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Abstract
Pituitary adenylate cyclase-activating polypeptide (PACAP) has neuroprotective and neurotrophic properties and is a potent α-secretase activator. As PACAP peptides and their specific receptor PAC1 are localized in central nervous system areas affected by Alzheimer's disease (AD), this study aims to examine the role of the natural peptide PACAP as a valuable approach in AD therapy. We investigated the effect of PACAP in the brain of an AD transgenic mouse model. The long-term intranasal daily PACAP application stimulated the nonamyloidogenic processing of amyloid precursor protein (APP) and increased expression of the brain-derived neurotrophic factor and of the antiapoptotic Bcl-2 protein. In addition, it caused a strong reduction of the amyloid β-peptide (Aβ) transporter receptor for advanced glycation end products (RAGE) mRNA level. PACAP, by activation of the somatostatin-neprilysin cascade, also enhanced expression of the Aβ-degrading enzyme neprilysin in the mouse brain. Fur...

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Neuropeptide pituitary adenylate cyclase-activating polypeptide (PACAP) slows down Alzheimer’s disease-like pathology in amyloid precursor protein-transgenic mice

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ABSTRACT Pituitary adenylate cyclase-activating polypeptide (PACAP) has neuroprotective and neurotrophic properties and is a potent α-secretase activator. As PACAP peptides and their specific receptor PAC1 are localized in central nervous system areas affected by Alzheimer’s disease (AD), this study aims to examine the role of the natural peptide PACAP as a valuable approach in AD therapy. We investigated the effect of PACAP in the brain of an AD transgenic mouse model. The long-term intranasal daily PACAP application stimulated the nonamyloidogenic processing of amyloid precursor protein (APP) and increased expression of the brain-derived neurotrophic factor in the mouse brain. Furthermore, daily PAC1-receptor activation via PACAP resulted in an increased mRNA level of both the PAC1 receptor and its ligand PACAP. Our behavioral studies showed that long-term PACAP treatment of APP[V717I]-transgenic mice improved cognitive function in animals. Thus, nasal application of PACAP was effective, and our results indicate that PACAP could be of therapeutic value in treating AD.—Rat, D., Schmitt, U., Tippmann, F., Dewachter, I., Theunis, C., Wieczerzak, E., Postina, R., van Leuven, F., Fahrenholz, F., Kojro, E. Neuropeptide pituitary adenylate cyclase-activating polypeptide (PACAP) slows down Alzheimer’s disease-like pathology in amyloid precursor protein-transgenic mice. *FASEB J.* 25, 3208–3218 (2011). www.fasebj.org

Key Words: PAC1 receptor • G-protein-coupled receptor • neuroprotection • nasal delivery

The accumulation of the amyloid β peptide (Aβ) in the brain is a central process leading to the development of Alzheimer’s disease (AD) (1). The amyloid precursor protein (APP), the source of Aβ, can be proteolytically processed by two competing pathways: the amyloidogenic (β-secretase-mediated) amyloid-β peptides generating and the nonamyloidogenic (α-secretase-mediated) pathway. Proteolytic cleavage of APP by α-secretase within the amyloid-β peptide sequence precludes formation of neurotoxic Aβ peptides and leads to the release of soluble N-terminal APP fragments (sAPPα) with neurotrophic and neuroprotective properties (2, 3). A decreased amount of sAPPα was observed in the cerebrospinal fluid (CSF) of patients with familial and sporadic AD (4, 5), and in addition, lowered levels of CSF sAPPα have been correlated with poor memory performance in patients with AD (6, 7). Indeed, endogenous sAPPα enhances hippocampal N-methyl-D-aspartate receptor function, long-term potentiation (LTP), and spatial memory in adult rats (8), and exogenous sAPPα also facilitates LTP in hippocampal slices of adult rats (9). In addition, a neuronal overexpression of the α-secretase ADAM10 in AD transgenic mice increased the secretion of sAPPα, reduced the amounts of Aβ peptides, and improved cognition (10). ADAM10 has been demonstrated to be a physiologically relevant α-secretase in neurons (11). Recently, several groups (12–14) have shown that retinoid signaling increases...
the nonamyloidogenic APP processing pathway via up-regulation of α-secretase ADAM10 expression.

These observations suggest that pharmacological α-secretase stimulation may be a useful strategy against AD. Several G-protein-coupled receptors (GPCRs) are known to be involved in the activation of the α-secretase-mediated pathway of APP processing (15, 16). We found that pituitary adenylate cyclase-activating polypeptide (PACAP) is a potent α-secretase activator (17). Stimulation of α-secretase is mediated by the G-protein-coupled PAC1 receptor, which is expressed in the cortex and hippocampus. It is well documented that PACAPs have neurotrophic as well as antiapoptotic properties and are involved in learning and memory processes (18, 19). PACAP actions are mediated by 3 receptor subtypes: the PACAP-selective receptor PAC1, and VPAC1 and VPAC2, which are equally sensitive to both PACAP and vasoactive intestinal peptide (VIP). All 3 receptors belong to the GPCR family and are positively coupled to the adenylyl cyclase. The PAC1 receptor, which is predominantly expressed in the central nervous system (CNS) (20), also stimulates phospholipase C and extracellular regulated kinase (ERK) pathways (19).

A down-regulation of PACAP in several AD transgenic mouse models and in the human AD temporal cortex was demonstrated by comparative analysis of cortical gene expression (21). As PACAP exerts neuroprotective and neurotrophic effects and modulates neuronal gene expression (19), the application of the natural neuropeptide PACAP may restore normal PACAP/PAC1-receptor function in the brain and therefore might be of therapeutic value for AD treatment. The therapeutic application of PACAP is mainly limited by its enzymatic degradation in blood; therefore, we chose the intranasal application in our study. Intranasal administration is a potential route for drug delivery to the brain that bypasses the blood-brain barrier (BBB) (22) and has been demonstrated to effectively deliver drugs to the human brain without inducing systemic side effects (23). The intranasal administration of insulin improves memory in patients having early AD by raising the insulin level in the CNS without affecting the plasma insulin level (24).

To test the hypothesis that activation of PACAP/PAC1 signaling provides a physiological defense mechanism against Aβ neurotoxicity in vivo, we investigated the effect of PACAP in the brain of the APP[V717I] AD transgenic mouse model. PACAP treatment resulted in enhancement of the nonamyloidogenic pathway of APP processing and in an improvement of the cognitive function. We also found increased expression of several genes and proteins responsible for neuroprotection in AD and down-regulation of neurotoxic factors.

**MATERIALS AND METHODS**

**Materials**

We used the following primary antibodies: mouse IgG 6E10 detecting sAPPα; polyclonal rabbit antibody SIG-39138 detecting sAPPβ (Covance, Princeton, NJ, USA); 6867 (kindly provided by C. Haass, Ludwig Maximilians University Munich, Munich, Germany) as an antibody against the C terminus of human APP; anti- neprilysin (56C6) and anti-Bcl-2 (C-2; Santa Cruz Biotecnoogy, Heidelberg, Germany); and anti-pro-brain-derived neurotrophic factor (BDNF; Sigma-Aldrich, Taufkirchen, Germany). Secondary anti-mouse and anti-rabbit antibodies 35S-labeled were from GE Healthcare Life Sciences (Solingen, Germany), and peroxidase-coupled antibodies and ECL detection reagent were from Thermo Fisher Scientific (Walldorf, Germany). Chitosan glutamate (Protsan UP G213) was obtained from NovaMatrix FMC BioPolymer (Sandvika, Norway). [125I] PACAP27 was from Perkin-Elmer Life Sciences (Wellesley, MA, USA). PACAP38 peptide was synthesized by a solid-phase method using fluorenylmethoxycarbonyl chemistry, purified by HPLC to homogeneity, and identified by amino acid analysis and mass spectrometry. BDNF EmaxImmunoAssay was from Promega (Mannheim, Germany).

**Intranasal PACAP administration procedure**

The generation and characterization of transgenic APP[V717I] mice, strain background FVB/N, has been described elsewhere (25). In the first study, the intranasal administration was performed according to the procedure described by Alcalay et al. (26). In short, the peptide was dissolved in a water solution, administration solution 1; each milliliter contained the following: 7.5 mg of NaCl, 1.7 mg of citric acid monohydrate, 3 mg of disodium phosphate dehydrate, and 0.2 mg of benzalkonium chloride solution (50%). The solution of PACAP38 (1 μg/μl) was administered intranasally to male APP[V717I] mice (1 mo old; n = 8) 5 d/wk for 3 mo. The mice were treated with 10 μg/d (2.19 nmol/d) PACAP38, 10 μl for each mouse (5 μl/nostril); 5 μl/nostril of the inert carrier was given to the control group (n = 8).

In the second study, 3-mo-old male APP[V717I] mice (15 mice/group) were also treated for 3 mo. The PACAP38 solution, administration solution 2 (1 μg/μl in 0.5% chitosan glutamate and 0.5% NaCl in water; pH 4), was prepared as described previously (27). The mice were treated with 10 μg/l/nostril of PACAP38 daily, and the control group was treated with administration solution 2 not containing peptide, as described above.

**Evaluation of PACAP incorporation into the brain after intranasal administration**

For detecting PACAP in the brain, 10 μg PACAP38 and ~7 × 107 cpm of [125I]PACAP27 in administration solution 1 or 2 were applied intranasally to 3-mo-old mice. At designated time points (5, 10, 15, 30, and 60 min), mice were killed, and the amount of labeled PACAP in the brain tissue was determined. For each time point, 3 mice treated with PACAP in administration solution 1 or 2 were examined. The determination of the intact PACAP in the brain was performed as described previously (28). In short, mouse brains were homogenized and centrifuged, and supernatants were analyzed by using HPLC fractionation. Samples were monitored for radioactivity in a γ counter.

**Mouse brain sample preparation**

Mice were killed, and their brains were cut in half sagittally. Half of the brain was frozen on dry ice and then stored at −20°C for biochemical analysis; the other half was preserved in RNAlater (Qiagen, Hilden, Germany) and stored at −80°C for gene expression analysis. For biochemical analysis, brain
Quantitative real-time RT-PCR

Total RNA of mouse brain and of SK-N-MC PAC1 cells was isolated using the RNeasy Kit (Qiagen). RNA was subjected to quantitative analysis by real-time RT-PCR using the One-step QuantiTectSYBRGreen Kit (Qiagen) in a total reaction volume of 20 μl and the 7500 Fast Real-Time PCR System (Applied Biosystems, Darmstadt, Germany) according to the manufacturer’s instructions. The following primers were obtained from Qiagen: QT00106351 (mouse ADAM10), QT00170338 (mouse ADAM17), QT00100317 (mouse PACAP), QT00120561 (mouse PAC1R), QT00097118 (mouse BDNF), QT00162589 (mouse neprilysin), QT01046528 (mouse somatostatin), QT00120102 [mouse receptor for advanced glycation end products (RAGE)], QT02278031 (mouse Bcl-2), QT00390999 (mouse GAPDH), QT00235368 (human BDNF), and QT01192646 (human GAPDH). The relative mRNA quantities were calculated by the standard-curve approach, determining Cq values. Data obtained were normalized to relative expression of GAPDH. All reactions were performed in duplicate or triplicate. Values obtained from control samples were set to 100%, and alterations in relative gene expression were presented as means ± sd.

Immunoblot analysis

Immunoblot analysis of sAPPα and sAPPβ was performed as described previously (10, 29). In brief, for detection of sAPPα and sAPPβ, membranes were probed using antibody 6E10 or an anti-sAPPβ antibody, respectively, followed by a 35S-labeled or peroxidase-coupled anti-mouse or anti-rabbit antibody. Aliquots (as indicated in figures) of membrane proteins were separated by SDS/PAGE on 10% gels or Nu-PAGE gels (Invitrogen, Karlsruhe, Germany), and proteins were blotted onto PVDF membranes. Membranes were probed applying specific antibodies against APP, neprilysin, Bcl-2, and pro-BDNF followed by a 35S-labeled or peroxidase-coupled anti-rabbit antibody (as indicated in the figures). Loading controls were performed by GAPDH detection for soluble proteins and actin detection for membrane fractions. The specific protein bands were quantified by chemiluminescence or phosphoimaging using the VersaDoc system (Bio-Rad Laboratories, Munich, Germany) or the Bio-Imaging Analyzer BAS-1800 (FujiFilm Medical Systems, Düsseldorf, Germany).

Quantification of amyloid peptides

Quantification of Aβ peptides was performed by using ELISA assays as described previously (30).

Quantification of soluble BDNF

The amount of BDNF was measured in supernatants of mouse brain homogenates. The BDNF contents were determined in triplicate by the EmaxImmunoAssay system (Promega) using 400 μg of total protein of the supernatant fraction for each measurement, according to the manufacturer’s protocol.

Studies in vitro

Approximately 3 × 10^5 SK-N-MC cells stably expressing the PAC1 receptor were seeded and grown in DMEM supplemented with 10% FCS to ~70% confluency on 6-well plates coated with poly-l-lysine. After being washed twice with serum-free DMEM, cells were incubated for 4 h with 300 nM PACAP27 in serum-free DMEM containing fatty acid-free BSA (10 μg/ml) and N2 supplements (Invitrogen). Neurotoxicity was induced by addition of 10 μM Aβ42 oligomers for an additional 24 h, and then cells were used for RNA isolation or CREB determination. Analysis of phospho-CREB and CREB proteins in cell lysates was performed by using the PhosphoPlus CREB (Ser-133 antibody kit; Cell Signaling Technology, Danvers, MA, USA) according to the manufacturer’s protocol. Oligomeric Aβ42 was generated according to Dahlgren et al. (31).

Statistical analysis

The results are expressed as percentage relative to control (animals treated with the inert carrier) and are the averages ± sd. Statistical significance was determined by using the unpaired Student’s t test or the 1-way ANOVA/Bonferroni post hoc test analysis. Values of P < 0.05 were considered significant; degrees of significance are indicated in the figures.

Behavioral analysis

Mice were housed 1/cage at 22°C and 60% relative humidity. Food and water were provided ad libitum, and a 12-h light-dark cycle was maintained (light on from 6:00 AM until 6:00 PM). Thirty-six male mice were tested from 6 mo of age onward. Two groups of APP[V717I]-transgenic mice (treatment with administration solution 2 only, n = 12; and treatment with administration solution 2 + PACAP, n = 12) were investigated together with age-matched wild-type FVB/N mice (controls, treated with administration solution 2; n = 12). All procedures were carried out in accordance with the European Communities Council Directive regarding care and use of animals for experimental procedures and were approved by local authorities of the state of Rhineland-Palatinate.

Animals completing the treatment underwent the following tests: open field activity, enriched open field, and novel object recognition. Tests and monitoring of behavior were performed as described previously (32).

Nonparametric statistics were used for analysis. Kruskal-Wallis-Test was conducted for overall differences among the 3 groups as ANOVA. Post hoc comparisons were based on the Mann-Whitney-U test. Differences were considered significant at values of P ≤ 0.05.

RESULTS

Effect of long-term intranasal PACAP treatment on APP processing in the brain of APP[V717I]-transgenic mice

To investigate whether PACAP peptides act as activators of α-secretase in vivo, we performed experiments using
APP-transgenic mice. We chose the APP[V717I]-transgenic line, which expresses the London mutation of human APP under control of the Thy-1 promoter. In this line, cognitive deficits are evident before plaque formation. An increased level of soluble Aβ peptides is detectable ~3 mo after birth, followed by defects in long-term potentiation and learning (25).

Intranasal administration was used for applying PACAP peptide to the brain of APP-transgenic mice. To determine whether PACAP peptide accesses the mouse brain, $[^{125}\text{I}]$PACAP27 was applied intranasally. Results clearly showed that $[^{125}\text{I}]$PACAP27 reaches the mouse brain very rapidly (after 5 min). The maximal amount of peptide, ~0.1% of initial radioactivity, was detected 15 min after administration (Fig. 1A). The presence of ~20% of intact PACAP peptide in the brain 30 min after application was identified by HPLC fractionation. Our results are in accordance with previous findings that showed similar brain uptake efficiency and similar stability in the brain for peptides such as VIP and NAP (28, 33). It has been shown in several animal models that chitosan enhances the nasal absorption of drugs and peptides (34, 35). To increase the delivery of PACAP into the brain, we used water-soluble chitosan glutamate for peptide administration in a second trial. Including chitosan glutamate in the administration buffer (administration solution 2) resulted in enhanced access of PACAP into the brain; ~2-fold more radioactive PACAP was detected 5 min after application and a slightly increased amount (~20%) in saturation conditions as compared with PACAP application in administration solution 1 (Fig. 1B). Based on these results, buffer with chitosan glutamate was used for intranasal PACAP administration in further studies.

Next, we examined whether the long-term intranasal application of PACAP stimulates the nonamyloidogenic processing of APP[V717I] in the mouse brain. Mice (1 mo old) were treated with $10 \mu\text{g}$ PACAP daily for 3 mo, and the control group was treated with administration solution 1 without peptide. Following this treatment, APP processing was analyzed in brain homogenates. We observed an increase of ~40% in sAPPα production (Fig. 2A) and at the same time a significant ~25% reduction of soluble Aβ$_{40}$ and Aβ$_{42}$ peptides (Fig. 2C, D). The PACAP treatment had no influence on the expression level of full-length APP in the brain (Fig. 2B).

As 3-mo-old APP[V717I]-transgenic mice show cognitive deficits, in the next trial we investigated whether PACAP treatment would counteract this effect in 6-mo-old animals. Mice (3 mo old) were treated daily with PACAP38 in chitosan glutamate solution for an additional 3 mo as described above, and then APP processing was analyzed in brain homogenates of 6-mo-old animals. In this study, PACAP treatment increased sAPPα production by ~25% and at the same time reduced sAPPβ secretion by ~20% (Fig. 3A). The expression of full-length APP was not affected (Fig. 3B). Increased nonamyloidogenic processing of APP could be caused by enhanced gene expression of α-secretases. Therefore, we examined the influence of PACAP treatment on the transcription level of ADAM10 and ADAM17 genes. Analysis of gene expression by quantitative real-time RT-PCR revealed that the enhanced level of sAPPα was not caused by increased ADAM10 and ADAM17 gene expression (Fig. 3C, D and Table 1).

**Effect of long-term PACAP treatment on somatostatin and neprilysin expression in the mouse brain**

It is known that administration of PACAP enhances somatostatin gene expression in the brain (36). Furthermore, somatostatin increases the catabolism of Aβ peptides in the brain by up-regulating neprilysin activity (37). We therefore examined the influence of chronic PACAP treatment on somatostatin and neprilysin gene expression in the mouse brain. Somatostatin and neprilysin mRNA levels were increased by 37.5% (Fig. 4A and Table 1) and 46.4% (Fig. 4B and Table 1), respectively, in PACAP-treated mice as compared with administration-solution-treated mice. The protein level of neprilysin was enhanced ~20% (Fig. 4C) after PACAP treatment. These results confirmed the close relationship among PACAP, somatostatin, and neprilysin.

![Figure 1](image-url)

**Figure 1.** Detection of $[^{125}\text{I}]$PACAP27 in the brain following intranasal administration. A) Time course of $[^{125}\text{I}]$PACAP27 transport into the mouse brain. Each mouse received $10 \mu\text{g}$ PACAP38 and $7 \times 10^5 \text{ cpm}$ of $[^{125}\text{I}]$PACAP27 in administration solution 1. Animals were killed at indicated times after PACAP administration, and brains were dissected, weighed, and assayed for radioactivity in a γ counter. B) Comparison of PACAP amounts in the brain after treatment using different administration solutions. Experiment was performed as described above, but PACAP peptides were applied either in administration solution 1 or in chitosan glutamate containing administration solution 2. Adm., administration.
Influence of long-term PACAP treatment on PACAP and PAC1-receptor expression in the mouse brain

It has been reported that PACAP can increase its own expression in an autocrine manner (38). Therefore, we examined whether PACAP treatment also influences PACAP expression. Our results confirmed previous findings: ~50% more PACAP mRNA following PACAP treatment was observed (Fig. 5A). Further, we analyzed whether durable PAC1-receptor activation by PACAP af-
fected receptor expression. The PAC1-receptor mRNA level was enhanced by ~70% after PACAP treatment (Fig. 5B). Thus, this 3-mo intranasal PACAP administration resulted in the elevation of mRNA levels of both the PAC1 receptor and its ligand in the mouse brain.

**Effect of long-term PACAP treatment on BDNF expression in the brain of APP[V717I]-transgenic mice and human SK-N-MC PAC1 cells**

A common down-regulation of BDNF and PACAP was found in several AD transgenic mouse models and in the human AD temporal cortex (21). It is also known that PACAP, via its specific PAC1 receptor, influences BDNF expression (39, 40). Therefore, we analyzed BDNF mRNA levels following PACAP treatment in transgenic mouse brains. Quantitative real-time RT-PCR analysis revealed that PACAP treatment resulted in an increase of BDNF mRNA level exceeding 50% compared with administration-solution-treated mice (Fig. 6A and Table 1). Elevated protein expression of pro-BDNF (~20%) and soluble BDNF (~15%) was detected by using Western blot and ELISA, respectively (Fig. 6B, C).

To investigate whether PACAP treatment also regulates human BDNF expression, we used human neuroblastoma SK-N-MC cells overexpressing the PAC1 receptor (SK-N-MC PAC1 cells). Transcriptional activation of the BDNF gene is commonly regulated by a key transcription factor, the cAMP response element-binding protein (CREB) (41, 42), and it has been reported that PACAP induces CREB phosphorylation (43). Treatment with oligomeric Aβ42 peptides reduced basal levels of BDNF mRNA in human neuroblastoma cells (44). Therefore, we investigated whether PACAP treatment can counteract this reduction. PACAP treatment resulted in a >3-fold induced CREB phosphorylation (Fig. 6D, lanes 1 vs. 2) and in a 40% elevation of BDNF mRNA expression (Fig. 6E, lanes 1 vs. 2). Treatment of cells with Aβ42 oligomers for 24 h caused reduction (~30%) of both CREB phosphorylation (Fig. 6D, lanes 1 vs. 3) and BDNF mRNA expression (Fig. 6E, lanes 1 vs. 3). However, cells preincu-

<table>
<thead>
<tr>
<th>Gene</th>
<th>Results (%)</th>
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<tr>
<td>ADAM10</td>
<td>114.8 ± 7.8</td>
</tr>
<tr>
<td>ADAM17</td>
<td>120.0 ± 9.1</td>
</tr>
<tr>
<td>Somatostatin</td>
<td>137.5 ± 9.7***</td>
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<tr>
<td>Neprilysin</td>
<td>146.0 ± 7.1***</td>
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<tr>
<td>PACAP</td>
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<tr>
<td>PAC1-receptor</td>
<td>167.9 ± 13.2***</td>
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<tr>
<td>BDNF</td>
<td>153.6 ± 15.7**</td>
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<tr>
<td>Bcl-2</td>
<td>124.7 ± 4.7*</td>
</tr>
<tr>
<td>RAGE</td>
<td>50.7 ± 7.8***</td>
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RNAs from brains of 6-mo-old APP[V717I] transgenic mice treated for 3 mo with PACAP or with administration solution were subjected to quantitative analysis by real-time RT-PCR (n=7 animals/group). Quantification of mRNA levels was performed as described in Materials and Methods. GAPDH mRNA was used for normalization. mRNA level of administration-solution-treated mice was set to 100%. Results with no note were statistically nonsignificant. *P < 0.05, **P < 0.01, ***P < 0.001; Student’s t test.

**Alleviation of Aβ toxicity by PACAP**

There is compelling evidence to implicate caspases in the pathogenesis of AD, as Aβ peptides can induce apoptosis...
through caspase activation (45). PACAP exerts antiapoptotic activities in physiological and pathological conditions (19). By increasing Bcl-2 expression, PACAP prevents the release of cytochrome c into the cytosol, and this way may prevent caspase activation (46). Therefore, we examined the influence of long-term PACAP treatment on antiapoptotic Bcl-2 expression in the brain of APP[V717I]-transgenic mice. We observed an increased expression of Bcl-2 of both the gene (~25%; Fig. 7A and Table 1) and protein (~30%; Fig. 7B) level in the brain of APP-transgenic mice after PACAP treatment.

Rapid Aβ toxic effects have been associated with a prooxidant effect of the peptide (47) and may, in part, be mediated by RAGE (48). RAGE binds soluble Aβ and is thought to be the primary transporter of Aβ from the systemic circulation across the BBB into the brain. RAGE ligand interaction induces activation of the proinflammatory transcription factor NF-κB (49). Several studies (50, 51) have shown inhibition of NF-κB by VIP and PACAP via different signal transduction pathways in activated microglial and monocytic cells. To study the possible crosstalk between RAGE and PACAP in the brain of APP-transgenic mice, we examined the influence of PACAP treatment on RAGE gene expression. Quantitative real-time RT-PCR analysis revealed that PACAP treatment caused a strong reduction (~50%) of the RAGE mRNA level compared with administration solution-treated mice (Fig. 7C).

**Figure 5.** Effect of long-term PACAP38 treatment on PACAP and PAC1-receptor expression in the brain of 6-mo-old APP[V717I]-transgenic mice. Animals were treated as described in Fig. 3. Quantification of PACAP (A) and PAC1-receptor (B) mRNA levels by quantitative real-time RT-PCR (n=7 animals/group). Quantification of mRNA levels was performed as described in Fig. 3.

**Figure 6.** Effect of PACAP treatment on BDNF expression in the mouse brain and in human SK-N-MC PAC1 cells. Animals were treated as described in Fig. 3. A) Quantification of the BDNF mRNA level by quantitative real-time RT-PCR (n=7 animals/group). Quantification of mRNA levels was performed as described in Fig. 3. B) Representative Western blot and quantitative analysis of pro-BDNF expression; 100 μg of mouse brain membrane proteins was analyzed (n=12 animals/group). C) Quantification of soluble BDNF detected in mouse brain supernatants by sandwich ELISA (Promega). Values are expressed as mean ± 50 percentage of values from control mice (n=7 animals/group). D) PACAP-induced CREB phosphorylation in SK-N-MC PAC1 cells. Cells were incubated for 4 h with 300 nM PACAP27 in DMEM (lanes 2, 4) or only in DMEM (lanes 1, 3), and then cells were incubated for 24 h in the absence (lanes 1, 2) or presence of 10 μM Aβ42-oligomers (lanes 3, 4). Cells were collected, and analysis of phospho-CREB and CREB proteins in cell lysates was performed as described in Materials and Methods. E) Influence of PACAP treatment on BDNF mRNA expression in SK-N-MC PAC1 cells. Cells were treated as described above, then RNA isolation end quantitative real-time RT-PCR was performed as described in Materials and Methods. *P < 0.05, **P < 0.01, ***P < 0.001; unpaired Student’s t test or 1-way ANOVA/Bonferroni post hoc test.
Behavioral analysis of APP[V717I]-transgenic mice following long-term PACAP treatment

Three groups of mice were tested in the novel object recognition test following 3 mo of daily treatment: wild-type mice treated with administration solution, APP[V717I]-transgenic mice treated with administration solution, and APP[V717I]-transgenic mice treated with PACAP. Wild-type mice spent 50% more time with the novel object compared with APP[V717I]-transgenic mice [Fig. 8; index $H_{(2;8)} = 7.754; P<0.05$].

The results of other behavioral tests (open field activity and enriched open field) revealed no differences in activity and exploration-related parameters between the tested groups (data not shown).

DISCUSSION

As PACAP peptides and PAC1 receptors are localized in brain areas affected by AD, the aim of this study was to explore the application of the natural peptide PACAP as a valuable approach regarding AD therapy. We found that long-term treatment of APP[V717I]-transgenic mice with the PACAP peptide by intranasal administration increased secretion of the neuroprotective sAPPα and positively influenced expression levels of AD-relevant genes and proteins, such as BDNF, Bcl-2, and RAGE. Finally, PACAP treatment resulted in improved cognition in transgenic animals.

Our study has shown that PACAP treatment influences APP processing in vivo by increasing the nonamyloidogenic pathway of APP. The PACAP peptide acts as an α-secretase activator, which resulted in enhanced secretion of neuroprotective sAPPα and decreased secretion of sAPPβ. PACAP treatment had no influence on the expression level of α-secretases ADAM10 and ADAM17 and on the substrate APP. This is in accordance with our previous in vitro findings, demonstrating that PACAP-induced α-secretase stimulation was primarily mediated by activation of MAP-kinase and phosphatidylinositol 3-kinase pathways and was not an effect of increased α-secretase expression (17). Since α-secretase activity is diminished in the brain of AD patients (4, 7, 52), the α-secretase stimulation by PACAP may have beneficial effects. Parallel to increased secretion of sAPPα, a reduction of soluble Aβ40...
and Aβ42 peptides was observed. The activation of the somatostatin-neprilysin cascade by PACAP enhanced neprilysin expression, which may increase Aβ peptide degradation. The reduction of soluble Aβ peptides could therefore be caused by two effects: an increase of the nonamyloidogenic pathway of APP and an enhancement of Aβ peptide catabolism.

Multiple lines of evidence suggest that PACAP exerts a large array of pharmacological effects and biological functions. As PACAP acts neuroprotective as well as neurotrophic and modulates neuronal gene expression (19), we analyzed whether nasal PACAP treatment also caused these beneficial effects in the brain of APP-transgenic mice.

We found that 3 mo of daily PAC1-receptor activation with PACAP increased mRNA levels of both the PAC1 receptor and its ligand PACAP. Our results confirmed previous findings that PACAP can increase its own expression (38, 53). We observed a clear increase (70%) of PAC1-receptor mRNA expression, which suggests that PACAP could act as an autocrine factor for the transcription of its own receptor. Thus, the PACAP/PAC1-receptor system undergoes self-regulation and via this way, short-term PACAP exposure might be turned into a long-term action of the endogenous PACAP/PAC1-receptor system.

The BDNF, which plays a critical role in learning and memory is essential for the synaptic function, plasticity, and neuronal survival. Both the protein and the mRNA level of BDNF are significantly decreased in AD and in mildly cognitive impaired subjects (54, 55). Several studies (39, 40) have demonstrated that PACAP via its specific PAC1 receptor plays a pivotal role in the transcriptional regulation of the neurotrophic factor BDNF. BDNF expression was significantly reduced in PAC1-receptor-deficient mice (40). In accordance with these findings, our results clearly demonstrated that intranasal PACAP treatment enhances BDNF expression on mRNA and protein levels in the brain of APP-transgenic mice. We also provided evidence in SK-N-MC PAC1 cells that a decreased level of human BDNF mRNA caused by treatment with Aβ42 oligomers could be partly recovered by treatment with PACAP. The reduction of the BDNF gene expression could be caused by down-regulation of CREB activation via Aβ peptides (56). In our experiments, PACAP, by inducing CREB phosphorylation, counteracted this effect, resulting in an enhancement of BDNF mRNA levels.

The Aβ42 peptide induces cell death and caspase 3 activation in human neuroblastoma cells via increase of the Bax/Bcl-2 ratio (57). We demonstrate that intranasal PACAP treatment increased expression of the antiapoptotic Bcl-2 protein in the mouse brain. Our results confirm previous findings demonstrating that PACAP influences Bcl-2 expression positively. It has been shown that PACAP(+/-) and PACAP(+/+) mice exhibit a lower Bcl-2 expression and higher cytoplasmic cytochrome c level than wild-type animals. The neurological deficits in PACAP(+/-) and PACAP(+/+) mice could be prevented by PACAP38 injection (46). The neuroprotective effects of the PACAP/PAC1-receptor system are mediated through inhibition of caspase 3 activity (58, 59). PACAP probably acts on the mitochondrial apoptotic pathway, by increasing Bcl-2 expression. Bcl-2 impedes the release of cytochrome c into the cytosol, and therefore prevents activation of caspase 9 and subsequently caspase 3. In this way, PACAP may impede the Aβ-peptide-induced toxicity.

RAGE has been shown to play a crucial role in chronic inflammatory diseases, late diabetic complications, atherosclerosis, and AD (60). Since RAGE-ligand interaction mediates the activation of the proinflammatory transcription factor NF-κB and PACAP inhibits this pathway, we studied the influence of PACAP treatment on RAGE expression in the brain of AD transgenic mice. We observed significant down-regulation of RAGE gene expression after PACAP treatment. This diminished RAGE expression may cause an inhibition of the Aβ transport into the brain, and, finally, it may slow down inflammatory signaling in the mouse brain.

Behavioral study results clearly mirrored the influence of these beneficial effects, described above, on cognitive function. In APP[V717I]-transgenic mice used in this study, cognitive deficits were already detectable at ~3 mo after birth. Treatment of 3-mo-old animals with PACAP for an additional 3 mo resulted in significant cognitive improvements; the memory deficits in APP-transgenic mice were nearly completely abolished after peptide application. The improvements in cognitive function might be a result of the combined effects, such as increased amounts of the neuroprotective sAPPs and BDNF, reduction of the Aβ level, and inhibition of Aβ toxicity.

As the PAC1-receptor gene is predominantly expressed in neurons and analyzed proteins are also expressed in neurons, PACAP probably exerts its beneficial effect on APP[V717I] mice by acting directly on neurons. It was demonstrated that IL-6, which is colocalized with PAC1 receptor in neurons, is involved in neuroprotective mechanisms mediated by PACAP after ischemia (46). However, the PACAP receptor is also expressed in glia cells, including activated astrocytes (61, 62). Various studies have demonstrated the relationship between Aβ-activated glia cells and progression of AD. On activation with Aβ, microglial cells produce proinflammatory cytokines, such as IL-1β and TNF-α; the chemokine IL-8; macrophage inflammatory protein-1 (MIP-1); and oxidative stress-related enzymes (63). PACAP in astrocytes increases the production of various neurotrophic factors, which can promote neuronal proliferation and differentiation (64). PACAP treatment also increases IL-6 level in cultured astrocytes (65) and protects astroglial cells against oxidative stress-induced apoptosis (66). Thus, it is possible that PACAP also exerts its beneficial effects on APP[V717I] mice in glia cells. However, the PACAP effect on APP[V717I] processing should be restricted to neurons, since transgenic APP is solely expressed in neurons.

PACAP delivery to the CNS either orally or intravenously is problematic, since the half-life of PACAP38 in human blood ranges from 5 to 10 min (67); therefore, intranasal administration may be a good alternative for PACAP application. It has been shown that inhaled PACAP38 is well tolerated without systemic side-effects in healthy human male subjects (68). In summary, our results suggest that restoring or increasing PACAP/PAC1-
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