escoda 2014; Maunier 2017). Yet, when research is socially located at the crossroads of personal and professional lives, reflecting on ethics becomes a type of autoethnography (Butz Besio 2009: 1660). This practice of Self-representation was first defined by Reed-Danahay as a 'form of self-narrative that places the *self* within a social context' (1997: 9), in order to trace both the effects of social mediations on the knowledge produced, and on 'our constitution as researching subjects' through them (Butz and Besio 2009, 1661). Such critical (or doubled) reflexivity, as an 'identity-work' being done 'self-consciously,' may bring us to a trans-cultural communication, articulated in relation to oneself and the wider social field that includes an audience of 'others.' This puts the agents of signification (academics) and the objects of signification (research subjects) as opposite poles on a continuum. Butz and Busion, who share the common use of subjectivity as an epistemological resource, describe five types of autoethnographies that represent a variety of 'self-representational' practices in which authors 'cross, straddle, or inhabit the boundary between non-academic and academic subject positionings' (2009, 1660).

Throughout this text, critical reflexivity, defined as a 'self-critical sympathetic introspection and the self-conscious analytical scrutiny of the self as researcher,' (England 1994, 82) will help me locate the turbulence in my identity which occurred when navigating through the social mediations during my research on women's spatial mobility in my native suburbs of Algiers. Returning to a 'home' that my family and I had left seventeen years earlier, fieldwork as a process has triggered for me a continuous subjective movement between my Self and its 'double,' both as an individual and as a researcher (Mbembe 2013).² Therefore, critical reflexivity had helped me to reflect on how this multi situated position has evolved, as new social mediations occurred, finally breaking out as a 'travelling identity' (Mbembe 2013, 145) of transcultural subject. It is thus crucial to considering how this specific experience has shed new light on ethical dilemmas, as new social mediations occurred. Following Pratt's (1994) understanding of a transcultural, reflexive research subject, and imagining fieldwork as a site where transculturation occurs, I will argue that ethics need to be contextualized as we progress through the social relations tied to the scientific journey, and should be guiding principles rather than a set of rigid norms (Faës 2014).

¹ I am grateful to my colleagues Naïma el Makrini, Joachim Ben Yacoub, An Ansoms, and the two anonymous reviewers of this chapter. Their empathy and benevolence enlightened my reflection and allowed me to move forward on the path of reflexivity.

² Borrowing this expression from A. Mbembe (2013, 177), the image of the 'splitting in two' of the Self (creating its doubles) reflects on 'time' and its 'concatenation' as a matrix of structuration of subjectivity through memory, remembrance and other modalities of presence of the past. Intimately mixing rational and dreamlike consciousness, time is only experienced through listening to the body's sensations, which can be multiple.

By reflecting on the conflicts I have encountered between my personal morals and the ethical principles of research while struggling to conduct fieldwork, I will show that my situated ethical perspective is always directly tied to my positionality (Mullings 1999; Bouka 2015). Therefore, I will analyze how I am ‘situated in relation to the people and worlds’ that I am studying, ‘and to the fields of power that constitute those relationships (Butz and Besio 2009, 1666). This will allow me to discuss a variety of ethical dilemmas that occurred as I had to conduct research under cover.

To this end, I will elaborate on three constituent stages. In the first stage, *before fieldwork*, I will acknowledge the personal and activist background that explain how different components of my identity (such as gender, class and ethnicity) have shaped my positionality (as a mid-sider that embodies both a ‘dutiful daughter’ and an ‘immigrant’) when entering the field. In the *during fieldwork* stage, I will explain the reasons that led me to start my research under cover, as I faced a physically constraining and emotionally intense gendered experience of containment in the subordinated position of ‘young girl’ in domestic spaces.³ This will lead me to explain why I later used the cover of dutiful daughter to reach out to other women, and its costs in terms of ethics. Finally *After fieldwork*, I consider how a political dimension that only emerged after the process of socialization, by sharing the space, time and language (Sabourin 1997, 11) has produced a movement between my ‘Self’ and its ‘doubles,’ and made me recover my memory, namely, the responsibility of ‘representation’ (Manning 2018: 7) when thinking and writing about Africa from its diaspora and having to face multiple audiences.

From Personal to Political: Moral Landscapes of a Multi-Situated Researcher

Conducting research in a feminist perspective,⁴ I do not consider scientific production as a neutral social-construction (Martin 1991; Reinharz 1992), but rather a mediated one, that can (re)produce gender norms and representations, resulting in bias contrary to the claim of ‘objectivity.’ Therefore, I will follow Harding’s invitation to reveal the political motives behind my research on a quest for ‘strong objectivity,’ in order to clarify the social location and historicity of the situated knowledge I have produced (Harding 1986, 438; Delphy 2009). My epistemological point of departure is not one of ‘break’ (Bourdieu, Chamboredon and Passeron 1983, 27) but of standpoint theory (Wylie 2003, 26). Reflecting on my own embodiment of gender relations is thus important to understanding how I *personally* perceive and experience them, and how this, in turn, affects and is reflected in the terms and the way in which I *professionally* delimitate the object of my study (De Gasquet 2015). Moreover, the choice of an ethnographic approach involves my presence and participation in the social relations during the fieldwork, which in turn requires an analysis of its effects on knowledge production (Campigotto, Dobbels and Mescoli 2017; Munthali 2001; Ouattara 2004).

Feminist anthropologists offer a rich analysis of the ways in which their work is shaped by the different facets of one’s social position, particularly with regards to their choice of subject, the method of data collection, and its interpretation. I have found, in *Arab Women in the Field: Studying Your Own Society* (Altorki and Fawzi El-Solh 1988), a valuable framework for reflecting

³ ‘Jeune fille’ is the expression used to express this status. It is borrowed from French and opposed to ‘Madame,’ which refers to a married woman.

⁴ If feminist research can be described as ‘primarily connected to feminist struggle,’ in the sense that it aims to challenge ‘the basic structures and ideologies that oppress women’ by ‘illuminating gender-based stereotypes and biases, and unearthing women’s subjugated knowledge,’ it can hold different perspectives and draw from a wide range of methodologies (Brooks and Nagy Hesse-Biber 2014, 4).

upon the impact the status of ‘indigenous woman’ has on the social experience of female researchers in societies in which sexual segregation, to different extents, continues to structure the social reality. Relying on their narratives, I will unpack the personal and activist reasons motivating the choice to conduct research on Algerian society, and the feminist motive behind working on topics at the crossroads of gender and Islam. As I recognize that my research is a professional path, shaped by my different identities, and part of a broader personal journey, unveiling some of my intimate details here is necessary in order to contextualize the subsequent analysis of the ethical choices I made during fieldwork.

A Personal and Political Quest for Recovering Memory

One of the experiences that decidedly motivate my research is situated in the uprooting that occurred during my late childhood (11 years old) as I left the African continent, in the context of an armed conflict. Upon my arrival in Switzerland, I found myself thrown into a completely different society, and an entirely different social position.⁵ Indeed, the process of transplantation led to a first splitting in two of my Self, forcing out my Algerian ‘double,’ and fading away its memories. A European double, shaped in a liberal environment, was under construction. Burying deep down the traces of my childhood without dealing with the trauma of the war (Akello 2012, 290) would span several years. Eventually, I reached a turning point where the social distance – amplified by the effect of time – had transformed the geographical distance into a cultural trench between myself and relatives and childhood friends.

As my European double had internalized, during those years, it now embodied a figure of ethnical ‘Otherness.’ Thus, my inner desire to return home could be framed as an organic need to reconnect that part of my Self to its original mirror.⁶ This explains why I began my research in Algeria perceiving myself a native. My own relatives, however, would see me as a reflection of the Other, referring to me as an immigrant.

In fact, from the outset, my status placed me as a mid-sider, holding characteristics of both ‘here’ (through features of ethnicity such as the place of birth, filiation, use of Algerian dialect, religious knowledge, etc.) and ‘there’ (through features of social class such as self-presentation, use of foreign languages, nationality, currency, etc.). Witnessing the alteration of the time that passed, I was struck both by how my seat in my relatives’ domestic spaces was always guaranteed, as if the years did not alter the familial tie, and by how my presence as a mid-sider seemed to trouble my family, as if I was blurring the line,⁷ delimitating the ‘in’ from the ‘out,’ and thus threatening familial self-preservation.

Once again, I tasted snippets of the happy memories of my childhood, rediscovered the atmosphere of domestic spaces, the rhythms of domestic tasks, the daily social life (coffee with

⁵ Described by Chantal Jacquet (2014) as ‘transclass,’ a term that refers to a process of ‘non-social reproduction’, under exceptional (political, social, economic, familial, etc. circumstances, resulting in the passage from one social class to another, and affecting the constitution of individuals.

⁶ Before starting this research at the age of 28, I had undertaken other projects in Arabic speaking countries, where I was partly seeking to rediscover my primary cultural environment. The hazards of research in volatile political contexts are what drove me to working in Algeria for such a long time, and to participate intensely again in my family and community, by returning to the suburbs of Algiers.

⁷ As in the words of S. Joseph, it is not only the fact of living abroad that is at stake here, but of living in the ‘West’ (as the Lebanese expression in her case points clearly: ‘mughtaribi’), that constitutes the source of alteration by living surrounded by/at the “Others” (in Altorki and Fawzi El-Solh 1988,1088).

the neighbours, Ramadan evenings amongst friends), and all sorts of celebrations for special occasions (weddings, circumcisions, or births). The more time I spent in these spaces, the more I roamed the streets, woke up, went to sleep, talked, ate, bathed... the more the memories of my body resurfaced in my consciousness. Little by little my body found its bearings as it felt immersed in this familiar environment. As of that point, these two life forms began to coexist in a way so complex that it seemed paradoxical: by experiencing circumstances in which I did not understand the issues of social representation, I was gaining awareness of my own social amnesia caused by my prolonged absence. I constantly felt out of sync. The more I became reindigenized, the more I became aware of my European double, whereas I had previously laboured under the illusion of having a single, unified, Me (Kondo 1986). As a kind of revenant who was witnessing the spectacle of her own duplication, I experienced the 'ghostly paradigm' to which Mbembe refers, in which there is neither reversibility, nor irreversibility of time, and 'only the winding of experiences matters' (Mbembe 2013, 215).

During these two years spent on the field, throughout which I moved between Algeria and Europe, I often felt myself drifting, torn between my different identities. I experienced considerable emotional turbulence (feeling often lost in translation) (Rémy 2014). The more I immersed myself into Algerian society – discerning, remembering and feeling once more – the more I realized how difficult it was to be back again in Europe for short stays. On the long run, the slow reconnection with the shadow of the little girl buried within me, who lived amongst her own people and projected herself as an indigenous person in the narrative of her ancestors, helped in balancing out the space taken up by her European double (that had internalized the embodying of a representation of an outsider in a European context). In brief, fieldwork, to me, did not only consist of a movement through space, but also through time by rediscovering the land of my ancestors in order to reconnect with the community of my own (Bodson 2000).

Finding my way back home personally helped to heal the traumas that political violence had left, as if recovering memory undid the social division and hostility that had kept me away so long, and helped reinterpret them in an appeased and comprehensive effort to produce a memory *of* the experience (see Halbwachs and Sabourin 1997). Therefore, I hope that writing as an outsider-within in the academy (Hill Collins 1986, 14) will contribute to the ongoing establishment of a memory of the traces left by a decade of political violence, and to consider how its ghosts still shape everyday life despite the population's attempt to resilience. Such objectives are hampered by the political amnesia imposed at the beginning of the millennium (Moussaoui 2006), but living in the diaspora and holding an emergency exit card (i.e. a European passport) constitute a privilege, and from my point of view a responsibility, which my family and I can benefit from.

An Activist Call to Decolonizing Feminism

Moreover to holding an Algerian identity, I grew up as a little girl during the eighties and nineties in the suburbs of Algiers, in a society that sought to maintain the spatial segregation of gender relations, despite the growing difficulty of faithfully reproducing a traditional patriarchal 'arrangement between the sexes' (Goffman 2002; Macé 2015) in an urban setting. Throughout my childhood, I was largely immersed in the domestic, and predominantly feminine, sphere. These gatherings of sisters, cousins and friends were moments of solidarity in which women shared the joys and troubles of their domestic lives, caring about each other and emotionally 'merging' together (Joseph in Altorki and Fawi El-Solh 1988, 39). As they helped, advised and listened to one another, I was struck by how their common experience of vulnerability as women in a male-

dominated system was the foundation of their solidarity, despite their socioeconomic or cultural disparities.

At the same time, I was scarred by the power relations linked to gender and by the violence I witnessed around me, and to which I was being groomed by society. My awareness of the injustice against the category of female was heightened by the stark contrast between the education I was receiving within my family and the norms which applied outside my home. Access to education for girls was, admittedly, a political right, but it did not seem to hold the same importance as it did for boys in the eyes of some families and teachers that legitimized discriminatory practices by referring to a religious authority. Hence, school soon became a space in which I would acquire my autonomy and my thirst for recognition as an individual.

From a very young age, my personal experience of being assigned a subordinate role as a female, together with the fact that I witnessed these networks of solidarity, instilled in me a spirit of resistance, which turned into a feminist consciousness. And it has never ceased growing over time. As an adult, it has led me to seek ways in which to act upon it beyond my personal sphere. Discovering the critical dimension of the social sciences, and particularly that of feminist epistemology, my first interest of research focused upon Islamic feminism. It is a movement that delegitimizes the subordination of women to a male guardianship through the reinterpretation of Islamic religious doctrine. Learning more about the experiences of these women in a European context made me want to understand the obstacles to forging alliances between secular and Islamic feminists in Belgium (Djelloul 2018a). I was particularly struck by the denial of the latter's feminist consciousness, because rooting their speech in Islam would be a contradiction in terms. When presenting the results in either secular feminist or Muslim environments, I often felt like these women could not be recognized either as feminist, nor as Muslim because they were assigned to dichotomic categories, which did not allow a bridge for a common horizon to appear (Mbembe 2013). In this context, I was inspired by Mestiri's recent suggestion to decolonize feminism by adopting a transcultural approach that navigates along its border, allowing a plurality of feminisms to emerge (Mestiri 2016).

When I arrived in Algeria in 2014, I wanted to carry on understanding how religion could be used as a tool to challenge women's oppression, focusing my attention on a nascent dynamic of feminization of the religious field that caught my attention. Still at an exploratory stage, I was planning to visit the Islamic faculties of several universities in the country to have the chance to meet female students. However, nothing turned out as expected. I underestimated how returning home would be difficult to handle. I would be travelling through different sets of gender norms, which would impose constraints and a new perspective to my research. I had to learn how to cover as a female and to cover up my family's secrets, before being able to conduct research.

From a Constraint to a Resource: The Disguise of Dutiful Daughter as a Cover for a Researcher Trapped in a Domestic Moral Economy

I landed in Algiers a few weeks after my mother had moved back from Europe after seventeen years of absence. I had planned to spend a few days with her and my relatives before breaking ground on my research by wandering through the city. But I immediately faced several attempts to discourage me from leaving the inside. I was pointed to the physical abuse and the moral damage my presence outside would provoke, to me and my family. I started wondering about my lack of awareness of the current security situation in Algeria, and whether I would be able to conduct this research. My family's subsequent outcry to any of my attempts to go out

proved to be so severe, and their insistence to accompany me so unavoidable, that I started questioning the notion they were assuming of my evident vulnerability as a woman.

Experiencing spatial containment was hard psychologically as I felt imprisoned, surrounded by domestic walls and emotionally exposed all the time, constantly on daughter duty under the watch and control of my extended family (Foucault 1975). No visit could be declined, no question avoided, and once guests were there, I could not leave the scene without losing face, both for me and my parents. I quickly realized how unprepared I was to face these family politics because of my long absence and the distance it had created with my relatives. Fortunately, other social characteristics allowed me to gain some flexibility with regards to gender roles. First, as an immigrant, I represented both an 'outsider' who had been altered by another cultural context, and a 'transclass,' who now held sufficient economic resources to access autonomous and safe transportation from the suburbs to downtown and other cities. This status granted me some leeway with regards to my behaviour because it partially shielded my relatives from the shame that my behaviour could incite and relieved them of responsibility when I would challenge the patriarchal norm.⁸

The first weeks of confinement and trying out strategies to get more spatial mobility sparked my interest in how other women managed to go out despite this 'familial containment' and how they experienced the extra-domestic spaces (Djelloul 2018b). Therefore, I decided to turn the constraint of staying 'inside' to my advantage and to start observing while I (had to) participate in domestic spaces. Starting my ethnography from my parents' and relatives' homes turned out to be very useful, even though it definitely blurred the divide between on- and off-duty during the fieldwork experience, leading to specific ethical dilemmas.

On one hand, it gave me the necessary data to better understand the specifics of my position in the lineage (as a non-married woman). It also helped me to grasp the social location of the discourses and the practices (on family, marriage and religion) I witnessed or participated in, in the broader Algerian social landscape (class, gender, ethnicity). This background information was crucial to contextualizing and clarifying my parents' trajectories and my own. Actively engaging in the social relations at home also helped me catch up on the missed time and update my skills as a dutiful daughter (cooking, presenting and serving the food, performing a gendered self-presentation through attributes of femininity such as straight hair, make up, and so on). Once I had developed enough skills and networks to leave domestic spaces covered to meet women outside my familial circles, the amount of time I had spent with my relatives proved to be a serious advantage to getting access to interviewees. By that time, I had the right(eous) behaviours and proper attitudes allowing me to visit them at home without hurting their families with my previous shameless reactions. By accepting to play by the dutiful daughter's rules,⁹ I was credited with the

⁸ In other words, I excused them from having to publicly admit that they had failed to pass on and enforce this norm. On the contrary, when I did behave myself in a manner deemed 'decent for an immigrant,' my behaviour even brought them pride as though this was proof that they had indeed carried out their mission.

⁹ I had left Algeria as a child (before puberty when women generally start experiencing spatial confinement), and being always back accompanied by my parents, I had never realised how much women's spatial mobility, in other words the social capacity they are given to move beyond family's domestic spaces, was anything but self-evident, and rather a matter of power relations within the family. Deciding to find a place on my own would have been very difficult (as it is rare for a landlord to rent an accommodation for a non-married woman), dangerous since I would be considered deviant living outside familial guardianship, and costly because such a choice would have caused my banishment and that of my parents (held responsible for my behaviors) from a big part of my relatives.

moral capital needed to enter and stay in other people's homes; I was covered by my family's social standing and reputation.

On the other hand, being trapped by a social group on the field revealed to be a challenging source of ethical dilemmas. I was facing a contradictory loyalty: holding a responsibility (1) towards my relatives of maintaining their moral capital by covering up sources of 'shame' and (2) towards the scientific community, not to deceive interviewees, in order to build relationships based on trust.

Protected and Governed by the Costume of a Dutiful Daughter

My return home without a remarkable change of position (meaning I remained a non-married woman) had immediately placed me back in the status of the dutiful daughter, with its rights and duties. This situation provided me with considerable advantages. The first one was the legitimacy of my presence there, as my parents' dutiful daughter, I neither needed to negotiate my entry nor the conditions and length of my stay on the field. Second, my pre-existing cultural background was priceless in helping me understand the normative issues at stake or, at least, the reactions that suggested when something in the social interactions went wrong, even if I did not understand why immediately. The third advantage was a gendered habitus that, as Joseph describes, has predisposed me to 'merge' emotionally in my social relations, 'by feeling "little sense of my boundaries" and seeming to dive into relationships with people"' (Joseph in Altorki and Fawi El-Solh 1988, 39). Therefore, I had no problem in adapting to Algerian traditional familial codes when visiting family.

However, I underestimated the extent to which my role as a dutiful daughter would also limit my social capacity to act and would position me as socially subordinate. As mentioned previously, living abroad, I was not reproducing that model. I thought that I had long since overcome the guilt that had shrouded me in these family ties. Therefore, it was very challenging to expose myself, once again, to these power relations. Indeed, as someone who was raised as a dutiful daughter, I had internalized 'the standards of female modesty' (Joseph and Abu Lughod 1988, 36; Abu Lughod in Altorki and Fawzi El-Solh 1988, 141), along with the power relations that structure a family unit. Hence, my obvious recalcitrance to recognize the authority of my elders and male relatives created a lot of tensions at the beginning of my fieldwork. My reservations towards merging in relationships with other women could be challenging when as their expectations infringed on my sense of personhood and Self. My ways of resisting by asserting my individual freedom portrayed me as a shameless girl (the opposite of a dutiful daughter), who would reject the norms the familial group had transmitted her as a child.

My behaviour was particularly harmful to my mother, who was materially sheltering me and morally covering me as a non-married woman. At the beginning, I did not understand how my behaviour hurt her reputation, as she was seen as responsible for my lack of shame. She begged me to foresee the consequences of what I would say and do because '(it) would reflect on my image and that of my family' (Abu Lughod in Altorki, Fawzi El-Solh, 1988, 154), starting with her own. My mother often warned me how much, as a single female, my respectability and reputation were of crucial concern since no man, except my father who lived abroad, was there to act as a guardian and protect me from outsiders.

In addition to raising my awareness, my mother also played a crucial part in the smooth progress of my fieldwork. She mediated between the other family members and myself, served as a kind of bridge – making up for my blunders. She also accompanied me sometimes to other

people's homes when I was meeting other women, who experienced the same familial containment. My mother's presence was essential to removing a barrier of protection between myself and my interviewees' relatives. It proved that as much I was an immigrant, I had not yet reached a level of insubordination that would lead to scorn the family norms, such as morally' uncovered (namely moving outside home without a guardian). She thus embodied a moral bridge between me and some interviewees by covering up the potential threat I embodied, as a mid-sider, to their families' reputation.

As well as belonging to an honourable family, my Arabic linguistic abilities were highly useful in lessening the cultural distance created between myself and my interlocutors by my status of immigrant. It highlighted my interest in my national identity, which included both Arabness and Islam (Carlier 1995). Both were automatically assumed to derive from my status of dutiful daughter. My occasional participation in certain religious rites, such as praying at the mosque, was the source of congratulations and encouragement. I was perceived as being on the right track of my way back home.

On the one hand, sharing other women's constraints to spatial mobility constitutes a very rich material that helps me understand and further question the spatial mobility in an intersectional (Bilge 2009) way through gender, class and ethnic lenses (Le Renard 2010, 129). On the other hand, being trapped spatially as a researcher forced me to navigate through different layers of family politics and intense ethical dilemmas. Having part of my identity from here, I am entitled to respect the moral codes of honourable families and to internalize that my behaviours as a woman-researcher are a matter of public concern, tying me to my family.

Protecting Familial Ties by Telling Pious Lies

Shamy and Altorki, in their contributions to *Arab Women in the Field* (1988), explain that while the difficulty for an anthropologist perceived as an 'outsider' is to gain a group's trust, the difficulty for an 'insider' is found in the threat that she poses to the group, with whom she shares its dirty laundry and secrets. Indeed, after the first period of initiation during which I could not distinguish trivial information from secrets that should be kept locked inside the familial ties, I progressively learnt how to cover up information from the outsiders, by staying silent, pretending to ignore the rumours, not panicking and not conceding facts when I would hear them said, etc. Developing this social covering up skill demanded a lot of time to understand the normative issues and power relations at stake, in addition to self-control, emotional opacity and a sense of moral commitment towards the group.

Yet another ethical challenge I met in order to maintain a dutiful daughter's face, was to deal with the fact that my honest answers to several questions immediately asked by distant relatives or outsiders would not only cause displeasure, but also risked damaging my parents' reputation, or even my entire extended family if the word got around. These were questions related to my personal life or my brothers' and sisters' - who lived abroad - way of life (i.e. moral conduct) and could be part of strategies to undermine my family's reputation. The general ethical standard of not deceiving your interviewees prevented me from lying to the subjects of my study, and I felt trapped as the survival of my social face, and that of my familial group, demanded that I conceal what would be a source of shame.

As a last resort, I produced what some would call a pious lie, meaning a lie for the family's sake. As familial ties are considered sacred, it is supposed to be morally acceptable to lie in order to prevent harm, shock, or provoking the envy of a family member, or bringing shame to the family

in the judgment of an outsider. Although I was, for a long time, uncomfortable with these kinds of little arrangements with morality, I had to overcome with my requirements for honesty. I became aware that the need to maintain my family's honour was greater than my personal moral qualms. My duty as a family member, benefiting from its cover in front of the others, forced me to put my moral choice into an ethical perspective. In the Algerian context, ethics does not derive from an individualistic moral choice – as in a liberal environment – but rather constitutes a public matter, a moral economy, helping to reproduce families and communities by protecting them from the threat of individual desires.

I have chosen not to discuss, in this space, the pious lies I had to invent or reproduce for the sake of my parents' social reputation, but I want to stress that, despite the moral principle of honesty and the ethical commitment to building relations based on trust, lying for self-preservation was essential in that context to prevent harming my relatives, and de facto, myself, as a person and a researcher.

Interference as a Source of Trouble, and the Outsider's Reflection in my Eyes

When research and personal lives merge, it creates an intense experience, where 'an autoethnographic self-narration may be risky to self-identity' (Butz and Besio 2009, 1661) because it troubles the perception of the Self. Since fieldwork cannot be fully anticipated, deontological issues sometimes only appear afterwards. Doing research 'at home' has led me to view ethics as an ongoing process, and not as fixed norms, evolving with me throughout the field. The critical move of reflexivity is made possible by the intersubjective setting of writing. Those new lenses on the memory *in* the experience, informed by the experience itself, help then to produce a 'memory of the experience' (Halbwachs in Sabourin, 1997, 18).

As I reach the final stage of writing, I realize that unrevealed ethical choices extend until this point: how far can I anonymize a relative, such as my own mother? How can I fulfill the necessary self-transparency when pursuing a quest for strong objectivity if it demands that I reveal the secrets of my relatives? This leads us to the necessary ethical quagmire that arises from choosing to start my ethnography at home: the impossibility of keeping a social distance with my participants while being immersed in the field.

Critical reflexivity has helped me acknowledge, after my fieldwork, how my relatives had been affected by my conduct on the field, because my objectifying eye somehow violated their 'intimacy' in domestic spaces. Even though I understand my behaviours as a response to a great vulnerability experienced on the field, I will now consider how to minimize the damages my presence has caused. At this stage of writing, I have chosen to dismiss some data, or veil the familial ties in order to ensure continuous consent and protection of anonymity, even though I couldn't assure that I would do no harm. Finally, I will try to find my own voice's way through my relatives' expectations, without betraying them.

Disrupting the Scene by Interfering on the Familial Stage

After a few weeks spent in Algeria, my project was becoming more concrete, and I began to clearly spell out the professional motive behind my presence, and my interest in the mobility of women. The questions I asked were henceforth perceived as forming part of a study, even though they were not asked in the context of a formal interview. And yet, my relatives were happy to be able to help me and share their opinions and assessments of Algerian society.

Family visits allowed me, as a spectator of these meetings, to be kept up to date about the news in each of their families. I witnessed and listened to every one of their conversations, as I had in my earliest childhood, but without ever explicitly being the addressee of their words. Yet, I was less interested in the facts they were reporting than in the interpretations these implied, which revealed the norms that were at stake. Therefore, I started asking questions, interfering in their conversations, seeking clarifications about the stories to which they referred, asked to explain their opinions on a certain person or what they were implying, etc. While I thought my questions were harmless enough, I sometimes intruded – without knowing – upon secrets shared by some relatives, and which they did not want to divulge.

Sometimes their silence was enough for me to understand I had gone too far. Other times, I only realized after the fact that I might have hurt some people present, because I insisted on getting an explanation that would implicate, indirectly, a third person present (or one of their relatives). Because these family reunions are also a stage for competition between lineages, in which everybody performs a play, I sometimes broke the *illusio* of the scene through my interrogations, trying to understand what was at stake. For an insider, the answers should have been socially self-evident.

My immodest behaviours (such as springing questions on my hosts, giving a straightforward opinion, etc) were a reminder of the potential threat I represented for the familial unit (as are other outsiders).

Time only made me realize how much I could have been considered as a threat to my own relatives, especially due to the fact that I was an immigrant, and I didn't know how to play family politics well enough. Only after several months on the field, I had internalized a specific corporeity to my social status in Algeria, through which I sought to maintain my rank as a 'dutiful daughter' (whilst negotiating the expectations and gender codes as an immigrant woman). Even if considered a mid-sider, I was more at ease in participating in family gatherings and having the proper behaviour without harming anyone. I had learnt how to ask questions in a roundabout manner, to know when I should hold my tongue, and how to read between the lines to understand what my interlocutor was implying.

Afterwards, I can only express regret for these deontological missteps (intrusion, harm...). However, the last ethical choice I can make is not to use the information collected as data. Moreover, the impossibility to guarantee total anonymity to my relatives led me to partially cover up the preliminary phase of my research in my family's domestic spaces by moving away from a narrative autoethnography that emphasizes 'the ethnographic dialogue or encounter' (Butz and Besio 2019, 1666). Through an ethnography from 'below' (or subaltern), I rather focus on the movement it produced between my doubles, by stressing that 'autoethnography is itself a source and outcome of transcultural identity formation' (Butz and Besio 2019, 1668).

The Threatening Colonial Ghost of my European Double

Throughout my fieldwork, through my family's mediation, I felt a growing sense of loyalty and guilt towards my relatives. I was nagged by the question of what I could reveal about them without being indecent, namely without betraying them. As my relationships with them strengthened, I felt a responsibility to protect them from what would be said about them over there (by the outsiders) and realized how much my corporeity as an immigrant could have been perceived as an intrusion from the outside. This ambiguous status stressed that, despite my formal quality as a member of the group, my stay elsewhere had somehow irreversibly altered me. I thus

represented a kind of mirror for my interlocutors: in facing me, they sought to either conform or demarcate themselves from a model they perceived as ‘Other’ (or Western, meaning non-Muslim, non-believer, shameless, immoral, etc.), through their discourses and practices.

Beyond my familial circles, my recovery of home increased my sense of belonging to the land of my ancestors. The process of reindigenization, through which I recognized and distanced myself my European double, made me more aware of how its colonial ghost was perceived as threatening my people’s self-representation and narratives. My interlocutors would both be suspicious about what my European double would think, as they explained the virtues of Algerian society to me (the beauty of the traditional flavours of Ramadan, the importance of visiting sick people in Muslim society, etc.), as if they anticipated a negative opinion from me on these traditions and beliefs. At the same time, they also felt a certain pride that I would still care about my society of origin, that I would hold on to my blood. Settling down again after having travelled abroad seemed to prove that this ‘land’ was worth the try, that my Algerian identity was still a source of pride. Were they trying to compensate for a loss of face in front of a ‘symbolic domination’ (Landry 2006, 85) that I reflected?

It seems to me, looking at it from here and now, that an intersubjective setting was taking place through my presence: everything leads me to think I embodied an external and judgmental eye, to whom people wanted to prove that their religion – as the cornerstone of their collective/national identity - was dignified. Beyond me personally, I believe people were seeking out the colonial ghost of my European double, trying to lay it to rest. Progressively, through mediation and time, I started to be expected to represent and be the spokesperson of my people, namely Algerian, African, Muslims, Arabs, etc.

As a researcher, I refuse the assignation to represent any of those categories that would cause me to avoid self-criticism of any kind. But beyond self-censorship, I am serious about taking on the responsibility not to misrepresent contemporary Algerian society. Hence, as I think and write about Africa from its diaspora, I feel committed about dismantling an interpretation framework that would fill a ‘fantasy well’ (Mbembe 2013, 65) by reproducing an orientalist image of ‘otherness.’ To me, writing against culture as Abu Lughod suggests, means writing against a colonial ghost that haunts the mirror of the Selves, of both the subject and object of research (1996).

Multi-Situated Ethics as a Continuous Process of Critical Reflexivity

Ethical dilemmas interrupt throughout the road of research: even if the moral landscape of the researcher is made explicit to identify the social location of the person, social mediations cannot all be anticipated, nor can their effect on the knowledge that will be produced. Autoethnography is a tool that can turn into a dangerous mirror for the Self, especially when it threatens to expose the intimate familial ties. Therefore, the role of critical reflexivity is to limit the effects of exposing reflexivity of the Self, in order to protect from or repair ethical violations on the participants from the objectifying eyes of the researcher, who is on a quest for strong objectivity.

I take responsibility for my voice as a mid-sider, that tries to describe the frontiers experienced at the crossroads of gender, class and ethnicity. Throughout my movement between different spaces, times and languages, as I recovered my memory, I took consciousness of the ‘ghosts’ that inhabit my various doubles’ self-representations of social reality. As I want to contribute to a decolonial feminist research, admitting my own multiplicity is important because it allows me to acknowledge the different standpoints I embody, and make explicit the movement

between them. Multi-situating my writing forces me to be socially located as a mid-sider, who adapts to different audiences (and their specific political debates), without reproducing the borders between those social locations. Instead, I aim to build bridges to contribute to the intersubjective transcultural space, in which I, as a Self, can move between my doubles, in a 'travelling identity' (Mbembe 2013, 145).

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Chapter Four

Establishing Kinship in Diaspora: Conducting Research among fellow Congolese Immigrants of Cape Town

Rosette Sifa Vuninga

My experience as an ‘insider,’ researching fellow immigrant Congolese of Cape Town, South Africa has been shaped by a number of challenges in the ‘field.’ Over time, I noticed a growing rift between my research participants and myself. Two major factors explain this. The first is what most of them perceived as my advanced level of education, as a doctoral candidate in history. The second is the increasing politicization of ethno-regional feuds among Congolese transnational communities in Cape Town (Inaka 2016; Garbin and Godin 2013). Thus, my Congolese participants neither accept me as an insider nor as an outsider. My personal and professional identities merged, as I morphed from being just a fellow Congolese immigrant from the Kivu region to an intellectual woman pursuing her doctoral degree in South Africa.

In this chapter, I discuss the challenges of fieldwork among the Congolese of Cape Town. The first is around the methodological challenges of being an ethnographic ‘inbetweeners’ (Milligan 2016) despite my sense of being an ‘insider.’ As Unluer (2012, 2) explains ‘insider-researchers are those who choose to study a group to which they belong.’ I considered myself an insider among the Congolese refugee communities of Cape Town because since my arrival in 2004, I too have experienced the financial hardships and xenophobia of South Africa (Pugh 2014; Neocosmos 2010; Owen 2015).

The second challenge relates to the broader issues of ethical practice in ethnographic fieldwork, the ones Tolich (2004, 102) describes as having ‘the potential to harm both researchers and their informants.’ By ‘harm,’ I am referring to my persistence in accessing the research field even when there were signs and feelings of mistrust and avoidance, not just from my research participants, but also from me to them. This is because in some instances, I felt discomfort in their willingness to participate in my research in the sense that their participation could clash with the golden ethical rule of ‘do no harm’ (Mackenzie, McDowell, and Pittaway 2007; Thomson 2013). Thus, like other researchers who have found themselves in a similar position, I often complied to ‘make active attempts to place’ myself ‘in between’ an insider and outsider in my research fieldwork (Milligan 2016, 248), a position I sometimes felt was unfairly imposed on me. How this happened and how I managed my ‘inbetweeners’ status is discussed in this chapter. Although the focus of this chapter is on my doctorate research fieldwork (2016-2017), I provide a brief background from when I started researching among Congolese in Cape Town mainly to demonstrate the changes both in my research positioning (by myself and my participants) and changes in issues related to both my methodology and my ethical sensibilities.

The complexity of navigating everyday life in Cape Town, as Congolese immigrants must, motivated me to adopt an ethnographic approach. I was also confident in my knowledge of my research site and ‘subjects’ as being used to doing it (for my Honours and Masters programme), for being one of them (as a Congolese immigrant who has lived in South Africa for over a decade), and for possessing the necessary language skills, including Kiswahili, Lingala, and French. But mostly, I understood ethnography as ‘a unique method for investigating the enormously rich, complex, conflictual, problematic, and diverse experiences, thoughts, feelings, and activities of human beings and the meanings of their existence’ (Jorgensen 2015, 1). My chapter considers the

ethical challenges and opportunities of being an inbetweener that are also inherent to the ethnographic method, that were in turn, largely also shaped by the dynamics of home country and host country.

A Congolese researcher of Congolese

When I arrived in Cape Town in June 2004, I held refugee status until I finally got my Permanent Resident's identification document in early 2016. And, before I received a full academic scholarship to pursue doctoral studies in 2015, I was just an ordinary Congolese refugee woman. I had juggled being a full-time waitress and bartender and full-time student at the University of the Western Cape (UWC) since 2008 (the year I enrolled in undergraduate programme). It was not until 2012 that I earned a renewable tutorial contract at UWC's History department. While living on a study wage was (and remains) not entirely satisfactory for me, I have, for many of my Congolese compatriots, achieved remarkable socioeconomic mobility. This, I must admit, is not an everyday reality for refugees in South Africa. However, as a woman 'alone' from a relatively modest family, there are various interpretations of my success among my fellow countrymen. For some, being an unmarried woman could mean I have 'secret helpers' who make it possible for me to be able to afford an university education and other basic needs. Others associated my success with my ethnic and regional identity, in particular those from Kinshasa who are not shy to ask me if I am a beneficiary of those scholarships certain refugee organizations only give to people from the Kivu region. There is truth in their perception as scarce South African benefits for Congolese refugees are award to those of us who fled the DRC's warzones, in the east of the country where I grew up. This is mostly because since the mid-2000s, South African migration policies make clear distinctions between Congolese refugees (*Kivucians* in general) and economic migrants (mostly Congolese from Kinshasa and other perceived peaceful regions of the DRC).

Worth mentioning too is the fact that my research is conducted in the era of emergent 'Congolese transnational political activities' shaped by 'ethnicity, regionalism, and political rivalries' which informed the post-2011 elections crisis in the DRC and transnationally in the Congolese diaspora (Inaka 2016, 5; Godin and Dona 2016; Garbin and Godin 2013). This led to tensions between eastern and western Congolese in the form of the rise of a *Combattants* movement –a 'pressure group' that claims most of the radical activism among Congolese transnationals in Western countries as well as in South Africa (Vuninga 2017; Inaka 2016, 5; Godin and Dona 2016; Garbin and Godin 2013). This ethno-regionalism regularly preceded me in the field. In fact, since the 2011 elections, one's region of origin or ethnic identity can stereotypically be used to assume one's political allegiance (mostly in relation to being (pro-) Kabilist or anti-Kabilist). This state of affairs largely shaped the ways in which my identity as a woman researcher from Kivu impacted my research fieldwork including ways in which some participants raised their concerns regarding my research topic, my methodology as well as the motivations of my research and whose ends it served. Because of this, my fieldwork was challenged with various ethical dilemmas that I did not encounter in my previous research fieldworks. Suspensions characterized most of my interview interactions, a far cry from my presumption of open, frank and trust-based relationships with my participants. They would soon consider me an inbetweeners long before I even knew they considered me as such.

Fieldwork Then and Now

In 2011, I began ethnographic research among Congolese of Cape Town as I began my Honours programme. I was excited about doing it for the first time after lectures on how ethnography has been a crucial tool in the work of social historians (Bozzoli 1983; Vansina 1985, Bank and Bank 2013). I felt an ethnographic approach which include the use of semi-structured interviews, focus group discussions, and observation used by social historians was best suited to study how Congolese women understood and experienced xenophobia in Cape Town (Bozzoli and Nkotsie 1993; Bozzoli 1985). My research participants were also more welcoming and willing to provide any information I needed from them. To a large extent, my participants were comfortable with xenophobia as a topic of conversation. Many had lived through the infamous April and May 2008 xenophobic attacks in South Africa, an event that made both local and international headlines (Neocosmos 2010).

To a large extent, I was received as, and indeed considered myself an ‘insider.’ I was researching ‘my own’ people’ (Merriam *et al.* 2001), with whom I shared a variety of identities including ‘background, culture and faith’ (Gregory and Ruby 2011, 168) as well as being a refugee woman from the DRC resident in Cape Town. My participants included close friends who introduced me to their other female friends, relatives, and associates of all sorts. Others were my work colleagues at the restaurant where I worked at the time and other places I have worked before. I also interacted with my hairdresser who introduced me to other Congolese women hairdressers. Others I first met at the long queues of Home Affairs during applications and renewal of my refugee papers. I interviewed female partners and wives. These women (and some men) were highly supportive of my education because a good number of them held the *graduat* (a three-year university degree in the DRC) or *licence* (a five-year university degree, and approximate to a South African Honours degree I was working at the time). We communicated about meetings using cell phone calls and text messages. I saw the close relationship I had with the main participants as an ethical opportunity given the availability and excitement of most of them in wanting to participate in my research.

I must admit that being unaware of the challenges of doing research as an insider contributed to the confidence and optimism with which I conducted my honours mini-thesis fieldwork. Indeed, it did not even cross my mind that I was an insider, let alone the limits of researching among friends (Brewis 2014; Neil and Gordon 2001). For example, Brewers (2014, 856) warns against the ethical dangers of ‘ex-ante’ data which is using information one knew about the friends-participants prior to being a researcher among them. In my case, I often used many of this information from my previous talks about my friends not being aware of the potential ethical implications. All I knew is that if I use information that was not given to me consenting for research participation, I had to keep the source anonymous. At least that is what we were told once in one of our workshops on quoting voices in our honours-level writing. How I selected my participant, however, was simply by interviewing those people who were the most open, available and willing. The fact that I was emotionally close to most of them and how they openly shared even intimate talks with me was used in selecting my main research participants.

All the same, I was not confined to research ethical protocols by my institution to conduct ethnographic research for my Honours mini-thesis as it later became the case for my MA and PhD programme. I knew that researchers experience difficulties in ethnographic research as we discussed in some workshops on ‘oral history’ and research on the everyday life which rely mostly on life histories (Gluck and Patai 2016; Bozzoli and Nkotsie 1991). However, I was certain that I would not be facing difficulties of access to interviewees because I was using my friends and their

friends as my participants. Therefore, I could not care less about ‘ethical challenges and emotional pitfalls’ (Thomson, Ansoms and Murison 2013, 1) that could haunt me while conducting ethnography among my own people. I even engaged in Congolese habits of ‘home,’ such as just showing up at someone’s house or workspace without appointment as useful tools of my fieldwork. Others such as hairdressers, shopkeepers, security guards, and street vendors I knew welcomed me at their workplaces and businesses anytime I showed up, with or without an appointment.

These informal meetings were reciprocal; I felt there was no power imbalance between my participants and me. For example, we met at my place a few times for focus group discussions where we would share soda, biscuits or a home cooked meal I prepared for the meeting. But generally, they preferred that I go to them. Time, transport costs, and all the stresses related to travelling to my residence were among the reasons they preferred that I travel to meet them. I also visited others at their houses and the amount of hospitality I received was more family- and friendship-related while in the meantime, they became so used to the idea that during those days, all our meetings were about my studies. Hence, they would serve me a drink or something to eat then, almost automatically, ‘so, what do you want us to talk about today?’ or ‘about what we were talking about last time, I forgot to mention that...’ And we would immediately begin the discussion in Kiswahili, or Lingala, or French, mixing with some English. Sometimes, each of these languages were used on an interview with one person.

The best way to describe my position in the field during my Honours programme is by using Taylor’s concept of ‘intimate insider’ which embeds the positive effects of researching among ‘friend-informants’ in contrast with ‘informant-friends’ (2011):

‘Intimate insider research’ can be distinguished from ‘insider research’ on the basis that the researcher is working, at the deepest level, within their own ‘backyard’; that is, a contemporary cultural space with which the researcher has regular and ongoing contact; where the researcher’s personal relationships are deeply embedded in the field; where one’s quotidian interactions and performances of identity are made visible; where the researcher has been and remains a key social actor within the field and thus becomes engaged in a process of self-interpretation to some degree; and where the researcher is privy to undocumented historical knowledge of the people and cultural phenomenon being studied (Taylor 2011, 5).

I now admit that I exploited my friendship with these women to some extent. In fact, I realize now that I lacked knowledge of theories on the ethics of using friends as research ‘subjects’ in relation to the quantity and quality of data one collects from being an insider as major ethical challenges (Taylor 2011). Indeed, my informant-friends often provided more information than I asked for, something I generally viewed this as a positive thing, as it improved my research design as I worked to craft an original argument. Among other things, it helped me understand the complexities of living with the daily realities of South African xenophobia, something no foreigner or Congolese shied away from. I found that for these Congolese women, ‘xenophobia’ meant everything in their lives, starting with their struggle to settle and integrate in South Africa. For many, this included problems which were not always the product of South African hatred of foreigners. Their stories of losing husbands or male partners to South African women or not getting jobs because they did not know enough English could not always be tied to the hatred some South Africans have for immigrants. The challenges related to refugee documentation, however, were

common cases of xenophobia that all of us, as Congolese, have experienced, as government officials regularly mistreat non-South Africans. Others experienced it at their workplaces with their black South African colleagues. Racism was also acknowledged from white and coloured South Africans in public and in their workplaces. In fact, my participants knew, through a shared experience, that both xenophobia and racism as well as exploitation (as often we were paid less than South Africans doing the same job) were and remain everyday reality in kinds of job refugees like us are able to do.

The following year, in 2012, I returned to my participants to ask them questions on how Congolese films produced 'home' and abroad speak to their sense of *Congoleseness* (Vuninga 2014). I had just started my Master's program at UWC where I remained for my doctorate programme. I was congratulated by my 'friend' participants, many being happy for me that I was doing 'le troisième cycle' (as a Master's degree is called in the DRC) which was already an 'out of the ordinary' educational achievement for a number of them. Men and women agreed to participate in my research. However, my research topic and questions had led me to try and balance gender, as well as professions in recruiting participants. I needed to include more people involved in Congolese popular culture, mainly Congolese filmmakers and those involved in distributing them. I also engaged in long-distance through telephone, Skype, and email interviews with Congolese popular culturists living in the DRC and in the diaspora including in the Americas (mostly Canada) and Europe.

The first challenge I faced with my participants, new as well as in recruiting some existing ones, was that they often had their own questions for me. They almost always asked how I managed to finance my studies. They were interested in my financial 'connections' with many assuming I must have a full scholarship and if so, how could they also apply to get a full scholarship to begin, resume, or continue their studies in South Africa. And no matter my seriousness in answering them honestly, I felt, often through their body language or rephrasing the question as if it were new, that they did not believe me. It is during this time that I felt some emotional distance slowly building up in my relationships with my research participants. However, watching Congolese films together and debating them in Lingala and Kiswahili did help in keeping the closeness needed to get often some of the information I needed to complete my Master's thesis. This climate of skepticism would also inform my doctoral fieldwork in 2016 on ethnic and regional conflicts among my Congolese co-nationals living in Cape Town.

In 2016, as part of my doctoral research, I studied the tensions between *Kinois* (from Kinshasa) and *Kivucians* (from Kivu) also known as *Baswahili* for their use of Kiswahili language in Cape Town. While collecting life histories of these regional groups, balancing the number of participants from both regions of the DRC allowed me to hear a range of perspectives and to balance the possibility of relying on one-sided information. I also employed participant observation. This led me to visit (and revisit) business places, cultural and socioeconomic organizations and associations, churches, bars and restaurants as well as music concerts. At this point, I noted that most of my participants, regardless of the nature of our relationship, perceived me negatively. I struggled to establish trust and to secure appointments for one-on-one meetings as well as focus group discussions. When they did agree to meet me, most of our time was spent on me answering their questions about my finances and education. They wanted to discuss who I was, where I came from in Congo, how I became a doctoral candidate, why I chose my research topic, and what else I intended do with the information I am collecting. I often briefly answered these questions though in some instances I felt frustrated with the intentions behind them which were often led by mistrust. I perceived this as an ethical concern from my participants who were

also worried about presence of Congolese transnational politics of the Joseph Kabila-era and its radical tendency especially those from the western region of the DRC (Inaka 2016; Garbin and Godin 2013).¹ The post-2011 Congo elections has led to the rise of a Congolese diasporic activism movement characterized by what seems to be a paranoia about spies and other ‘intruders’ working for the Congolese government operating in Cape Town. This is a legitimate concern given the efforts of the transnational *Combattant* (soldier) movement (and also Congolese social networks) to spread such information. The *Combattant* movement did not only side with the opposition by supporting the ousting of the then-president Kabila through mass mobilizations using social media, but since 2012 they also dealt physically or verbally with those they assumed were *Kabilists*. In 2012 and 2013 in particular, one’s ethno-regional identity was often the basis on which *Combattants* associated them with *Kabilism* (Inaka 2016; Garbin and Gordin 2013; Demart and Bourdeux 2013).

At this stage, I dealt more with ethical challenges than opportunity as I was confronted with a number of issues resembling those scholars who conducted ‘ethnographic research in highly politicized environments’ encounter (Thomson, Ansoms and Murison 2013; Thomson 2010). Even my existing regular participants were skeptical about why I kept returning, and why I now asked sensitive questions to which I—as a Congolese of the diaspora, a *Kivucian*, and a ‘scholar’—already knew the answers. At times, their unwelcoming or rather reserved attitude was expressed through their body language. I case I was conducting a research meeting and I noted this attitude, one of the things I did was to increase an atmosphere of trust by putting most of the research tools such as notebooks and voice recorder aside (if I had them out already). I would then resort to ‘active listening approach’ to help detect ‘what was being said, or not said’ through ‘observing body language and nervous habits’ (Thomson 2010, 30-32). And to diminish the power struggle between the participants and me, I sometimes let them be in control of how they wanted to inform me. For example, some participants asking that I phone them instead of meeting them face-to-face, which I willingly agreed to.

This particular method needed me to have enough airtime in my cell phone to handle 30 minutes to over an hour conversation. This means spending money I did not have, as my research was self-funded. Thus, I had to decide which ones of these phone-participants to interview. I had to make sure the ones I called were potential participants, so I do not waste my limited resources. But frustrations often emerged from a potential participant preferring to recommend someone else who ‘knows better’ about the subjects I was interested in. This, however, was another way of avoiding me. Often, the people they recommended were relatively newcomers who knew relatively

¹ For example, in exploring Congolese transnational activities in Pretoria (South Africa) between 2011 and 2012, Inaka (2016) noted that ‘Ethnicity, regionalism, and political rivalries constituted major influences on these activities. Principally, these conflicts brought into opposition Congolese from the East, who are Swahili speakers and mostly pro-Kabila supporters, (pejoratively termed *collabos*), and Congolese from the West, who generally speak Kikongo, Lingala and Tshiluba, also known as *Combattants*), and are generally in the anti-Kabila camp.’ He continued that ‘The rift among Congolese in Pretoria goes beyond political alignment. The rivalry also takes on an ethno-regional dimension. For example, *Combattants* disparage other Congolese from the East (the *Baswahili*). For them, it is abnormal for a real Congolese (a patriot) to support an ‘oppressor’ like Kabila. Thus, they consider all Kabila’s supporters (mostly from the East) as Rwandans. In the course of this research, it emerged that some participants from the West perceive *Baswahili* support for Kabila as misplaced, particularly because the latter appears to be unable to protect them against armed groups’ (Inaka 2016, 5-7, 13).

less about the period my research sought to examine. After noting this, I would insist on in-person meeting those I deemed potential participants. While this often got me one of the richest information, I felt I was tampering with the ‘ethical protocols’ (Atkinson 2009, 27) which also involve not forcing information out of people. In other instances, Congolese I knew agreed easily to participate in my research but only because they mistook me for someone else in the fieldwork. This had its own methodological and ethical challenges too.

‘I thought you were an anthropologist, or that you work for the UNHCR’

Unlike in 2011 and 2012, when people simply answered my research questions, from 2016 I was suddenly confronted by a group of Congolese intellectuals who not only insisted on me explaining the rationale behind my PhD research topic, but also why I went about it the way I did. In such moments, they would share with me how they conducted their own research in the DRC, their methodologies, as well as their field of study. I have encountered people of various academic backgrounds, each with their own advice on how I could approach my topic or how I am not doing what a historian should do just because I am using ethnography as my methodology. They told me anthropologists as well as UNHCR and other NGO ‘agents’ are the ones who do ‘ethnography’ and going around asking people questions on their experience.

For many of these intellectuals (most of whom graduated from universities in the DRC), historians find their information in the museums and archives or by interviewing very old people. In fact, a good number of them struggled to see what was ‘past’ in my ‘so called’ research of a history student.

In reacting to this, I was careful to say just enough to not be misread as showing off my ‘advanced’ academic skills, but by mentioning just enough to not sound uninformed, and by making it brief so I can have enough time for the actual talk for which I came. I thus explained that my research on the tensions between eastern and western Congolese in Cape Town necessitated an ethnographic approach to better make sense of ‘the complex sociocultural, political and economic environments’ (Millar 2018, 654) in which these tensions occur, and how they play out in Cape Town. However, both my research topic and method did not just raise suspicions in the sense that I could be ‘working’ for someone, but my research skills as a doctorate student were also questioned. For example, in Muizenberg, a suburb of Cape Town, I interviewed a woman who held a *license* in History from the University of Lubumbashi. She ran a ‘crèche’ in her sitting room. She remarked to me that researching on events that are older than at least 50 years could have been better as ‘real historical topics’ (interview, 2016). She was reminding me of the ‘moral obligations that often confront the researcher’ and the fact that I am ‘most likely to do harm’ if I go around asking people information related both to the ‘home’ situation that led to their immigration to South Africa and their everyday in South Africa in relation to the xenophobic attitudes of locals (Goodhand 2000, 13-14). Her argument, and I agreed with her, was that these events are happening in current time and are highly politicized and so dangerous to engage with. She also referred to the increasing number of those in Congolese diaspora engaging in ‘home’ politics as well as the growing resentment between *Baswahili* and *Kinois*, and also the number of Congolese spies in transnational communities and how they endanger both me and my participants. This way of policing my work is highly linked to me being from the Kivu region (the region of *pro-Kabilists*) and who are often mistrusted by the majority of other Congolese ethno-regional groups (Inaka 2016).

In those cases in which my ‘anthropological method’ was not rejected, my participants continued to criticise me for not doing research in the right way. For example, a different Congolese house wife and Anthropology graduate from Bukavu (in South Kivu region) took me through a whole Malinowskian ‘participant observation’ lecture. She was clear that if as a historian I chose ethnography, then I need to do it the right way. She advised me to spend my days at Home Affairs offices in Cape Town for at least a year and take regular notes on how they treat ‘paper’ applicants by also asking them questions and securing interviews from time to time with both the immigrant officials and paper applicants.² She also suggested that I go stay with a Congolese refugee family in a black Cape Town township such as Gugulethu and Nyanga where people are highly xenophobic toward black immigrants and take notes and conduct interviews. Her comments showed no understanding or appreciation of my research topic. I was not studying xenophobia, or the handful of Congolese who live in townships as most share neighbourhoods with middleclass South Africans (Owen 2015). These remarks, I felt, had less to do with my research methodology and topic, but more with the participant’s idea of what could have been best to research on, how, and where.

In these two cases, I was confronted with wasting time as well as risks of not getting the useful information needed for my research. I chose patience, listening to their advice, allowing them to make their points, so we could then proceed with our interview. My patience was motivated by two factors. The first is that I noticed that sometimes, participants would engage in the above remarks to get in the mood of talking, to manage their nervousness toward me (mostly when they were not from my circle of personal relations), and to test my determination and set themselves in a comfort zone to begin answering my research questions. The second is that I felt that at time, these intellectuals needed to empty their chest with regards to the kind of life they live in South Africa despite their education. Research has already established that Congolese are among the most educated African immigrants in South Africa and yet most of them survive in South Africa through unskilled labour such as car guard, security guard, street vendors, domestic workers, etc. (Steinberg 2005). Thus, I felt remarks such as the ones given to me by the History graduate woman and who ran a sort of crèche in her house symbolized the frustrations of the many Congolese university graduates who never got to use their graduate skills to earn a living in South Africa. Limited by the language or by foreign discrimination in job market in South Africa, they are condemned to beg for unskilled jobs which they share with relatively less educated South Africans and other fellow immigrant citizens. This, I felt, was behind these intellectual participants’ tendency to ‘mentor’ me. To a considerable extent, I viewed this as a resistance toward being my mere research ‘subjects’. This idea also meant they wanted us to be research partners.

In other instances, however, people readily agreed to participate in my research but only because they mistook me for an NGO agent. This often happened with men and women I identified randomly, notably street hairdressers and vendors, shop keepers, but also male security and car guards, and Congolese musicians as well as people I met at events and other social gatherings such as Congolese association meetings, funerals, weddings, and eventually, concerts. At the beginning, I perceived this as an ethical opportunity. However, it became a bit of a challenge as when I needed to follow up with them, most had lost interest in participating because I was not whom they thought

² By this I mean refugee and asylum seekers. Including those applying for the first time, renewing, upgrading (for example from asylum seekers permit to refugee status), as well as those appealing their rejections. (For more on these categories and how they are treated in South African Home Affairs, see Pugh 2014, 174-178).

I was. I thus often ended up with incomplete information which sometimes could not sit well in my efforts to craft an argument for my thesis.

Loss of trust is common among researchers conducting fieldwork ‘among disadvantaged and disenfranchised groups’ (Warr 2004, 758). Managing it is an ethical challenge. I understood where the idea of being an UNHCR official came from during an interaction with my tailor in Parow, a suburb of Cape Town. She told me that my questions were similar to those a woman researching for the UNHCR asked them once. The woman, I was told, assisted one of the women she interviewed in securing a birth certificate for her child after five unsuccessful years of trying. This inspired many of them to never miss the opportunity to share their refugee- and other immigrant-related problems with UNHCR agents. But in my case, there were no benefits or promises I made regarding solving their refugee-related problems such as those with difficulties renewing their documents or getting documents for their families. Eventually, some lost interest in participating and worse, they discouraged others they were close to not waste their time. Thus, I had to start over again in finding participants by also ensuring more clarity right from the beginning through explaining who I was and what the research was for. It did not get me many participants but at least the few who volunteered to participate did so by knowing that I was just a fellow Congolese woman needing help with my studies.

I still asked some of those who originally thought I was either an UNHCR or NGO agent to participate in my research. Their responses helped me make sense of their attitude toward me as a product of their varying backgrounds and frustrations related to the challenges they face in settling in South Africa. This was still helpful in filling in the gaps in my arguments based on life histories and also to theorize the limitations of my research methods in relation to how my participants perceived my identities (Gold 1958). The tendency to question and disagree with my methodology was as much about who I really was and whether the information I collected was really for just research as it was about whether my research would change their lives. While the graduates who participated in my research often understood what it meant to collect data for writing a thesis, ‘ordinary’ Congolese needed to be explained that as a student researching for thesis writing, I was not in the business of changing people’s lives. Indeed, it is unethical to promise to change people’s lives with our research. I told them even policy driven research rarely results in tangible change in people’s lives. Often though, I needed to defend the rationale behind my research topic in terms of my own regional identity.

‘Why did you choose to research on *Kinois* and *Baswahili* conflict?’: The limits of not taking sides

The motivation for my research stems from the political feuds between the western and eastern Congolese that aggravated during and in the aftermath of the 2011 elections in the DRC (Inaka 2016). Homeland politics shapes daily life for both *Kinois* and *Baswahili* in Cape Town, even as most focus on making a living. Thus, many questioned my ethno-regional identity to question what motivated my choice of dissertation topic.

Congolese transnational communities, including those in Cape Town, are haunted by what Carter described as ‘hardening of attitude’ with ‘a series of boundaries’ (2005, 60). In the field, my experience in terms of my identity can be compared to that of Chowdhury (2017, 1113-1114) who explained the ‘multiple identities’ he experienced while researching among his countrymen in Bangladesh as ‘Cambridge-educated and British’. In my case, these ‘multiple identities’ were present through the fact that I was not just a Congolese and doctoral candidate in a South African

university. I am also an educated woman from the Kivu region. In cases when participants put my ‘intellectual identity’ first, my fellow Congolese intellectuals would want us to first talk about my topic choice. The challenge was bigger when dealing with those involved in ‘home-land oriented activism’ (Caponio 2005, 938) such as members of *Combattant* movement. They would first want me to explain why out of all the ‘interesting’ or ‘important’ topics on the history of the DRC and/or its diaspora, I chose *Kinois-Baswahili* feuds to research on. They often suggested ‘better topics,’ such as the Beni massacre; ‘genocide in the DRC’;³ the balkanization of the DRC; the global superpowers and how they fund and sustain (armed) conflicts in the DRC to loot its resources; the complicity of the DRC government in its crisis; why there have been no elections in the DRC in 2017, Mai-Mai and other rebellions operating in the country, etc.⁴ Others were open about their nostalgia for the Mobutu era and wished I had chosen to write the history of his ‘heroism’ because ‘he is the best we have had so far,’ as one male participant in his early forties praised the late dictator. As interesting as these conversations were, they made me a bit uncomfortable especially when having them with unfamiliar participants. They were very sensitive in addition to most of them demanding profound research before validating them. For example, the issue of ‘balkanization’ is one typical example of how politically sensitive engaging in this can be may it be in the diaspora.

After I explained the ‘rationale’ behind the *Kinois-Baswahili polemique* research topic, I was often asked to disclose whether I was a *Kinoise* (a woman from Kinshasa) or a *Muswahili* from Kivu. It often began immediately after I introduced myself simply as Rosette, ‘they [would] ask for [my] second name not so they may know [my] full name but so they may identify [me] with [my] ethnicity and pigeonhole [me] accordingly’, using Lumumba’s (2017) words. How my identity was interpreted raised methodological and ethical concerns. Methodologically, it determined both the quantity and quality of the information I will receive from such participants. Ethically, it determined their attitude toward me, depending whether I am dealing with *Kinois* or *Baswahili*. To avoid more frustration, I kept my expectations low regarding the possibility of learning from my participants during our first meeting. I knew that the first meeting would be spent letting them know about my research or my identity as a *muswahili* and what it could be associated with stereotypically. I often encouraged them to talk about all the stereotypes on Congolese ethno-regional identities and often we laughed about it (Pongo 1997). Usually after this, we were all at ease and could proceed with discussing topics of my choice.

Some men tested my professional courage. They were mostly from Kinshasa and were *pro-Combattants*. As a *Muswahili* woman asking *Kinois* men what they know or think of the feuds between themselves and ‘my’ people was deemed ‘courageous’ (for a woman from Kivu). They also viewed me with suspicion indeed because the social media posts from members of some Congolese social networks and organization I am part of warning people against beautiful woman spies sent to poison members of South Africa’s *Combattant* movement. The messages (mostly voice) accompanying the pictures carried the well-known *Combattant* signature: the slogan *ingeta!* (a Kikongo word translated as ‘amen’ or ‘so be it’). I could therefore be anyone from a ‘Rwandophone’ to ‘pro-Kabilist’ that most *Kivucians* are suspected of by Congolese from the west of the country and especially those being members of the transnational *Combattant* movement

³ My research participants all knew that it has been years since over 6 million Congolese died as a result of war backed by Burundi, Rwanda, and Uganda (For analysis see, Reyntjens 2010, 87-99; Thomson 2018, 119-121.)

⁴ See for example the essay by UWC mathematician, Dr. Justin Munyakazi published at the Kujenga Amani Forum of the Social Science Research Council on Mayi-mayi Yakutumba (Munyakazi 2018).

(Inaka 2016, 13; Jackson 2001, 121, 132; Reyntjens 2009, 2). Some of the participants would also ask me personal questions including whether I have ever been a victim of such feuds myself. I felt the questions were guided by the curiosity they held regarding my choice of topic, but mostly, what was my own position in relation to the political activities of *Combattants*. I emphasized on my objectivity on the topics and that I was only interested in writing on the subject because it has become a common knowledge that there is an ongoing ‘cold war’ between *Kinois* and *Baswahili*. However, my position was rarely satisfactory to all as many wanted me to state my position with regards to these ethno-regional feuds.

Proclaiming myself a neutral observer of the feuds between two Congolese regional groups—one of which I belong to—made me a hypocrite or placed me squarely on the side of the *Baswahili*. In the former, the person was very careful in the ways in which they answered my research questions. Their responses were terse and cautiously chosen. I also got a lot of ‘Why don’t you ask your people to answer that...,’ or the person would seize the opportunity to set me straight by defending their ethno-regional group. Occasionally, I got views that recognized and condemned these feuds by also suggesting ways for these two ethno-regional communities to live together in harmony, the dream of Congo’s anti-imperialist Patrice Lumumba (Zeilig 2015).

Kivucians on the other hand often warned me against asking questions on *Kinois* and *Baswahili* feuds, as it could upset the *Combattants* who might be violent toward me because I am from the Kivu. But they had a hidden agenda in their overprotectiveness, including wanting to use me as their ‘strategic mouthpiece’ (Blomley 1994, 31), in turn leading to the potential loss of trust of my non-*Kivucian* participants if they sensed I was siding with *Kivucians*. This was mostly because *Kivucians* wanted to ensure that their participation in my project outnumbered *Kinois* so their views dominated my argument. They told me to ‘tell the truth about how *Kinois* treat “us”....’ They reminded me that I am the only historian from Bukavu, the capital of South Kivu they ever had in Cape Town and perhaps in South Africa;⁵ and that I had to use that opportunity to speak against the ways in which *Combattants* have been harassing *Kivucians* by labelling them Congolese of ‘questionable identity’ and blaming them for all the post-Mobutu political and socio-economic crisis in the DRC (Nzongola-Ntalaja 2002, 229). They also wanted to use me to settle political scores with *Combattants*. For example, a woman from Kivu who introduced me to a *Kinois* bouncer as her friend who was part of the *Combattant* movement said to me: ‘When you are talking to him, please explain to him that *Kivucians* are not Rwandans...’. And a pastor from Kinshasa I met through a friend who thought he could be the right man to speak to regarding *Kinois/ Baswahili* feuds, asked me: ‘So will you also interview *Baswahili* on this issue or just *Kinois*?’ My response was simple: ‘Yes, I will interview, not just *Baswahili* but any Congolese who can shade a light on these *Baswahili-Kinois* feuds; any one’s view is valuable.’ He then said ‘When you talk to your ‘relatives’ [*Baswahili*], ask them why they prefer to associate with Rwandans than with us *Kinois*.’

The above caused me two sizeable ‘ethical dilemmas’ (Li 2008, 107). The first is the concerns of some participants, especially those from Kinshasa. *Kinois*, particularly those who supported or belonged to *Combattants*’s movement, expressed concerns (or I could detect it in their body language and responses) over the fact that I could be spying on them or trying to incriminate them. Many feared I was working with human rights agencies or the South African Department of Home Affairs to build cases against them, as some were undocumented, and they

⁵ I often reminded them that I was still a student. I also told them about a *Kivucian* Historian –Jacques Delpelchin –who worked at the University of Cape Town, well-known for his book *Silences in African History* (2005). None of my participants knew his work.

could not risk criminal records.⁶ The second is related to being caught up in proverbial crossfire in the *Kivucian* and *Kinois* feuds. In this case, the major ethical challenge involved my own physical safety and emotional wellbeing. Researchers have already noted that ‘ethical principles and guidelines tend to focus on protecting participants from harm or in some cases on empowering them’ but it is rarely so about ‘the risks and ethical dangers a researcher may face studying certain contexts’ (Piper and Simons 2005, 58). My own UWC ethics protocol clearly stipulated my responsibility to protect my participants but it did not address any ethical responsibility my research participants had to observe for my safety. For example, many participants were often busy manoeuvring their smartphones as we engaged in conversations that ‘trespass into areas which are controversial or involve social conflicts’ (Lee 1993, 4). I often wondered if they could be recording me, especially when a person is a pro-*Combattant*, and what they would do with the record if they were. When I felt unsafe I often had to find a way to end the meeting, often by saying I have to stop, saying I have another meeting. When I stayed, I answered their questions with very brief answers by being cautious not to say things that might compromise my safety.

Conclusion

My positionality during fieldwork among my fellow Congolese moved me from being a relative insider in 2011, when I first started, to an ‘inbetweenner’ from 2016 when I returned to start my doctoral project. As a Congolese studying my compatriots in South Africa, I have had to deal with many challenges ‘in the field’ even as my participants included people to whom I am close, such as friends and neighbours, as well as participants who have become friends since 2011. I found that new participants tended to distance themselves from me, while relatively new ones (and some of the old ones) acted with suspicion as they tried to figure out who I was and what I needed from them. I also raised suspicion among my research participants because of my background as a historian and my ethnographic methods, something which participants who say themselves as fellow ‘intellectuals’ found strange. But my own ethno-regional identity and my gender also added to the mistrust in a diasporic community increasingly haunted by politicized identities of home. In addition, many of my participants saw my choice of research topic as both politically sensitive and ‘banal.’ To their mind, there are more important problems for Congolese living in the DRC and among Congolese transnationally that were worthy of research than what I came up with. In other words, my research did not prove its strength in relation to what it might contribute to better the DRC or their everyday life in South Africa. One major challenge was thus to explain how my doctoral research was different from that of policy makers.

⁶ In a research meeting with one of the *Combattants* of Parow (Cape Town), I asked the man, ‘Ray’, about the stabbing death of a Congolese man by another Congolese man at a club in Sea Point on Sunday 3 December 2017. This was the same night Congolese musician Fally Ipupa was scheduled for a concert in the same neighbourhood and which *Combattants* have planned (and succeeded) to sabotage as usual. *Combattants* then inserted themselves in the murder, wanting to find justice for ‘their’ man killed by another Congolese and wanting to blame it on the musician’s unwelcome concert. But another version was that both the victim and the killer were *Combattants* and the argument was over a R700 night shift at that club. I asked Ray to clarify on that since I was told he knew the ‘true’ version. After he explained to me his own version of the events, he looked at me suspiciously and almost regrettably asked: ‘why did you want to know? You could be anyone sent to extract information from me...especially that the investigation is on...I am also illegal in South Africa, so I cannot afford being apprehended for anything...’ I had to reassure him that I asked just to know as part of the everyday of Congolese in Cape Town.

I often explained to my participants that research is open-ended, and that I did not have answers to my research questions for them in mind. This was not only their way of testing if I am also Congolese, but also offered a way for them to assess the sincerity of my intentions as a researcher. Looking back, I see that they were testing me to learn if I could be trusted in a community characterized by paranoia of both the South African policing on immigrants and the Congolese government spies, who could take any human form. This was mostly because politicized homeland identities are increasingly shaping their socioeconomic networks transnationally including South Africa. Thus, responses such as 'But you know the answer to that,' 'But you were here when it happened,' 'But you have been in South Africa for over ten years, so you know what it is like to be a refugee here...', or again 'What is your own view on that?' and other remarks of the kind made me feel like they could tell I was hiding behind their voices to write about 'our' everyday life in Cape Town. It also meant that my own experience was not different and could have been enough to answering my own research questions. For this, I was continuously negotiating my fieldwork position as both an insider and outsider, leading to my becoming something in-between.

While I encountered a number of methodological and ethical challenges in my research among my co-nationals in Cape, I note two considerable ones. The first is the limits of field research ethics that claim to protect the safety of research participants but not that of the researcher in the field. While researchers are morally and ethically obliged to protect their participants, how participants can endanger the researcher through the ways in which they often tended to lead the 'conversations' in research meetings, and the ways in which they too 'interviewed' me, the researcher, is rarely acknowledged and discussed. As much as I tried to maintain control over who gets to ask questions in interviews, I was also willing to dance to participants' tunes during research meetings, for the sake of politeness and maintaining a climate of trust. While I was able to offer them a sense of anonymity in respecting their wishes how I recorded the information they shared with me, the fact remains that I had almost no control on how they made use of the information I shared with them.

Secondly, studying my Congolese compatriots made me more aware of the difference between academic research and activist writing. That feeling of 'now what' after I had collected information from my research participants, and during observation (often participant) haunts me deeply. I am left questioning the idea that not every project can be policy oriented. My observation, as a historian, is that it is rare to read some kind of recommendations to address the issues or problems raised in most of the historians works. The fact that I identify with my own research problems challenged me on the question of neutrality/ objectivity in research. If anything, I felt that my participants were more interested on how I was related to my research topic myself and that is yet to fit somewhere in my writing. This is something I will continue to work on.

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Chapter Five

‘If they find out, we’re dead:’

Intermediaries, Self-Censorship and Anxiety in Research as an Outside-Insider

Aymar Nyenyezi Bisoka

Summer 2012. I’m in a bicycle taxi in Cibitoke, one of the eighteen provinces of Burundi. It is my first trip as a part of my doctoral research, but in a location I already know. This was the same road as the one I took ten years before, a road connecting Bukavu city in Eastern Democratic Republic of Congo with Bujumbura, the capital of Burundi, via the Rwandan town of Bugarama. At that time, I was working in development cooperation in these three countries. I did not yet know that they would later become the site of my doctoral research.

During my travels, I often found joy in admiring the meanderings of the Ruzizi River. I scanned the strips of land that stretched roughly towards the only point of intersection between Burundi, Rwanda and the DRC. I admired this scenery whenever I visited Cibitoke. Each time, I would look at this wonderful landscape, whose glistening beauty would, paradoxically, faded into darkness as my bicycle taxi drove further away, leaving my mind to dwell on the memories of the sombre and murderous past of this part of Central Africa. Once again, that day, I realized how difficult it was for residents of this region to free themselves of the ancient scars of the past.

As we drove on this particular day, my taxi driver and I came nearer to a crowd of young people who were listening to a small object they were gathered around. It was midday. Everyone was listening to the news on the radio, as was the custom in this country. They were listening to *Radio Publique Africaine*, the African Public Radio, a private station that forces loyal to the Burundian government destroyed, in May 2015, during an attempted coup. I strained my ears, joining the rest of the crowd. The radio announced that, a mere kilometre away from where we were standing, several corpses, some tied up and others crammed into bags, had just been discovered floating in the river on the border of Rwanda and Burundi. The announcement launched the beginning of political disputes between the secret services of both countries.

Three years later, in 2015, as I was starting the last phase of my PhD fieldwork, young men known as *Imbonerakure* – a militia of the governing party of Burundi based in Eastern DRC – decided to return home. They felt abandoned when the news of their existence had become politically inconvenient at the eve of the elections. However, they were not welcome in their country of origin. Upon their return home, they were assassinated in cold blood by the Burundian army.

When reporting this story, the Burundian press talked about a phenomenon known as the ‘red berets.’ ‘To wear a red beret’ was coded language used by the Burundian intelligence agencies to execute young returning militia members with a bullet through the head. The story in the press had been leaked by the diplomatic corps in Kigali for strategic reasons that served both Rwandan and Congolese interests. They wanted to see the militia return to Burundi. The DRC government

feared the role of this Burundian militia in the already violent conflicts between the *Bafuliru* and the *Barundi* militias on the plains of Rusizi river. As for Rwanda, its government was weary of the alliances this militia could have formed with the *Interahamwe*, the presumed perpetrators of the Rwandan genocide, who had been on the run in the DRC since 1994. After the leak, it would take several more months before the news, which was in the hands of the United Nations Mission in the DRC (MONUSCO), would be confirmed.¹

While these two events framed the beginning and end of my doctoral research, several other events, even more brutal and surreal, occurred. They unfolded in the provinces on the border of these three countries, the same provinces in which I was conducting my research. The violence of these events shocked, outraged and scared me. However, at the same time I developed coping mechanisms in order to absorb it, like the skin of a bull thickens during a drought. I tried to convince myself that this violence - which is often dealt with only superficially in books about national political struggles - had not managed to permeate into the hills where I was dealing with what I conceived at the time as less serious matters – namely, small-scale land conflicts between farmers. Yet it did not take long for me to realize that this was an illusion. I soon realized that the violence characterizing the region was inevitably affecting the object of my research: land conflict involving local elites.

I soon learned that during the war, many farmers had lost their land and were not able to reclaim it afterwards, despite the institutions that were put in place to assist them. In my field research, I learnt that behind the land conflicts between *Bafuliru* and *Barundi* communities in the DRC, a network of arms traffickers was making big money. In Rwanda, my research looking into the conflicts linked to the expropriation of the marshlands revealed that local elites linked to the governing party, implicated in the grabbing of land and in controlling trade networks through their control of the agricultural cooperatives. A network of actors was organizing illegal rice sales outside of the officially-recognized cooperatives. The Rwandan government suspected the *Interahamwe*, a militia based in the DRC and compromising Rwanda's domestic security, of being behind the fraud. In Burundi, the ruling party's militia and secret service took a serious interest in the land conflicts concerning the so-called refugees. I gradually came to realize that my research was leading me to potentially dangerous terrain, both personally and professionally.

A Belgian professor warned me, 'Aymar, keep your nose out of these affairs.' I received the same warning from my contacts in the African Great Lakes region. Colleagues working for local NGOs repeated the same warning, 'Aymar, we know it's important to intervene in issues of land conflicts between farmers and the elites in the region. As you work for a Belgian university, we suggest that you collaborate with [Belgian] embassies to have reliable information about the security of the areas in which you expect to conduct your research. We need to have access to the country [have permission to work in the country], so we can't get involved [in political affairs]. We advise you to do the same.'

I began to feel that I could be in physical danger.

¹ *Iwacu*, 29/0/2014.

My doctoral advisor had warned me, ‘At some point, research can become a drug. Our search for the story may blur our perspective on the importance of taking care of ourselves, both physically and mentally.’ But I couldn’t help myself. I sometimes felt that I was in danger. And nonetheless, I continued my research and was itching to find out what was actually going on. I investigated yet found that I was missing crucial information. It became clear to me that I needed to be close to the very elites, involved in the stories that I was investigating in order to obtain additional information. That is how I started to elaborate an entire network of *intermediaries*, people who know the elites with whom I wanted to interact, and who could put me in contact and vouch for my trustworthiness. This strategy allowed me to gain a rich pattern of research data and gave me a privileged insight into my research topic. At the same time, it presented particular ethical challenges (Nyenyezi Bisoka 2016) that I took very seriously. However, one particular story made me realize just how precarious the minefield was in which I was manoeuvring. One day, one of these intermediaries told me, when speaking of certain military elites, ‘[...] Aymar, they [certain figures of authority in the ruling party] cannot know that he [my informant] has told you this. If they find out, you, your informant and I are dead.’ My intermediary was referring here to some classified information regarding the death of Sarah, a farmer who had been assassinated for her land.

Throughout this chapter, I demonstrate that to conduct research ‘at home’ is to form relationships laden with expectations with our informants. However, this task is more complex in contexts of war, insecurity or ‘post-war,’ and even more so for Black researchers whose field of study is their own or demographically similar country. The picture becomes even more complex when informants are political or military elites who are difficult to access and are accustomed to controlling and defining official discourses. The article discusses the experience of using intermediaries as a strategy for overcoming the difficulties of meeting with these elites, and for attempting to access their hidden ‘discourse.’ We explore these challenges within the context of a particular story of a woman, named Sarah. Sarah was killed in a land-related conflict. I explain how – through the use of intermediaries – we investigated who had really killed Sarah. The article explores the ethical challenges that come with the using of intermediaries to understand stories of violence such as Sarah’s murder. By using psychoanalytic images, the article examines the difficulties that are posed by such a strategy, especially for a Black researcher who is an heir of the post-colony.

Sarah’s Murder

Sarah was found dead on the banks of the Ruzizi river on 15 December 2014. It was clear that the staging of her assassination was organized in great detail: Sarah could not merely be found dead, but rather she had to be found assassinated. The setting had to accentuate this nuance. Her death had to be different from the other anonymous bodies that were so often found tied up and floating in this river, the luckiest of whom were faceless, but the majority of whom were decapitated, so as to ensure their total disappearance. Everyone needed to know that Sarah was

indeed dead, that she had clearly been tortured, raped, mutilated and, only thereafter, killed. The marks on her body had to suggest that some of her intimate parts had been brutally removed and sold to traffickers to use in initiation rites, and that she had then lived through the worst possible ordeals before dying, because she knew she could not pass to the hereafter without these intimate parts of her body.

I found a way to talk about Sarah in a way that did not place me in any danger. My goal had never been to investigate her death in order to name the perpetrator. I simply wanted to understand the dynamics behind land grabbing, and the way in which access to land is regulated by a power that imposes itself through violence, discourse, a system of differentiations and techniques of government (Nyenyezi Bisoka 2016). But ever since Sarah's death, I have reflected on my role as a researcher: can a researcher's question, interrogate, pry into people's private lives without being held responsible for what they find? In the end, doesn't the ethical rule of responsibility compel the researcher to contribute, directly or indirectly, to a positive change within their field of study? Is this not the case especially when the researcher is working in his own environment? These are the key questions I will try to address below.

Yet aside from the staging of Sarah's body, we could overhear, spreading through the villages that neighboured the Ruzizi, "[...] it was partly her fault; her material possessions brought her many enemies...". Almost everyone had known Sarah, a young widow, aged 32, who had farmed the lands of her late husband, who himself had died seven years earlier and had left her with two small daughters and a son. Sarah had made many enemies by refusing to leave the land that her husband had left her and her children to some powerful entrepreneurs. Indeed, Sarah had belonged to the *Barundi* tribe. Although she was Congolese, Sarah had Burundian parents, as her Congolese *Barundi* tribe had originated from neighbouring Burundi. Moreover, Sarah's late husband was Rwandan. Sarah had thus been tied to the DRC, her country of origin; Burundi, the land of her ancestors; and Rwanda, her husband and children's country. She had owned small plots of land in these three countries and had often crossed each of the borders.

It had been easy for Sarah to farm her land in these three countries. She had been able to pass easily from one country to the other without needing a visa due to the agreements of the Economic Community of the Great Lake Countries (ECGLC) and the East African Community (EAC). These agreements regulated the free movement of goods and people. But there were other arrangements, both formal and informal, that facilitated movements for small farmers such as Sarah. She had been familiar with all of these rules, and her agricultural activity had begun to thrive.

However, Sarah's landholdings attracted the attention of several actors in each of the three countries. In 2006, Rwanda started to promote a modernized form of agriculture and decided that, henceforth, farmers' lands would belong to the state. In 2010, Sarah appealed to the local authority's decision to expropriate her holdings. Meanwhile in Burundi, in 2009, the National Commission for Land and other Goods had decided that all the land reclaimed by returnees of the 1972 and 1993 conflicts would automatically be granted to them. A businessman, who was also a former refugee and currently close to the ruling party, used this political opportunity to claim

Sarah's land. Furthermore, in 2011, the President of the DRC reaffirmed his wish to allocate so-called vacant plots of land to those who would be able to put them to good use. What followed was a wave of monopolization of land by local elites, who began registering farmers' land in spite of the rights granted by customary law. Sarah lost the last remaining plots in her possession.

However, Sarah did not step aside to accept her fate; she had fought back, tooth and nail. The residents of her village all knew that she had been the victim of terrible injustice. But others also thought that the new landowners had offered her money, which she had never accepted. To Sarah, her land was worth more than money, and its value went beyond its productivity. However, by fighting against those who sought to appropriate her land, Sarah had made enemies. She was arrested and tortured several times, and when the people of Karinda, her village, were asked who had killed Sarah, they often replied, 'All the businessmen who grabbed Sarah's land each had a motivation to act.' According to the farmers, it could have been the rich Burundians, Rwandans, Congolese, or even South Africans, Tanzanians or Chinese, who were, to a greater or lesser extent, involved in the agricultural business in the three countries. Sarah had wanted to be a strong woman; she had wanted to take up a public stance, and this had been her downfall. Her killers made it clear that everyone knew about her death; they wanted to ensure that other attempts of dissent or of subjectification could be silenced forever.

In 2015, I learned about what had happened to Sarah through an intermediary. In fact, I had gotten to know Sarah in the context of my research. That is why I wanted to know more about what had happened to her. But I had never been able to uncover the real story until an intermediary put me in contact with some elites, through whom I learnt what had really happened. One of my interviews with an elite actor ended with this phrase: 'Aymar, I trust you, but all of this had to stay between us [...], this information can be dangerous to you.' I was unable to sleep that night. I was scared for myself, but also for those who would henceforth be in danger because of my research. I realized that it was not just me, my assistants or my participants that could be in danger, but also my intermediaries, whom no one refers to in the literature when discussing challenges in fieldwork.

I have since then reflected thoroughly on the role of these intermediaries, and tried to understand two things: how does my research put them in danger? And, how does my use of intermediaries may also put myself in danger, as a singular researcher, that is young, Black and Congolese? Indeed, I started doing research without realizing that the research ethics was more complex than what the university ethics checklists suggested. I was not prepared enough for such a field. I could not imagine the ethical challenges behind my data access strategies (such as the use of intermediaries) and their consequences to me as a specific researcher.

Accessing Hidden Transcripts

Before starting my fieldwork in 2011, I was already aware of the need to understand the discourse of political and military elites. But at the time I was more interested in the way in which this discourse appeared in the official sphere (Scott 1990). Soon, I realized official speech often stood far from the way politics and governance functioned on the ground in the hills in which I

was conducting my research. Hence, beyond the public discourse, there was probably a ‘hidden discourse’ that explained the political practices of the local elites.

At the time, I had just read Scott’s *Domination and the Arts of Resistance: Hidden Transcripts* (1990) and I was influenced by the way in which he conceptualized resistance of subordinates beyond their practices of submission. In his view, being a subordinate, whether in a democracy or a tyranny, does imply being alienated from an ideology which seeks to legitimize the way things work. Farmers often accept constraints and submission in public, while they resist and subvert behind the backs of those in power. Hence, Scott has put forward two concepts to explain this form of resistance: the ‘public transcript’ – the discourse which reaffirms the power of dominant elites – and the ‘hidden transcript’ – the behind-the-scenes discourse that challenges this power.

Thus, throughout my research, I came to realize that subordinates are not the only ones who need to present different discourses in public and hidden spheres. Indeed, Scott (1990) states that a hegemonic ideology must, by definition, represent an idealization, and, through this, create the contradictions that allow it to be criticized in its own words. Superiors use the ideology it as a way to legitimize themselves; they often seek to make people believe that the discourses and actions of those in power promote the natural order of things – natural because in line with the ideology. This is also the reason why also superiors often produce double discourses, one which is public and seeks to reassure the subordinates, and the other which is hidden and helps to conserve the power of the dominant.

The navigation between this double discourse is what I have called the game of spheres (Nyenyezi Bisoka, Ansoms and Mudunga 2017), a concept which allows me to distinguish different discourses which actors mobilize to legitimize themselves, depending on whether they find themselves in public or hidden spaces. The game of spheres is this strategic coexistence between the hidden and the public transcript, a way to mediate one’s public face and private realities.

My study of land politics shows that the relationship between elites and violence is ambiguous. As Sarah’s murder shows, the elites in the three countries are required by law not to kill, not to commit a crime, and to comply with the law. But this prescription has one exception: elites can kill and commit other forms of violence at any time they think their power is threatened. This of course leads to abuse of any type. I understood that, in these countries, sovereignty was not so much tied to the organization and the free and unlimited imposition of state power within the confines of the constitution. For the elites, sovereignty seemed to have become the right to kill anyone trying to challenge the authority of a dominant group. It is therefore the *summa potestas* (power of life and death) that has really replaced sovereignty after the 1990s in these countries. And since then, the efficiency of the state seems above all to lie in the organization and discipline of this power of life and death (O’Donoghue 2015). The goal of the collective good the sovereignty should attain comes only after. The Sarah’s murder taught me that the difference between the ruling elites in Rwanda, Burundi and the DRC lies to the organization of this unlimited power of life or death. In short, it seemed to me that this power circulates among elites, whether in highly centralized in Rwanda, decentralized in Burundi, and diffused in the DRC. When conducting

research in countries with such characteristics, researchers adapt, often unconsciously, their discourse and practices to suit the context. But ethical textbooks never tell us how to do so.

My initial interest in studying elite's public transcript expressed in public spheres, my research moved towards gaining access to hidden discourses of those same elites. While the public discourse often referred to the importance of human rights, good governance, justice, and so on: political practices often revealed different logics. I wanted to understand if these practices were based on a coherent hidden discourse developed by those same elites. This is how I sought to understand what had really happened to Sarah. But in order to do so, I first needed them to trust me enough in order to allow me to access their hidden discourse. And for this, I had to rely on a dense network of intermediaries that I had been building up for years.

Price of Admission: Being an Inside-Insider

Indeed, from 2012 I had started to gain access to the higher spheres of society in order to gather data on non-public discourses of local elites. In November 2012, I went to the field in order to meet with political elites and civil servants of the administrations of all three countries. My aim was to talk about the ways in which the different governments approached the resolution of land conflicts – the subject on which I had been working before becoming interested in the question of elite's subjectivity (Foucault 2001). One of my White Belgian friends, who was a doctoral student in Ghent at the time, had advised me, 'Aymar, in most cases, I find it's enough to write to the authorities to secure a meeting with them. Sometimes I just need to call and that's enough. Actually, I think it comes down to how well you present yourself. Do not hesitate to call them when you need information.'² Before going to the field, I had requested, in writing, to meet with the authorities, but my strategy was unsuccessful. Instead of waiting, I decided to negotiate my access to these high-level spheres through intermediaries. My intermediaries were for the most part people I had met, directly and indirectly, in the context of my previous professional activities, and who were, to a greater or lesser extent, close to the people I wished to interview.

I rarely knew what my intermediaries had said exactly in order to fetch me an interview. I can only know some of telephone conversations between my intermediary and the elite in question, with sentences such as: '[...] we can trust him;' 'no, he's Congolese;' and, more rarely, 'he's like a brother.' In any case, the informal introductions often allowed me to gain access to the high-level person I was aiming to meet. At the start of each meeting, I introduced myself by saying, 'I am Aymar Nyenyezi, a student at Université catholique de Louvain (UCL) in Belgium. I'm working on land conflicts in the African Great Lakes region, amongst other things, and I would like to speak to you [...]. I am currently writing an article about [...] and wanted to ask you a few open questions to see what you think about [...].' Because I had previously worked in these three countries in the development cooperation sector, I would always add a few words that showed my interlocutor that I was familiar with the local context. I highlighted the fact that I came from

² Louvain-la-Neuve, November 2011.

Bukavu, a city in Eastern DRC, in order to illustrate how close I was to the subject and to my interlocutors.

Often, during these meetings, the interviewees, to whom I had been introduced by very close acquaintances, were very open with me, to the point where I started to wonder if I should interrupt them and remind them that the information I was gathering could be used in an academic publication. However, I knew they were aware of my status as a researcher. But I also knew that they assumed I would handle the information they gave me with ‘care,’ and would not ‘break their trust.’³ This was not carelessness on their part: my intermediary had told them that they could trust me. I therefore couldn’t halt these outpourings of valuable information, as that would have been akin to saying that my intermediary had been mistaken about me, that I could not be trusted. At the same time, this insider perspective confronted me with very tough ethical challenges. On the one hand, I had access to certain ‘hidden’ discourses that were usually very difficult to gain access to. Why should I have to deny myself this advantage? Was I not a researcher whose aim was to ‘know?’ On the other hand, up to which extent could I use the information and insights I gathered?

Furthermore, during my interviews, I realized that my interviewees’ trust in me was, in part, based on a kind of identification to my intermediaries. By identification I mean the fact for these elites to identify me with the intermediary who introduced me. By introducing me, intermediaries reassure the elites that I am harmless. This makes the elites tend to give me the same trust they would give to this intermediary. For example, when I spoke to certain Hutu authorities whose families had been exiled to the DRC as a result of the war of 1972, they seemed to feel a certain degree of familiarity based on the fact that I am Congolese and Hutu. They too had lived in Congo and, in a way, we could relate to each other on that basis. A perceived common reality that was ‘shared’ between us, enhanced their trust in me. A judge told me one day:

‘[...] Human rights? But Aymar, you know, I’m not going to tell you anything new. You know what these people [referring to Tutsi] are capable of. They started [...] in Burundi even before 1972, and now they’ve been in your country since 2006. You know very well how they operate and why we need to be as cunning as they are. So yes, we do talk about human rights to please the donors, but in reality, we stay on our guard....’ (elite interview, December 2012).

The jokes they shared with me, and even, for some, the ‘rather compromising information’ they divulged on certain people in the political opposition, served to reinforce this identification. However, the identification occurred with elites from very different sides of the political spectrum. For example, in meetings with interlocutors who belonged to Tutsi-identified? political parties, Tutsi civil society organizations or with Tutsi public servants, identification took place although it was rather a kind of intellectual identification that came into play. An interviewee told me:

³ This was said to me by an intermediary, to whom I had asked why the authority he had introduced me to had been so open with me, to the point where he had shared information that could have jeopardized his political party.

‘But, my brother, how do you want these people who have never gone to school to understand how to manage a country? I work with them, I know what I’m talking about. Imagine, if these uneducated highlanders from the M23 came to power in Congo, what could we expect of them in terms of good technocratic governance? Which school would they have learnt all of this at? This is why we need to keep fighting, regardless of their legitimacy [...]. We need to use other means, like what I told you at the start’ (elite interview, November 2012).

The openness of elites, their trust in me, and their assumption that I would use the information they shared with ‘care’ confronted me with very uncomfortable questions that I kept on asking myself. Should I have always repeated to my interlocutors that I was a researcher, and that they should be aware of what they told me and what not? But if I had done that, would there have been the risk of being misunderstood and of raising the ire of these powerful men? Would such interventions from my side have insinuated that the intermediary who had introduced me was mistaken about my trustworthiness? Would I have put myself and my intermediaries in danger? What matters is not the answers I now know? What still bothers me today is that, in those days, I did not know how to react.

In any case, over time, my dense network of intermediaries has become a valuable avenue for accessing hidden discourse of the elites. My intermediaries were people of all categories: simple or powerful. I had worked or collaborated with some in cooperation agencies in the Great Lakes Region. Others had been introduced to me by friends. Others belonged to my extended family. In any case, they considered me as their ‘little brother,’ a student of Bukavu, or a black student whose research could not cause them problems. This imaginary image of a Congolese and harmless black student felt even more at the elites I interviewed. Often, they began their speech by criticizing an alleged arrogance, interference and indiscretion of white scholars before talking to me. It was as if my skin color and my young age automatically made me humble, legitimate and especially discreet; almost silent.

So, I wondered what elites were waiting for me. This question did not necessarily arise for the middlemen who were my friends, satisfied to have provided a service. But the elites seemed to be certain that I was on their side. Perhaps they were waiting for me to bring their opinions into my research. But which opinion? They would not want to hear in public what they had told me. I think they just thought I was on their side; that when I’ll write, I would manage to avoid harming them, I will defend them. But also, I quickly understood that the data resulting from the interviews with the elites should always be confronted with other data coming from interviews with other actors (peasants, elites who are not recommended to me and so on). It helped me not to let these elites guide the direction of my interviews; even the direction of my research. It also allowed me sometimes to challenge them, get them out of their comfort zone and hope for an interview full of off-official script or ‘hidden’ thoughts and observations.

And so, one day, I came to know what happened to Sarah through one of my intermediary's contacts. I had just asked a simple question: 'What happened to [Sarah]?' And the answer was as brief as my question: 'Contrary to our official discourse, it were not the bandits who killed Sarah. It was time for the farmers to understand who is in charge here'(elite interview, October 2015) Several days later, another authority added: 'It was Patrice who gave the order to assassinate that poor woman. But the party had nothing to do with it. Besides, if this story keeps attracting attention, he [Patrice] may run into problems with the hierarchy. We're going to do everything we can to stop talking about the subject' (elite interview, November 2015). It was after this particular meeting that my intermediary – who had introduced me to these contacts – told me to be as discrete as possible. He explained why Patrice would be prepared to kill us all if he ever found out that I had this information and that I could use it. I was again unable to sleep that night. Not only was I grieving for Sarah and her family, but now I feared for my life and that of my contacts, a fear that slowly turned into anxiety. Whatever it was that kept me awake, I could never speak about it very clearly, to anyone. I had to let time pass.

Intermediaries and Self-Censorship

The literature on ethical challenges in fieldwork extensively highlights the need to establish trust with one's interlocutors and stresses upon the importance to avoid harm by carefully protecting one's research participants. In my case, as a researcher working 'at home', the many sources I consulted could not really address my questions about the importance, role, position, and security risks for intermediaries who introduce researchers to their interlocutors; and who play a crucial role in trust building in the field.

On questions of trust, Norman (2009, 72) underlines the need to create 'personal links,' as an important step towards 'building trust and accessing the personal spheres of an individual.' In saying this, she emphasizes the importance of building trust through personal connections. Norman further specifies the importance of developing and manifesting a sense of empathy towards interlocutors. Jipson and Litton conceptualize empathy as an expression of understanding, by the researcher, 'of the nature of the system of beliefs, while sympathy implies the acceptance of ideology' (2000, 154-155; see also Ansoms 2012). Whilst in the situations described by these authors, trust between the researcher and their interlocutor was established through direct interaction, this was not my case.

Ansoms (2012) takes the literature somewhat further in talking about the importance of research assistants – and highlights their crucial role in introducing the researcher within a certain sphere and enable the building of trust with interviewees. However, again, her analysis of ethical challenges in working with assistants does not really apply to my case. The research assistant is the one who reassures the interviewee before a meeting. However, the trust that the latter has chosen to place in the researcher remains based on a direct kind of interaction between the researcher and the participant. In my case, my intermediaries did not just facilitate access to a person; they vouched for my trustworthiness. They put their own reputation in the scale in order to convince my interlocutor of mine. Hence, one day, the elected town councilor I was going to

interview, and who did not really understand what I was doing, grew tired and told my assistant, at the end of the interview, ‘Frankly, I don’t understand what this Congolese man wants, but as long as you understand, it’s okay. Anyways, I can suppose he isn’t looking to steal our lands’ (elite interview, November 2011).

The level of implication of my intermediaries in establishing trust between the interviewee and myself implies a much greater level of vulnerability than what a research assistant would normally face. Indeed, there is a form of identification that links the researchers, the intermediary and the interviewee. At occasions, the interviewee tended to speak to me as if they were speaking to the intermediary. I remember my meeting with a representative of an important authority figure in 2012, one year after we had first met. I can still clearly see the way in which he clasped my shoulder and spoke with such intimacy, sympathy and familiarity. He seemed certain that I understood and adhered to the ideology of his party. Although I did not agree, I did not reply or contradict what he was saying. I restricted myself to listening and asking questions. I let him explain his vision upon the governance of a country that was emerging from several decades of conflicts – a vision that I found shocking, and that he shared shamelessly because thinking he was talking to ‘one of his.’

After an hour of conversation with this man, I realized that, in an article that had been published one month earlier (in October 2012,), I had included some extracts of the conversation we had had the previous year. I knew that if, by any chance, he would learn about this article, he would certainly recognize his discourse, which could potentially bring me trouble. He had the power to influence high-level authorities in order to prevent me from getting permission for my research, or even from accessing the territory. I wrote to my advisor in order to withhold an online publication of the article. But my stress at the time also made me question my choice to have cited him (anonymously) but so directly and unfiltered in the article.

Since then, I have become more cautious and I apply a greater degree of self-censorship with regards to direct quotes or contextual details. Indeed, it is not always clear to see which information can, once it is reported, cause problems or not. Some rather banal information may reveal more than what the researcher intended to reveal to the informed insider. At the same time, anonymizing the narrative may take away contextual elements that are important for understanding the story. This is where the dilemma rises between serving scientific interest (to have the most interesting and concise narrative possible) and protecting the security of the researcher, intermediary, and even of the informant. With time, I have increasingly prioritized the latter aspect. Until today, I do not know if this is the best way to act. However, I know that I am already learning, through practice, the skill of navigating in the midst of a minefield of ethical risks.⁴

⁴ Let us also consider the elites we view as ‘moderate,’ but who belong to the ruling party. I have met many of them in the African Great Lakes region. They claim to be disappointed by the system, but they think there is a possibility of fighting it from the inside. This type of person shares interesting material about resisting political parties from within, but I have chosen to not disclose certain findings in order to protect my sources.

Sometimes I wonder if it was worth going so far in the search for information that could put us in danger. Admittedly, Sarah's case seems extreme, but even so, this question is very serious for research in such contexts. It is true that, for white researchers, it is difficult to use intermediaries as I did because it is often difficult for elites to identify with them. For example, a Rwandan elite once told me, 'those whites who come to search here are often spies for their government or for Human Rights Watch or Amnesty International' (elite interview, November 2015). According to the perception of some elites, these white researchers would be there to collect information to use against governments, especially in the social sciences (Nyenyezi Bisoka 2017). Yes, we can say that we must keep the principle of do not harm or be harmed. But the reality of each researcher is more complex, which calls for his responsibility in the choice of his field and methods. To make these choices, the researcher must try to know himself before starting the field. He must also learn to know himself progressively in the field.

In the case of Sarah, I will admit that I have never spoken openly of this story to anyone. Her death was staged to produce a climate of fear that reminds everyone—male and female- of their disposability at the hands of local elites and the militias they control. I had promised my intermediary to speak of it only once he had allowed me to do so, in other words when he believed that revealing the story would no longer affect his security. I considered it an ethical obligation. It is the same for several sensitive information that I had collected. These intermediaries were relatives or relatives of my relatives. They were as vulnerable as me: they are from the sub-region and do not necessarily have the opportunity to flee if ever there was a problem because of the information I received from them. They are blacks like me, that skin color that is a sort of border in itself when it comes to running away to save your skin: they were not necessarily going to have a visa to flee if ever a danger arose. I felt really responsible ethically. So, my status as a young, black, Congolese researcher shaped my ethical obligations. At the same time, I admit that my identities – of being young, black, male and Congolese, provided me access to the information I eventually gained.

But, in the face of the elites with whom I spoke, I did not feel this ethical obligation. I always presented myself as a researcher, someone looking for information to analyze and publish. But in the face of their openness with me, I began to ask questions and I began to be afraid: and if they ever suspected that I would write these stories they told me, what would happen to me? But there was in me that irresistible desire to know. Being in the area, having been directly and indirectly affected by the horrors of war and violence in the region, all this drove me to look for this sensitive information. I even tend to think that all this was unconscious. But I did not know yet how to talk about it one day.

Conclusion

I may, one day, give more details about what really happened to Sarah and how she died. But at present, one thing is clear to me: I cannot say any more right now, for several reasons. It is true that my reliance on intermediaries has been and continues to be a useful technique in my research as it has allowed me to gain access to the hidden discourses of the elites. And even when

I am unable to access their hidden discourse, I am at least not confronted with a refusal to meet. But this technique of relying on intermediaries requires a certain reflexivity in order to safeguard the researcher's physical and psychic balance. For example, it is necessary to protect intermediaries. This greatly limits our use of the sensitive information we have had through them. But by multiplying the sources, their use becomes easier because they are diffused in this multiplicity.

Indeed, being introduced through intermediaries who vouch for my trustworthiness, I often gained access to information that I would normally not have gotten access to. By offering their trust to me, the researcher recommended to them by the intermediary, the elite interviewees often expected a certain loyalty in return. This was a loyalty that I had not previously consented to, and that I could neither offer nor guarantee. But at the same time, my use of the intermediary's vouching did entail that I could not simply dismiss this expectation either. In fact, we both entered in a complex 'dance' of communication in which the elite interviewee implicitly made it clear that he (intermediary) counted upon my discretion to not use or repeat anything potentially problematic to them; while I navigated in a minefield of dilemmas on how to use the discourses gathered in an ethically responsible way.

Each time, there was a sort of mutual attraction between us, a kind of schizophrenic obsession that brought us together: the elite in his thirst of displaying his power-knowledge, despite the risk of being betrayed by the researcher; and the researcher in his thirst for knowledge and the fantasy of being, or wanting to be, as close as possible to the facts, despite the danger of betraying the elite's trust and suffering the consequences. But there is also this past, this lived as a black a country at war with all its violence; this form of identity is also an attraction to these elites in order to know what is happening; as if I problem would be solved afterwards.

It seems that, in the researcher's case especially, this risk-taking is explained by a kind of enjoyment that comes out of the information obtained, an enjoyment that is fed and reinforced by a fantasy of getting closer to reality. This enjoyment cannot be mistaken for pleasure, as pleasure can be characterized as reasonable and tranquil, which means that one can set limits (Lacan 1986) and stop ahead of a predefined barrier. On the contrary, enjoyment carries with it a force that pushes a person beyond this barrier, when even a 'risk of death' becomes part of the researchers' reality (Lacan 1986). This is what my supervisor meant when she was hinting on research as 'a drug that may blur our perspectives on risk-taking;' a drug that can lead to self-destruction. This self-destruction is even more dangerous as it has a psychotic tendency. The subject – in this case the researcher - is not necessarily conscious of the alteration to their perception or judgement (Lacan 1986). Hence, the strong pull that the researcher feels in gaining access to information, and the risks that this entails (enjoyment), becomes destructive when it the researcher is no longer aware of the risks he or she runs (Ansoms and Nyenyezi Bisoka 2016).

It also seems to me that this psychotic tendency is often intensely related to a form of masochism that can itself cause additional harm. For an elite to disclose compromising information to a researcher that has been recommended to them, and for a researcher to continue asking for information that could put their life in danger, can only be possible if this enjoyment of talking at

any cost (for the elite) and knowing at any cost (for the researcher) blurs the danger that is run by the psyche and the body. In order to accept such danger, it is necessary that the image we wish to give of ourselves in these two performances (talking and knowing) is embedded in a narcissistic enjoyment of knowing that one matters. This is very likely applicable to all researchers who work in difficult and dangerous fields where they constantly put themselves in danger to access the data. As I said above, there is something more deeply related to the researcher's subjectivity and history that explains this risk taking (Reyntjens 2009).

In my fieldwork experience, the thing that saved me from continuously expanding the boundaries on a path of risk-taking is anxiety. Anxiety arises every time I get ready to leave for the field, every time I come back from it, and sometimes when I'm there. It is this anxiety that makes me step back at times, to reflect on my anxiety. Although I wish that it is only grounded in my memory of the scenes of horror that I lived through during the wars of 1996, 1998 and 2004 in Eastern DRC, I know that my current anxiety is no longer merely linked to the trauma of war. It is also embedded within my experiences today; and within the little sentences that sometimes arise and make me bluntly aware of my own vulnerability: 'They can't know that he [my informant] has told you. If they find out, you, your informant and I are dead.'

This anxiety lead to ethical challenges or opportunities because it constantly reminds me that I face danger and that I should rethink my barriers with regards to the psychotic enjoyment I take in accepting risks within my research. This anxiety, which can impose limits on my work, can also allow me to transform a death risk into a life wish, the enjoyment of research into the pleasure of research. However, when I go back, I often relapse. I come from the *post-colony*, from these societies that have recently left behind the colonial experience, an experience of 'violence par excellence' (Mbembe 2000, 139-140). It is when I entangle myself in the "permanent struggle against atmospheric death" (Fanon 2001, 115), that I often lose my barriers. My continuous struggle to want to know more cause me to slip into a kind of sadistic psychosis with a narcissistic tendency. I am often lost in the enjoyment, and thus miss out on the pleasure. My research, my work and, more broadly, my life then transform into a battle and obsession to – one day - find a sublime equilibrium.

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Chapter Six

Looking Behind the Screen: Ethical Quagmires when Accessing Hidden Discourses

An Ansoms

Initially, I thought of ‘doing research’ as a process that could be compared with creating a kind of stage on which the researcher and the *researched* perform. I saw it as a somewhat artificial situation in which the *researched* is invited to share his/her story, discourse, or opinion with the researcher. At the same time, the researcher – through his/her scientific analysis – would give an interpretation to that story by framing it through a theoretical lens, by citing certain parts and omitting others, and by analyzing it in interaction with other stories, discourses or opinions. In this view, both actors in the play know that they are part of an artificial theatre sketch and take into account how the other reads the situation.

Indeed, any researcher tries – in some way - to gain access to the participant’s personal spheres by creating an atmosphere of safety and trust in which the research participant feels confident to share. At the same time, the *researched* also gathers information on the researcher, giving an interpretation to the researcher’s perceived open and hidden agendas, and adapting his/her narrative to a particular image of how he/she wants to appear.¹ As Brown states, ‘researchers often forget that while we conduct fieldwork, we are ourselves the object of other people’s research. A variety of actors are constantly gathering different types of information on us’ (2009, 213). The opinions based upon these perceptions have an impact upon the research process (Fujii 2010; Landau 1996; Wood 2006).

Researchers have written about how to deal ethically with the artificiality of the research theatre setting. How to gain consent (e.g., Norman 2009; Thomson 2013; Wood 2006)? How to build trust (Norman 2009)? How to interpret discourses and give priority to certain versions of truth over others (e.g., Fujii 2010; Robben 1995; Sanford 2006)? These questions have been debated at great length and in great depth by many scholars. Fewer scholars have written on the challenges of combining on-stage research life with off-stage personal life.² Some interesting reflections exist on the way in which both influence each other. But what to do when doing research is no longer limited to a well delineated period in which data are gathered for a particular purpose, for example for writing a particular book or article? What if research and personal life increasingly merge in a long-term trajectory?

¹ Wall (2008) introduces the concept of *reactive subjectivity*, to capture how respondents adapt their narratives and behaviour once they realize that they are being studied. Robben (1995) points to the importance of seduction in field research on violent conflict, used as a strategy by both victims and perpetrators. He defines seduction as a conscious or unconscious attempt of informants ‘to divert us from our investigative aims by disarming our critical gaze.’

² One of the interesting accounts on these challenges is offered by Nilan (2002). She worked with a paid informant when doing ‘undercover’ fieldwork in a nightclub in North Bali: she was considered as a client whereas her informant (indeed a young male sex-worker) was assumed to be her prostitute boyfriend by others in the nightclub. This gave her access to interesting data on local youth and the cultural constitution of health risks. She was however confronted with serious problems when the rumours of her having a prostitute boyfriend spread beyond the boundaries of the nightclub into her off-stage personal life.

This article reflects upon the ethical quagmires that emerge when the researcher and *researched* move far beyond considering their interaction as an on-stage performance. In the first part, I present my research trajectory that brought me to a long-term engagement in the Great Lakes Region of Africa. Throughout that trajectory, the boundaries between on-stage research life and off-stage personal life have become increasingly blurred. The second part reflects upon the ethical obligations involved in getting access to people's *behind-screen life* and in people getting access to mine. Some decontextualized anecdotes illustrate my struggle in handling narratives and discourses that I would normally not have gotten access to; and in dealing with the non-research roles that research participants ascribe to me. I reflect upon the ethical quagmires and shredded emotions embedded in my position as a cross point where people's *off-screen* stories and perspectives merge.

Blurring Boundaries between On-Stage and Off-Stage Life

I started my research as a young PhD student in Rwanda. Initially, I intended to do comparative work on post-conflict socio-economic reconstruction in Rwanda, Cambodia and Bosnia. My intention was never to focus on one particular setting for what at that time seemed like a very long PhD trajectory. However, throughout the first research stages, I became intrigued by the many complex dynamics that I observed and experienced in the Rwandan countryside. Moreover, I shifted my ambition to compare socio-economic construction processes to analyzing farmers' livelihoods and the impact of rural policies on their economic and social wellbeing. Thus, I transformed my entire research set-up from a quantitative study in a large-scale sample to an in-depth micro-level study that involved building up the capacity to read into people's discrete, and often hidden discourses. Over the years, I pursued my research in six different settings, with regular returns, and built up a reputation of someone in which local farmers could place their confidence (Ansoms 2013).

I also built up connections with people who were professionally active in domains related to rural development: people within ministries, at the level of local administrations, in local and international NGOs, and within foreign embassies. I had frequent and repeated interviews with quite some of those people. I built up connections just like I did with my farmer research participants. However, I strongly separated my on-duty research life from my off-stage personal life. My months in the field were always extremely intense. In my head, every day had to count, and every contact had to serve the research purpose. I made a neat separation between research participants and friends and – specifically after some difficult experiences - guarded the boundary with great vigilance.

After the end of my PhD, I tried to move away from studying Rwanda. Around the time of my PhD defense, I went through the eye of a (little) storm. Rwandan authorities were displeased with my research results. At the same time, my research was misinterpreted and instrumentalized by opposition groups. Over the course of a couple of months, I got regular nightly phone calls with someone yelling Kinyarwanda insults into my ear. And it was made clear to me that presenting my research 'on the ground' was not opportune. I moved on to working in South Kivu and Burundi, thinking it would be a step to move away from the Great Lakes region on to other regions. However, again, I became intrigued by the profoundly complex dynamics with which I was confronted. Moreover, after the initial fuss about my research in Rwanda had settled down, I was able and - to my own surprise - very eager to return and continue my research there. At some point, I had an inspiring conversation with an older Great Lakes specialist scholar who insisted on

the credibility of research through long-term in-depth engagement. And at the dawn of my career as a professor, I started to gather an international team of passionate PhD students around me, all active in the three countries I was familiar with. Together, we developed joint projects that allowed us to link up our research and to engage in collective field work. I decided to stick to working in and on this very beautiful Great Lakes Region to strengthen my expertise on agrarian and land dynamics, and to engage in the set-up of long-term research projects in interaction with my research team and with actors on the ground.

Over the years, I have interviewed many people in Rwanda, Burundi and Eastern DRC. I have elaborated strategies to establish trust, to give my research participants confidence. I've built a reputation of being serious about research ethics. I have never taped an interview but walked around with my eternal notebook. With well-formulated questions and a listening ear, with an eye for body language hinting on double layers of meaning, and with an increasingly well-trained lens to read into hidden discourses. Over the years, I refined my capacity to make people open up on their beneath-the-surface image. People increasingly shared very sensitive stories with me, despite the artificiality of the on-stage research theatre.

And so logically, after 15 years of non-stop research in this particular region, the boundaries between that on-stage research theatre and the off-stage personal life became increasingly blurred. Brown (2009) devotes specific attention to the artificial boundary between the 'on-duty' researcher and the 'off-duty' human being. He relates how the fusion of on-duty and off-duty roles, of insider – outsider positions, and of one's identity as a person/researcher may at times be extremely challenging. And indeed, this is exactly what happened to me. I met and connected with people over a long period. I saw them getting married, having children, I saw careers being made, and – in some cases – being broken. I saw people being happy, being sad, in peaceful times and in troublesome experiences; meeting them over and over again. And over the years, I saw them forgetting that we were performing in that artificial on-stage research theatre. I saw them ascribing other roles to me; that of the compassionate listener, the confessor, the therapist. Some people started to call me a witch, able of 'reading into' someone's mind. Others started to see me as a friend, or even a soulmate. And from my side, although I initially tried to keep up the boundary between my on-stage and off-stage life, I noticed that it was becoming increasingly fluid in my mind as well. I started seeing some of my research participants as friends, developing deep connections where I did not initially intend to engage so deeply, and by giving access to my 'behind-screen' as well.

When meeting my research participants behind their screen as well as mine, I started to get access to new layers of information. However, that information was not only shared with the researcher, but also with the compassionate listener, confessor, or friend that people saw in me. And from my side, I started to notice that I increasingly put down my pen, closed my notebook, and carried on with only listening and engaging in in-depth conversations without thinking about the immediate utility of that conversation for my research. I started to engage in these relationships beyond what is expected from a researcher, maybe even beyond what a researcher is supposed to do. I developed a personal connection, and in this way, I became part of their stories, no longer as a bystander but as an active listener and reference point. I started to move beyond looking for a 'sexy' quote, or an interesting angle for my next article. However, I never stopped analyzing and interpreting the discourses that were shared with me. But I never intended to 'trick' people. I realized that getting access to people's *off-stage* narratives brought new responsibilities.

Getting Access to Hidden Discourses and its Ethical Implications

Norman (2009, 72) points to the multifaceted character of trust, identifying how ‘multiple trusts [...] may ebb and flow in the context of different individual and collective relationships.’ A lot of scholarly work deals with the challenge of building up trust. Gaining trust is often a matter of getting behind the ‘façade of normalcy’ that is characterized by silence, secrecy and self-censorship (Green 1995). Nordstrom (1995, 139) argues for example that the louder the story in a context of violence and war, ‘the less representative [...] the lived experience’ whereas ‘silenced stories at war’s epicenters are generally the most authentic.’ Norman (2009) points to the importance of emotional trust, depending upon personal relations and highlights how building up trust may occur through intense and long-term personal involvement.

However, few scholars reflect on what to do in cases where too much trust is being placed in the researcher. Three essential questions emerge. First, what if the researcher gets access to discourses that he or she would normally not have gotten access to? Nyenyezi (2016) elaborates on this question, explaining how he gained access to the hidden discourses of Burundian elites because of the status of the intermediaries he mobilized to introduce him to his interlocutors. He reflects on the ethical concerns involved in using such information. Peritore (1990) rightfully points to the difficulty for respondents to assess in advance the true extent of risks they face when participating in research, given that they often dispose of too little information to foresee the potential implications. Therefore, the researcher himself has a large responsibility to consider and minimize the ‘ethical dangers’ (Meyer 2007) – both physical and emotional risks - to which informants could be exposed throughout and after empirical research. The researcher should be aware that despite a momentarily presence in the field, the issues and discussions provoked by the research may have long-term consequences (Kuzmits 2008).

Second, what if the interlocutor imposes a role on the researcher that he/she cannot or does not want to assume? Thomson (2009) outlines how her research on the lives of ordinary people in post-genocide Rwanda pushed her into the role of a ‘therapist’ which was personally difficult but gave her an insight into intimate aspects of people’s lives. However, Lee-Treweek and Linkogle (2006) point to the risks involved when researchers are pushed into the role of social workers or counsellors whereas they lack training in managing distress and trauma. Clark-Kazak (2012) wonders whether research can take up the role of ‘social work’ in her reflection on the difficulties that arose when managing the expectations of unassisted urban refugees in Kampala. Another example of unrealistic expectations is when the research participants interpret the researcher’s role as that of an activist that will plead their case, or a development worker that will bring up the solutions to their problems. Thomson (2009) refers to how her research participants appropriated her as a researcher, trying to transform her into a kind of moral ‘ally’ expected to defend their interests. Kuzmits (2008, 28) had a similar experience when he was ‘taken hostage’ for two days by community representatives who ‘nearly suffocated [him] in hospitality’ in the hope he would come up with solutions to their problems.

Third, what to do when intense interaction brings the researcher to feeling a deep connection and empathy with his/her interlocutor? In her TED talk, Brené Brown reflects on four characteristics of empathy (1) the ability of recognizing the perspective of the other person; (2) staying out of judgement; (3) recognizing emotion in others; (4) feeling with people. Researchers’ perspectives differ on the place of empathy in academic research. Whereas some argue that ‘cultivating empathy in qualitative research training could contribute to facilitating more enriched, insightful research encounters’ (Gair 2012, 134); others insist on the importance of staying as

neutral – and objective - as possible. Lerum (2001) attempts to balance the contradictory spirit between neutrality and validity checks on the one hand, and subjective emotional engagement on the other. She pleads for engaging in emotional and subjective experiences, while keeping in mind the need for verification on interpersonal, organizational, and structural levels. Lerum concludes: 'It is thus the combination of emotional engagement with one's informants (whereby informants can demonstrate their own interpersonal power and truth) and basic empirical verification that produces critical knowledge, which is both self-reflexive and able to critique the power relations between people, institutions and culture' (2001, 481). However, these perspectives remain very much framed in the posture of the researcher as the professional gathering information, and not the human being engaging in deeply rooted human interconnections.

In the analysis that follows, I introduce some anecdotes drawn from the many years of research. While reflecting on the above-mentioned questions, I share accounts of people who have placed great amounts of trust in me and I reflect on my ethical quagmires in dealing with that trust. The stories are drawn from my research experience in DRC, Rwanda and Burundi. They are deliberately decontextualized and left vague. The essence does not lie in the details of the account, but in the ethical questions they raise.

Let us go back to the first question. What to do when I gain access to narratives that I would normally not get access to because my interlocutor forgets about the fact that we are both performing (or meant to perform) on a research theatre stage? I often think of a paper I read many years ago, in which the researcher gave an account of how he would invite his research participants into a bar to share a lot of alcoholic beverages in order to gain access to their hidden narratives. I felt profoundly disgusted by his boasting about his high alcohol tolerance as an important asset in his research design, and his lack of any remorse for having *tricked* people into forgetting that they were performing on a research stage.

However, I occasionally wonder whether I am not doing something quite similar. I have the capacity to make strong connections, and I frequently do so during my research – and other - encounters. What to do when people look me straight into the eyes and we build up a connection that goes beyond the theatre of researcher and *researched*? With the years passing by, this happens more and more often. I get access to people's *behind-screen life*. What to do with the narratives I gather when my interlocutor starts to see me as an insider and shares things with me that he would normally not have shared? It is extremely hard to determine which parts of those narratives I can still use as 'data,' and which parts are part of private encounters in which my interlocutor assumes that I've stepped outside of my research role. I once told one of my interlocutors: 'The researcher in me liked you way more when we weren't friends yet. In those times, I could freely use the quotes I got from our conversations.'

And what to do with narratives that I gain access to because people put excessive amounts of trust in me? Whereas in the beginning of my research, it was very hard to get access to politically sensitive information, this became increasingly easy over the years. In one of my research settings, I stumbled over a very problematic situation that involved well-connected high-level political persons. During my time in this setting, our focus groups would frequently be interrupted by the sound of the motorbike of an agent linked to those elites. One day, one of my focus group participants shouts out: 'Gosh, does he really think he can intimidate us like this? Does he really think that this stupid sound will prevent us from telling you the whole story? An, we know you. You have been here many times before, and despite all the things we told you, nothing bad ever happened. We know you will be able to tell this story and that nothing bad will happen to us.'

I spent several weeks investigating, gathering information on all the details of the story with a variety of research participants. I checked and cross-checked the facts and narratives. However, I also started to realize that the story was sensitive, and if being traced back to the setting, the consequences could be problematic for the whole environment. I also started noticing that it would be very difficult to sufficiently anonymize the story. I even organized focus group discussions with my informants to reflect together on how to do that. Many of them were eager to know that the story would get out. However, they placed huge amounts of trust in me, assuming – on the basis of our previous interconnections - that I would be able to tell their story in a way that no harm would fall upon them. In the end, I realized that I could not guarantee this, and so decided to not get the story out. The data are still burning in my computer, and I know that many of my research participants would be profoundly disappointed knowing that they shared all that time and took all that risk to contribute to a research project that never led to anything.

This brings us to the second question. What to do when informants share information with me because they see me as an activist? What to do with informants who hand over sensitive information and place their trust in me to use that information for what they perceive as what should be core to my scientific mission? In 1966, Barnes, while commenting on the article *Ethical and Clinical Research* (Henry 1966, 554) describes how the researcher ‘sometimes finds himself in the middle of an active political arena, that none of his informants accepts his plea of scientific neutrality, and that each tries to enlist and monopolize his support.’ However, one could go way further, and wonder whether there is anything such as scientific neutrality. The fact of analyzing or not analyzing certain questions is already a form of taking position. I know that I have profoundly disappointed people. Some of my informants feel betrayed because of my retreat into what I define as my research role. One person once called me a ‘lame’ researcher. Another person – in a frustrated reaction to my refusal to write about a particular topic - highlighted the role of those ‘so-called researchers’ who only shout about how right they were, when the dust settles after the bomb has exploded. He warned me that on that day (adding ‘if I’m still alive’), he will remind me about his words and my hypocrisy.

I feel similarly awkward when informants ascribe me the role of the therapist. However, given the nature of our team’s research, it would be hypocritical to radically refuse this therapist-role. The very nature of our research triggers people to talk about very intimate aspects of their lives: the (land) conflicts they are involved in, and the impact this has on their social relations and personal well-being. At the same time, experience has taught me all too well that I am not trained to deal with people’s trauma. Moreover, my engagement as a researcher does not allow me to provide a long-term follow-up on the emotions that my questions may bring up. So I have to be extremely careful in reading well how far I can go during my research encounters. The theatre methodology that my team and I have developed in order to talk about land conflicts is one way of dealing with this challenge. Informants often feel much safer to reflect on the consequences of land conflicts when connecting their reflections to a fictive theatre sketch instead of their own lives, although, again, there are many ethical reflections to be made.

Turning to the third question, what to do with the deep interconnection that certain research participants and I have built over the years? This is particularly challenging because my emotional engagement is taking me to very different sides of the political spectre. Sluka observes that ‘when conducting research based on participant observation in communities involved in political conflicts, it is generally the case that [...] no neutrals are allowed’ (1995, 287). The same goes for research in the Great Lakes Region: researchers are pushed into one or the other side of the political spectre, often despite their will or intention. However, over the years, I have built up frequent

interaction with people from very different sides. Some have become good acquaintances; others I consider several of them as friends.

At times I feel shredded by the inherent tension between their stories and perspectives, and the empathy they raise in me. How assuming my empathy with a high-level politician who once confessed to me how his life trajectory had led him to being locked up in a golden cage from which he could no longer escape? I listened to a very honest self-dissection of how he had let himself been driven away from the principles that had once inspired him to enter politics; and saw the sincerity of his desire to nonetheless try keeping those principles alive in some of his political actions. How to reconcile this empathy with my compassion for the civil society actor – and long-term friend – who confessed to me the very next day how tired he was about being chased by the closest political ally of my political interlocutor? How to frame the threats he is facing for his undoubtedly useful work? And how to react when one day, such a person calls me to tell me he is running for his life and asks for my help? How to react the day he pops up in my office and hugs me because he survived?

I sometimes feel like a cross point in which people's stories and perspectives merge. Those stories and perspectives are shared with me because of the great level of confidence people place in me. However, at the same time, I often have to be extremely careful about sharing my information with them. Research ethics are fundamental in my role as a researcher but also in my role as the acquaintance, confessor or friend. I have to safeguard at all times to never pass on sensitive context-specific information from one side to the other. Wood (2006) reflects on unintended consequences of sharing experiences with local 'friends' or of passing on information confidentially to a responsible person that may 'make a difference.' I am very aware that such unintended consequences could lead to very problematic intrusions in people's lives.

However, my safeguard to never cross over any sensitive context-specific information from one side to the other results in messy situations. To cite a friend: 'Don't you trust me? [...] You look at me as a friend, but sometimes as ... a subject. My look at you is cleaner ... and [more] innocent.' He took my lack of openness as a lack of trust. His disappointment is a logical reaction to my refusal to talk about a specific case after he gave me an insight into his *off-screen* narratives. Several people have hinted that I would make a good spy. Someone once told me: 'You give someone the impression of being very open and transparent, but actually, you haven't disclosed anything. You are like a complex movie of which I only got – and will ever only get - to see the trailer.' People sometimes ascribe double layers to my identity, layers that I don't feel comfortable with, interpretations that are by no means close to what I want to be myself.

Others interpret my ambiguity differently, such as the friend who once told me: '[Your capacity to read into people] is a gift. You use it with your heart wide open, which means that you use it well, you use it to achieve something good'. Another friend shared 'An, I like you for the way in which you do the things you do'. When I replied to him that he doesn't even know what I am doing, he responded 'exactly, and that is the very reason why I like you. I trust your judgement.' A huge amount of responsibility and trust that both have placed in my hands, blindly assuming that I will be able to handle it well ...

Conclusion

Nilan (2002, 368) describes how 'the researcher as human subject is [...] in flux, dealing constantly with shifting realities and contradictions.' Dealing with those shifting realities and contradictions is a profoundly complex ethical journey. I carry the weight of many people's secrets

in my heart. I am a researcher, and many of those secrets have been shared with me in my status of researcher. However, very often the persons involved shared those secrets not just with the researcher in me, but also – and probably more so - with the compassionate listener, confessor, therapist, witch, friend, or even soulmate they saw in me. And I have to assume the weight of those secrets. Those roles were not roles that I initially chose to print on me when I engaged in building up a connection with those persons. However, throughout the years, for them as well as for me, the boundaries between research and ‘real life’ got blurred on both sides. This comes with new responsibilities and ethical challenges that are very different from those traditionally discussed in the academic literature. Nonetheless, these challenges are very real and shape the way in which I evolve as a scholar, but also, more importantly, as a human being in interaction with other human beings.

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Chapter Seven

Scholar-Activist? On Relational Accountability and an Ethic of Dissemination¹

Susan Thomson

Your writing is so important to us. It gives us hope. To know that someone who is not a Rwandan understands the country like we do is a gift. You are a true activist because you are not afraid to say what so many Rwandans cannot say—that the RPF has politicized the genocide and our history. Thank you for your work. Please keep writing. We need more foreigners to be a “voice of the voiceless.”

~ Rwandan human rights activist, introducing me at an event in Canada, April 2011

Before I published my first book in 2013, dissident Rwandans living in parts of Europe, Canada and the United States saw me as a scholar-activist. I was ‘true’ because they thought my research findings—which critiqued the post-genocide policy of national unity from the perspective of 37 rural poor—and their political aspirations to unseat the current government, overlapped. They saw me as an activist because I used my academic platforms to share my findings with non-academic audiences through media interviews, opinion editorials, and from 2010, via social media platforms such as Twitter. While the mantle did not sit well with me, I did not challenge their framing of my scholarship as ‘activist.’ Indeed, as a white academic raised and educated in Canada, I did not give a second thought, even as I spent time working with Rwandans in the diaspora, helping them write press releases and policy briefs on political issues of importance to them, and later, writing affidavits to support the asylum applications of Rwandans seeking to leave the country. Others considered me an ally because the government had shuttered my research in August 2006, claiming it was against ethnic unity. Ministry of Local Government officials soon ordered me to participate in a citizenship re-education camp, something I did to protect the identities of the rural people I consulted as part of my project (Thomson 2009a; Thomson 2011).

When Rwandans in the diaspora learned about my forced re-education, many expressed dismay upon learning that I had been treated roughly ‘like us [dissenting] locals,’ and that I now knew what ‘it felt like to be a target of the government.’² I failed to fully appreciate what my experience of being forced to leave Rwanda meant to them, and how this shaped their expectations of me. Many of the handful of Rwandans who saw me as an activist/ally had self-exiled, citing a lack of political openness and the pressures of living under the post-genocide government, the Rwandan Patriotic Front (RPF) as reasons for their departures. At the time, I did not fully understand that the exiled Rwandans who made use of my research saw me as a sister-in-arms to their political activism, even as I willingly shared myself with them. Instead, I considered myself a scholar who was simply reporting my findings and sharing my difficult fieldwork experiences as openly and honestly as I could. After all, I thought, sharing one’s

¹ An Ansoms, Yolande Bouka, Marie-Eve Desrosiers, Annie Getz-Eidelhoch, Rosette Sifa Vuninga, Jade Roxburgh, Shelagh Roxburgh and Tammy Wilks provided thoughtful and engaging feedback on various drafts. While I was unable to incorporate all suggestions, I am grateful for the exchange of ideas.

² Email correspondence from 2012 and 2013, both on file with the author.

findings on multiple platforms, packaged for different audiences is the work of academics – it could hardly be called ‘activist,’ could it?³

It is the journey of realising the importance and impact of my work for Rwandan political activists and human rights defenders that animates this chapter. If an ethic of dissemination exists, then it should be woven into the research process, rather than functioning as a by-product of the circumstances of writing up and publishing across platforms. Was I, for example, wrong to assume I could use the life histories of the rural farmers in my interview sample in non-academic publications? I certainly did not explain all the uses that the stories of my participants could take; indeed, I did not foresee the need. I soon became a foreign academic of interest to some Rwandans in the diaspora as I could say and write things they dare not, and my re-education experience actually put me on the map, so to speak, as a critic of the government, even as my project was not designed as such. While I could not have anticipated government interference in my project, my experience raises useful questions to think through the *how* and *why* of dissemination, as a product of a series of working relationships: both with the rural Rwandans who agreed to participate in my research, as well as those politically active Rwandans living outside the country who seek to influence politics at home.



In this chapter, I argue that consciously centering our relationships matters as it serves to remind social scientists to regularly and rigorously interrogate our own research practices and our structural privileges during write up and publication. I do so as part of calls within political science for greater reflexivity, something I understand as ‘a keen awareness of, and theorizing about the role of the self in all phases of the research process (Schwartz-Shea 2006: 103. See also Fujii 2016: 1150-1151; MacLean, Posner, Thomson and Wood 2019). I also draw on feminist ethics to think about how represent the ‘other,’ to reflexively engage issues of power and control over whose voices are prioritized, how their voices are rendered and for which audiences (Hill Collins 2013; Stern 2006; Thomson 2018b). I offer my experiences as a form of autoethnography, to situate my personal and anecdotal experiences of Self as part and parcel of what we know and how we know it (Akello 2012; Davis and Breede 2015; Roxburgh 2017). I contend that so doing improves our ability to contribute to knowledge by making plain the messy and sometimes contradictory relationships that frame our research process and its many products (books, journal articles, conference presentations, op-eds, blog posts, and such).

In acknowledging the messier, hard-to-manage elements of writing up, we can also see that our findings will be read, interpreted and even politicized in ways that go beyond our ethical

³ As I navigated the responsibilities of activism, it bears noting my structural privileges as a white fully-funded Canadian female political scientist. To my mind, there are fewer career penalties on white academics, who generally get a free pass to pursue the questions we want in the locations we wish to study. My work also benefitted from a qualitative turn in political science, eschewing strictly positivist epistemologies and methods that dominate the discipline. I also believe academics have a responsibility to share our findings with policymakers and practitioners (Thomson 2009a). Lastly, I enjoyed a level of professional gravitas as someone who had conducted, in the words of my external examiner, ‘brave and courageous’ work. As such, my experience of scholar-activism is different—structurally, practically and personally—than colleagues who, unlike me, intentionally chose the path, something social scientists have prescriptively analyzed. See, for example, Pulido 2008; Suzuki and Mayorga 2014 as well as guidance specific to ‘Africa’ from Abrahamsen 2003; Mama 2000 and Nolte 2019.

commitments we made to those whose stories and experiences fill the pages of our publications (cf, Johnston 2010). As much as the discussion that follows is a product of my particular experiences and positionality, the broader narrative of how our research is received after publication holds lessons for other scholars, to model how I mediated my primary ethical duty—of protecting those 37 Rwandans who trusted me to tell their stories—with the expectations of a some politically-engaged Rwandans who found resonance in my findings, and the missteps I made in my urge to ‘give back’ to the people and communities that made my research possible.

I thus modestly propose a framework of relational accountability in research. In so doing, I offer a reflection on twenty-five years of work in and on Rwanda, of the many missteps of doing research and to highlight that academic life is a process fraught with contradictions and paradoxes that scholars must embrace in all facets of our post-fieldwork life (writing, speaking, teaching and mentoring/advising). This embrace must include soul searching about the hubris of what academic research can actually accomplish—of what it means to speak with, and not for, our research subjects, and whether or not speaking with is ‘activist.’

I advocate for an acknowledgment of relationships as a series of living, relational commitments that reside at the heart of ethical practice, not behind the myth of scholarly detachment or objectivity. I am hardly the first to suggest an embrace of the emotional. Feminists and other critical social scientists have long advocated for researchers to be fully human (Hale 2008; Hesse-Biber 2014; Parkinson 2019). I am far from the first to propose that researchers embrace of ethics as an ongoing responsibility, not ‘a discrete task to be checked off a “to do” list’ (Fuji 2013, 727; Millar 2018; Nordenhaug and Simmons 2018). What I do differently in this chapter is to extend the notion of possessing an ethical sensibility in write up and dissemination that is informed by how readers and other end-users of our research understand the politics and positionality of the researcher as well as the socio-political and cultural climate of ‘home’ (being the place under study).

To make my case, I introduce a framework of relational accountability, rooted in indigenous ontologies (Smith 2012; Wilson 2008). I draw on this scholarship to explain that the social world can only be understood through relationships, and that researcher accountability to all of our relations underpins our topic selection, research design, methodology, modes of analysis and interpretation, to whom and how we present our findings. I then turn, in Section II, to discuss the ethical balancing act of being ‘a voice for the voiceless,’ something I initially understood to be about my positionality rather than a series of relational commitments to different audiences. In this Section, I examine if scholars risk an abandonment of consent protocols and other ethical commitments when external actors ask us to participate in non-academic activities and publishing? Do we have ethical duties to readers and other end-users of our research findings that go beyond what we promised our research participants?

These are questions that have come up for me as I continue to write about Rwanda since the 1994 genocide, working from the qualitative interviews I gathered in 2006 and updated with Rwandan researchers in 2016 (Thomson 2018a; 2018b; 2019). They also emerge in my advising and mentoring of graduate students working in African settings, most of who are based at universities in African countries. I have no firm answers beyond a resounding ‘yes’ as my overarching point is that research is a process, not just a product. I consciously choose not to provide a conclusion, something some readers may perceive as a cop-out. My aim is to encourage readers to use my theorizing of self as a framework for reflection rather than provide a list of prescriptions based on my specific experience. As such, readers can utilize the framework of relational accountability through my process—rather than my endpoint—to allow others to

link my reflexive, interpretative observations to their own research projects. As an interpretivist, my approach to research includes both a commitment to a reflexive process of self-scrutiny as well as an appreciation of what some people think and do, what kind of socio-political problems they face, and how they deal with them, to understand and explain what is meaningful to whom and why (Fujii 2010; Thomson 2013a, 14). Given this stance, I hope my experience can help other scholars whose work is received (and perceived) as politically charged to reflect on, and perhaps learn how to navigate sticky situations when they arise.

Relational Accountability

Accountable to Whom?

Research is about unanswered questions, and as Wilson notes (2008, 6), the research questions we ask also reveal ‘our unquestioned assumptions’ about the world we study. If we accept this premise, then research is also about why, how and with whom we conduct research. In my case, there was no question in my mind that I would conduct doctoral research in Rwanda for reasons I set out in the Preface to my 2013 book on reconciliation since the 1994 genocide. I wanted to explain to my readers that I had been working *on* Rwanda since 1994, to lay bare my relationship to Rwanda and Rwandans. I did not really start to do my research *with* Rwandans until 2005, when I begin drafting my dissertation proposal as a requirement of my PhD program. This distinction of ‘on’ and ‘with’ matters, for it was the intellectual and personal work of writing my proposal and the accompanying institutional ethics application that made clear the relationships that my research would need to be successful. In all honesty, my measure of success was self-serving, as the research would result in my doctoral degree. ‘Success’ was gathering the field data needed to write my thesis. As much as I thought my pre-fieldwork writing had centred the relationships I would need to develop with Rwandans, the truth was that those relationships were instrumental, insofar as I needed people of different talents and roles to complete my research.

In my focus to meet the minimum requirements of good ethical practice, framed by Canadian federal law on research with human subjects, I placed the Rwandans who worked with me during the course of my doctoral research in a series of service roles without fully realising that these are relationships to which I am also accountable: Research assistants, translators, drivers, and, most importantly, interview participants as well as a range of state agents, including Ministry representatives, local government officials, police, and soldiers. Let me be clear; I did not take my ethical responsibilities lightly and I did the best I could, given the context in which I carried out my ethnographic work. I also recognized that my primary responsibility was to those Rwandans who I interviewed, where trust, confidentiality, and humility informed my every encounter. I also include in the list of relationships I nurtured, and for which I am thus accountable, those where I was the weaker party, with, for example, the local government officials on whose good will and permission my research depended. My early publications focused almost exclusively on the ethics of human subjects’ research with vulnerable and marginal populations (Thomson, 2009a; 2009b; 2010; 2013b. Cf. Lake, Majic, and Maxwell 2019).

But my early work did not consider the politics of dissemination nor the extent to which research is not possible without sincere engagement with people, and that being accountable means recognizing both what motivates our research while also appreciating that people will

react to us as a (temporary) presence in their lives in different ways. Most importantly, accountability also means holding true to ourselves as the primary instrument of research, and to uphold the commitments and promises we make to those who make our research possible, while being mindful to not promise more than we can truly deliver. It also means recognizing that our presence in the field site may linger long after we leave. In Rwanda, I found myself in relationships with people who did not feature in my research proposal or ethics applications – government officials and local police in particular. Yet, it soon became clear that I was also in relationships with them, for I needed their tacit consent to simply visit rural hillsides, where I met and interviewed most of my research participants.

Accountable How?

What would take me more time to figure out and begin to write (and teach) about was the extent to which my doctoral work was reflective of my personal politics, insofar as I sought to foreground the post-genocide experiences of poor rural Rwandans, as a way to understand and explain the power of the Rwandan state before and since the 1994 genocide. At the time, my personal politics did not extend to activism, as much as I was working to know Rwanda from the perspective of ordinary people. It was not until Rwandans in the diaspora staked a claim to my findings that I started to think through the relationships I had with those who used my findings for their own purposes, purposes I sometimes did not agree with or even respect. I do not think I would have changed my research topic or design had I known of the activist expectations of some Rwandans in the diaspora. Indeed, I doubt it is at all possible to anticipate how our research findings will be read and understood by different audiences, but I now think that researchers can assume, in the age of social media, public uses for our findings. In assuming public use by local activists, we can think more deeply about how we write up, noting the larger political and social world in which our work, and the Self, are embedded, to consider whether and how our findings may be politicized, to what end and by whom.

Having one's work politicized is not a bad thing *per se*, for we too exist as social and political animals. I proffer only that we researchers have a duty of care to our readers, for we are also in a relationship with them. Sometimes, such relationships will become personal, resulting in a measure of relational accountability. This means that we need to find a way to navigate them in ways that honors the research process, protects the people whose stories fill our pages, while also recognizing that our findings may become a vehicle for political change, even when we do not intend as much. In my case, Rwandan activists used my research to demonstrate that the RPF governed without regard for human rights, and that it was using the language of reconciliation to consolidate its political power.

In my case, an ethic of dissemination would have perhaps more obvious to me had I considered the political nature of my project, beyond what I thought was my core audience: other academics and Western policy makers. I knew my project was political insofar as I knew my foregrounding of the experiences of violence of ordinary people, before, during and after the 1994 genocide as a valid and knowable form of knowledge ran counter to mainstream social science, where local, bottom-up knowledge hardly matters (Harding 1991; Mügge, Montoya, Emejulu, and Weldon 2018). Working from the so-called margins of society, to understand the lives of people subject to the authority of the state was a political choice (Rutazibwa 2018). Had I been more self-aware about the relationships to the Rwandans who would come to use my research, and the responsibility of accountability I now realize I owe to those who made my

research possible, I could have better understood my ethical duties as arising out of relationships, even those I did not foresee or with people I did not particularly like. My ethical shortcoming at the time was my failure to appreciate the nature of the relationships that make our research possible, we fail to understand, and thus explain, how our presence in their lives informs our research findings (Lake, Majic, and Maxwell 2019). We must remember at all stages of research—design, implementation, write up and dissemination—that our work is far from value neutral. In choosing a particular topic, method, mode of analysis and dissemination, we reveal our understanding of the political and social context in which our research is situated. Critically, our understanding of the research environment does not end when we inevitably leave the field site, to return to the relative safety of our desk to write and publish.

Personal Experience and Socio-Political Understanding

In April 2006, I started my field work in southern Rwanda, settling in Butare (now Huye) town, I had been preparing to start my research for at least a decade. I first visited Kigali, the capital, in late March 1994, as a young United Nations staffer. As I write in the Preface of my first book (Thomson 2013a, ix-xxi), I arrived in Kigali just 10 days before still-unknown persons shot the aircraft of then President Habyarimana out of the sky. The downing of the presidential aircraft is widely believed to be event that sparked the start of the 1994 genocide. It also marked the resumption of Rwanda's civil war between the government of the day and the then rebel RPF. By April 12, 1994, Hutu hardliners had seized control of the state, with government-sponsored militias fanning out to oversee the extermination of ethnic Tutsi. The policy of genocide implored ethnic Hutu to kill their Tutsi kith and kin. Many did, with an estimated 200,000 Rwandans participating in the deaths of at least 500,000 Tutsi (Des Forges 1999, 15-16; Straus 2004).

In July 1994, the RPF rebels proclaimed the genocide over, taking political power under the guise of power-sharing. By 1999, the new RPF government would handily control the government, the military and civil society, as it sought to remake Rwanda in its vision: A modern society where Rwandans work together to develop the country, free of ethnic division (Thomson 2017; 2018a). This policy of forcible reconciliation captured my interest, as the RPF leadership implored Rwandans to eschew the ethnic identities that they believe drove the violence of the genocide. The individual killings that culminated in the Rwandan genocide touched everyone who lived in the country as 'it was a hill-by-hill, home-by home thing' carried out with machetes, hoes, and other everyday implements (Prunier 2011, 1). The genocide became part of daily life, a permanent imprint on all who were in the country at the time. It was the intimacy of the genocide that drove my doctoral project. I wanted to know how ordinary rural people were faring since the violence of the genocide ended, as some eighty percent of Rwandans live on rural hillsides.

In my wonder, I did not really occur to me that maybe I should not have been able to work in parts of rural Rwanda among impoverished, war-affected people. In not stopping to consider if I could ethically and practically conduct research, I failed to fully acknowledge my structural privilege as a fully-funded doctoral candidate, for whom going to 'the field' was assumed. As Fujii (2016, 1149) notes, 'just because funders, Institutional Review Boards, and dissertation supervisors have given the project the "green light" does not give research automatic "right" to intervene in people's lives without consideration the power implications of what they are doing.' Of course, no one in Rwanda was obliged to speak to me about their experiences of

violence and reconciliation. Still, I approached the process of gaining consent carefully and systematically, for my primary purpose was to emotionally commit to, and show respect for, the Rwandans I studied, in full recognition that the relationships I formed with my research participants would be emotionally challenging, but that these challenges would provide the necessary backdrop to provide a detailed ethnographic account of social and political life since the 1994 genocide (cf., Chakravarty 2012; Skjelsbaek 2018).

So, I proceeded, relatively confident that I was prepared. After all, I had been visiting the country since 1994, had invested in learning local language, Kinyarwanda, found local organizations to sponsor my project, and had received all of the necessary permissions from the government. I consciously assumed a feminist posture of supplication (Berlant 1997; England 1994; Koybashi 1994), meaning I sought to build reciprocal relationships with the Rwandans who participated in my research. It also meant that I had assumed, as a part of my reflexive approach to field work, that the Rwandans who agreed to speak with me held greater knowledge than I ever could. As such, I opted for life history interviewing as my primary mode of learning from Rwandans. I also thought that supplication would minimize the asymmetrical power relationships that defined my field work. I should have realised that the minimum standard of reciprocity, of relationships rooted in mutual respect, trust and empathy was near impossible, given the vast chasm between my white, upper middle class, east coast Canadian self and the lives of poor rural Rwandans whom I consulted. In other words, researcher sensitivity to the power relations that shaped my relationships with a handful of rural Rwandans does not—and indeed cannot—erase or negate them; and that there is really little that can be done to reciprocate, with pen and paper, their presence in my research.

Relational Vulnerability

In my focused efforts to meet the bare minimum of good ethical practice, I failed to fully recognise the human pain and social costs of surviving mass atrocity, something I came to understand as a form of ethical loneliness (Schulz 2018). For me, ethical loneliness operates as a reflexive position to help me interpret Rwandan political life, as I had few people in my early professional life on whom I could lean to discuss and process my interpretation of what Rwandans had gone through, the violence they experienced and the herculean efforts they had to undertake to return to normal life.⁴ As many Rwandans told me, there was no going back to normal. Optimism, they said, was something that belonged to government officials. Almost everyone I met—survivor or perpetrator, young or old, rich or poor—felt some form of abandonment by family or neighbours as well as from their political leaders and the administrative system that expected them to reconcile with self and others. My presence likely added to this sense of loneliness and abandonment, since research offers no way to change the lives of those who make it possible.⁵ A sense of making do, of barely getting by, characterized my entire project. I would only begin to appreciate the weight of ethical loneliness once I started publishing, as I wrote about how and why the government of Rwanda had stopped my research. I did not consider my project a failure, even as the experience of having my doctoral project

⁴ Although I did develop at the time some close professional relationships with other foreign researchers working in Rwanda, including Alison Des Forges, Lee Ann Fujji, Catharine Newbury and David Newbury, among others.

⁵ Many of the Rwandans who consented to participate in my project knew I would ‘hold their secrets’ and in hopes that ‘storms’ like genocide would not befall their children (Jeanne quoted in Thomson 2013a, 3).

interrupted came to define, in my mind at least, how my work was received by academic peers and Rwandan exiles, something I discuss further in the next section.

When representatives of the Ministry of Local Government stopped my research in late August 2006, claiming that I was wasting my time talking to ordinary Rwandans about national unity initiatives, since they were ‘liars’ who did not appreciate all that the RPF was doing for them (Thomson 2011. See also Thomson 2009; 2013a). I was not thinking about publication when my work was stopped. I only wanted to figure out how to protect my interview material and safeguard the identities of the rural Rwandans who participated in my research. As far as I know, I did successfully protect them, something I partially attributed to my own understanding of the socio-political context at the time as well as my careful management of interview data (Thomson 2010; 2013b). As I packed up under the watchful eyes of government officials, leaving the country for the last time in October 2006, I knew I would have to speak and write about my experiences. I was not shy about recounting the stresses and strains of having my research permit revoked. News of my forced exit and stoppage of my research soon spread among academic and activist communities.

I had no thought at the time that my work was activist, insofar as I designed my project to situate ordinary Rwandans as people who were living their lives in a post-conflict setting.⁶ As such, I understood my role to be one of listener, to provide a space for me, as a foreigner researcher, to centre vulnerable emotions—fear, empathy, anger, despair—as normal human responses to violence (Robinson 2011). Unstable, messy and contradictory emotions—from researched and researcher alike—must be allowed to fester and flow, for emotional response to everyday human behavior influence not only how we listen, but also to whom we choose to listen (Shesterinina 2018), which turns the tables on the normal ethical standard of thinking through who speaks how, and to whom (Kobayashi 1994). Listening well is hard work; it requires an ethic of engagement, so we begin to hear what is not said (Fujii 2010; 2012). This matters most in settings such as postgenocide Rwanda, where listening to what is said, how it is said and the body language that accompanies speech (or silence) can be instructive of the broader social and political climate.

A Triple ‘R’ Ethic

My efforts to hear ordinary Rwandans, in their own words, required more than a commitment to being fully human. A humanist approach required a clear sense of the variety of relationships I developed, relationships to which I was accountable through a triple “R” ethic: Respect (for those on whose lives my research is based), Reciprocity (with my readers through dissemination) and Responsibility (accountability to how my research tells the story of my participants). This triple ethic developed during write up, resulting in a practice of engagement

⁶ My colleagues at Colgate University welcomed the possibility of activism as our pretenure mentoring program as well as our tenure and promotion policies, reward public scholarship. As my intellectual home is in the interdisciplinary Peace and Conflict Studies program, I was encouraged to write op-eds and policy reports. As such, I did not experience any backlash from colleagues, and when Rwandan Twitter trolls tried to sully my professional reputation, Colgate’s communications department came to my rescue. This supportive institutional environment is increasingly rare in the United States (and elsewhere), as harassment of activist academics is commonplace as Zevallos (2017) explains. See also Couture 2017 and Pulido 2008 on managing institutional challenges to scholarly activism.

that was more concerned about ensuring that my analysis was ‘true to the voices’ of all who participated in my research rather than to the traditional positivist standards of what counts as social science in the Western academy (Wilson 2008, 101. See also Schwartz-Shea 2006; Yanow 2009).

My understanding of, and appreciation for, this triple ethic made plain to whom I was responsible, beyond the traditional audiences of other academics, and myself, as a scholar writing to generate new, or at least extend, existing academic knowledge. I was first and foremost responsible to the 37 Rwandans who consented to share their testimonies with me, to document as clearly as I could, their individual and collective experience, to respect their humanity as people who have lived through mass atrocity in their own voices, whether as survivor, perpetrator, bystander, rescuer, or witness. In the process of documenting and telling their stories, I also had a duty to respect the context of their lives, to interpret their lives through the historical, political, social and economic realities that shape their present. As such, relational accountability to people extends to the ideas, concepts, theories and methods that I chose to conduct my research. A sense of accountability to ideas means that researchers are transparent in the choices they make, when and why. I further recognise this is a tall order, especially since journal articles and other academic products, have word count limits that preclude a full exposition of the how and why of research, and the relationships that make up a body of knowledge, as a minimum standard of working ‘with’ rather than ‘on.’

Relationship to Ideas and to People

In recognising the relationships—to people and to ideas—that frame our experience of research, we appreciate that we do not own the knowledge just because our design, method and write up brought the information to light. Nor do we have control over how the work is received by audiences other than the intended academic ones. In my case, I included my personal experience of research in my first book, published in 2013 after I had already published a number of journal articles and book chapters. I wrote a lengthy, subjective Preface and Acknowledgements that I hoped would do two things: first, to make clear the twisting intellectual and personal path I took in deciding to work with ordinary Rwandans as part of my feminist, interpretative epistemology; and to begin to tell my story of having my work stopped by the government in my own words. I thought that telling my story would end the discussion—among my academic peers and Rwandans—about what had done to raise the ire of the government and how I managed its interference in my project (Thomson 2009; 2010; 2011; 2013b). I saw this a minimum standard of transparency to set out the research choices I made, both consciously and those made on-the-fly, in reaction to difficulties of having my project stopped and my passport seized.

When I defended my dissertation in 2009, I had little interest in being part of the everyday organising or protesting against the government in Kigali, even as I saw how my research was understood by many readers as critical of the RPF government. Some readers, notably some Rwandans but also a handful of colleagues, saw my work as a product of a grudge I held against the government. Others, particularly Rwandans who longed for political change, seized on my work, as emblematic of the way in which Kigali deals with critics. I did not see myself as a political opponent or critic, as my writing focused on presenting my research findings, which were indeed critical of government policy, not the RPF leadership. My misstep at the time was to appreciate the extent to which the Rwandans who used my research for their

own political ends expected me to act as their advocate. I sometimes felt that they expected me to share my ideas and energy at their behest. I considered this an unreasonable expectation, leading me to feel put-upon and even resentful. In hindsight, I should have simply said that my priorities left little time for accepting every request to present my findings. I could have also been more honest when fielding requests to speak that I was busy working towards tenure (awarded in April 2017), and happily ferrying my kids to their art classes and soccer practices. Although, in hindsight, I should have realised that I could not hide behind my academic identity to avoid their social justice expectations of me. As much as I was a reluctant collaborator, the fact remains that I could have better grappled with how my research would be read and interpreted by activist communities.

‘Voicing the Voiceless:’ The Lessons of Critique

The Pain of Self-Scrutiny

The fieldwork I undertook to answer the questions I had about Rwanda since 1994 was difficult, for I was largely self-trained to do so. Beyond the informal training of the nine-months it took to be granted human subjects ethics approval by my university, I had no formal ethnographic training. Only a handful of texts provided answers about the lives and life worlds of ordinary Rwandans (e.g., de Lame 2005; C. Newbury 1998). In many ways, I was flying by the seat of my pants, relying on a mixture of intuition and local knowledge, modifying my process as I encountered a variety of challenges to doing the research as approved by my university. I was hardly a scholar-activist, in practice or in my own understanding of the concept. In 2008, as I started to write up my research for publication in academic venues, I also began to write policy briefs and opinion-editorials. I was keen to share the voices of ordinary Rwandans with English-speaking readers in living in the so-called West, to include the voices of ordinary Rwandans to illustrate the human cost for some of the RPF’s post-genocide reconciliation policies. This led some Rwandans, particularly those living in Belgium and Canada, to declare me a voice for the voiceless, an honorific I barely recognised.

At the time, I had yet to realise my responsibilities to my readers, which I now understand as an ethical minimum. At the time, however, I was squarely focused on my academic career, having earned back-to-back post-doctoral fellowships, first at the University of Ottawa then at Hampshire College, before landing a tenure-track position in July 2012. My academic motivation was (and remains) bringing in the lived experiences of those subject to state power, to understand how state-led politics disrupt everyday life and endanger individual networks of support and dependence in the name of policy success.⁷

That I too was subject to the power of the Rwandan state, thus having a front-row seat to how political power operates in the lives of ordinary people, I opted to include in my Preface a personal reflection on the twists and turns that brought me to do the research that I did, and what it meant to have it stopped. In sharing how the relationships I developed with a handful of Rwandans from all walks of life, and my subsequent house arrest, were a product of local power relations. Given that my research was forcibly stopped, I wanted to be honest about how I approached ‘the field,’ how I understood my positionality as a white Canadian, and to illustrate

⁷ My current research, started in 2012, studies the self-help networks of refugee women from African countries living in Nairobi, Kenya and Cape Town, South Africa. See Thomson 2013c.

my understanding of reflexivity as a feminist mode of telling the story of how I chose my topic and understood government interference in my research project. My intent was to ‘dismantle the smokescreen’ of research impartiality and objectivity that filled the pages of many of the political science texts I consulted in writing my 2009 dissertation and the 2013 book on which it was based (England 1994, 81).

I could have realised that I was already walking the fine line between being a scholar and being an ‘activist.’ I see now that my work was (and remains) activist in outlook and scope, something that is central to feminist scholarship (Bickham Mendez 2008, 136-138). This realisation led me to start to teach undergraduate courses on human rights advocacy and transnational activist networks, which in turn lead me to read widely so I could reflect deeply on how scholars juggle the dual roles of scholar and activist. I came to embrace the label, teaching it as a series of intellectual commitments and personal characteristics, namely direct policy engagement with solving practical problems, with a view to having them put on the agendas of policy makers. All told, I learned that being activist in sensibility and practice is a blending of political commitments with scholarly research agendas.

In hindsight, I can see why some readers viewed my Preface as framed by a series of clichés about ethnic violence in ‘Africa’ (Wainaina 2006), especially as I wrote about how witnessing an act of targeted violence in Madagascar had affected me, and in turn my research process in Rwanda.⁸ I now see that some readers saw something self-congratulatory, neo-colonial and perhaps even self-righteous in my narrative (Illich 1968), even as this was not my intention while writing. I was also honest about my post-traumatic stress diagnosis, as both a product of my personal and professional life in Africa, something which rubbed some reviewers the wrong way. I can now see why; I was still in those days referring to my illness as a ‘disorder,’ not as a normal reaction to witnessing human suffering (Auchter 2019).

Voiceless by Choice?

When asked to write for this event or that public lecture organized by dissident Rwandans, I situated myself as an academic whose work theorizes the power relationships that shaped the lives of rural Rwandans. I never really thought much about the perception that I was ‘voicing the voiceless,’ as I do not think people are voiceless by choice. They are ‘deliberately silenced’ or ‘preferably unheard; as Arundhati Roy poignantly said in 2004. I told myself that academics, especially foreign ones, were to remain above messiness of the politics of peoples’ lives (Kapoor 2004; Spivak 1993). I considered my writing on how to ethically undertake human subjects research with vulnerable and marginal populations to be a form of ‘giving back,’ even as I understood the ethical duty to give back to the people who participated in my research to be woefully inadequate. My responsibility was to tell the stories of rural Rwandans in as much detail as academic writing allows, going so far as to excerpt their narratives as much as I could.

While I busied myself with publishing well and often, in pursuit of an academic career, I soon spent a good portion of my evenings and weekends engaged with Rwandans in the diaspora, whether they had political aspirations or not. Many simply wanted to discuss their

⁸ My purpose was to demonstrate how my work for different United Nations agencies personally affected me, and hence my research topic, methodology and so on. Many of the 24 authors who reviewed my book in academic journals failed to fully appreciate my disdain for the UN, and how my work for them shaped my research question and methodology. Compare a reprimanding review by (Holmes 2014) with a substantive one (Jessee 2014), and one by a fellow political scientist (Chakravarty 2017).

home country with an outsider who knew the place, to lament the political or human rights situation, or to share their hopes and dreams for Rwanda. I tried not to engage with them as activists, but rather as ordinary people who knew of how I was told to leave the country after the government stopped my research. I considered the many conversations I had with different Rwandans as an example of engaged scholarship, for I spoke up for and wrote about political issues they dare not try.

The rural Rwandans whose experiences filled the pages of my book were not well represented in the political events organised by those in the diaspora. This troubled me. And, as an introvert who needs a lot of alone time, getting involved in Rwandan politics was not a priority, even as I was aware of the challenges Rwandans in the diaspora faced to participate in public life at home. Ultimately, in being pushed to think through how to navigate my externally imposed role as a ‘voice for the voiceless’ made me a better social scientist. In interrogating how my research was received by Rwandan activists, I had to really think about how my research practices, my structural privileges in the academy and how my foreign positionality shapes my writing. I was able to do so because I had to understand how my research, and the structures that made it possible, affected Rwandans, and not just those who participated in my research, but anyone who made use of it. In other words, thinking through what it means to voice the voiceless in conversation with activist Rwandans, an audience I did not consider and should have throughout my research process, from design to dissemination.

The Politics of Voicelessness

In navigating the terrain between academic critiques of my first book and figuring out how to work with Rwandan dissidents led me to assume an activist identity. Thinking through the label and what it means to different audiences led me to understand my own positionality as a foreign scholar and to advocate for greater reflexivity, part of which is recognising its limits and pitfalls as a form of self-scrutiny (D’Arcangelis 2017; Fujii 2016). I learned a lot that now informs my teaching and graduate student mentoring, particularly when my students are embarking on their own research projects in foreign, post-conflict environments where self-reflexive awareness of the ethical dimensions of research, the sources of structural and personal privilege that researchers take for granted, and a deeper sense of the power dynamics that underpin relationships in and out of ‘the field.’

Being labeled a ‘voice for the voiceless’ taught me a lot about research as a series of relationships with people and with ideas. I recognise now that the label made me uncomfortable because I can now better see that speaking for those considered ‘voiceless’ shows little insight into the structural and political conditions that render large swaths of society voiceless. As such, proclaiming me a voice for the voiceless ignores the conditions for voicelessness in society, leaving those I studied to remain ‘voiceless’ while allowing me to take the heat in speaking what activists could not or would not say as they work to imagine and build a Rwanda where they can speak up.

Academics must realise that there is little that our work can do in places like Rwanda where voicelessness means political criticism is punished and speaking out is risky. The so-called voiceless – these voices are missing, and this is a structural reality in a society where political elites speak for, not with, rural Rwandans, both historically and today (D. Newbury and C. Newbury 2000). In responding to calls to voice the voiceless, we researchers and writers to practice humility, for we cannot document local realities, centering the experiences of non-elite,

ordinary people without due regard for the relationships that make our research possible. For foreign researchers, we must also ask ourselves an additional question: Can local researchers do the research? If they can, does our research project make it difficult for them to do their work, or does it contribute to dialogue and debate? In other words, ask yourself, does my work take up space from others doing the work? Or does your work create space for others to be heard on their own terms? In other words, is my voice, in the form of activism, working to abolish the conditions of voicelessness in those whose lives I study?

Of course, abolishing voicelessness is a normative aspiration, but I set it out as a minimum ethic of dissemination, to provide a framework of relational accountability for researchers to think about the politics of write up and publication. As I noted in Section I, we are accountable to those whose words and ideas form the basis of our scholarship. These relationships are the backbone of qualitative research in the social sciences, but scholars tend to overlook the messier parts of both human contradiction and contextual complexity to tell a coherent, compelling and singular story. Relational accountability asks us to stop and think about how our work is received, and by whom, to reflect on the ethical obligations that arise in the process of dissemination. In other words, an ethical commitment to accountability begins during the design phase and continues long after one's ideas and arguments appear in print or are orally presented.

All told, I hope my paper spurs conversation about ethical commitments to accountability, and the relationships and practices that underpin it.

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